

**Fit For Life 2009
Half Marathon
Full Results - All**

| Place | | Place | | | | Place | | | |
|-------|------------|-------------|-----|-----|-----------|-------|-----|-----------|-------------|
| OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
| 1 | Robet | Harrison | 818 | - | Age 20-24 | 1 | M | 05:38.431 | 1:13:53.450 |
| 2 | Josh | Wageman | 655 | - | Age 20-24 | 2 | M | 05:40.087 | 1:14:15.140 |
| 3 | Brandy | Bengoechea | 512 | - | Age 35-39 | 3 | M | 05:59.844 | 1:18:33.960 |
| 4 | Seth | Merriman | 688 | 1 | Age 25-29 | 4 | M | 06:02.630 | 1:19:10.450 |
| 5 | Zachary | Pope | 619 | 1 | Age 15-19 | 5 | M | 06:06.550 | 1:20:01.800 |
| 6 | Brian | Baker | 677 | 1 | Age 40-44 | 6 | M | 06:08.669 | 1:20:29.570 |
| 7 | Nick | Ribera | 808 | 2 | Age 15-19 | 7 | M | 06:09.987 | 1:20:46.830 |
| 8 | Tony | Pori | 620 | 2 | Age 40-44 | 8 | M | 06:10.468 | 1:20:53.130 |
| 9 | Ryan | Jaggi | 807 | 3 | Age 15-19 | 9 | M | 06:19.024 | 1:22:45.220 |
| 10 | scott | sweet | 646 | 4 | Age 15-19 | 10 | M | 06:20.733 | 1:23:07.600 |
| 11 | Derek | Derkacs | 539 | 2 | Age 25-29 | 11 | M | 06:25.839 | 1:24:14.490 |
| 12 | Michael | Johnson | 811 | 3 | Age 40-44 | 12 | M | 06:32.860 | 1:25:46.460 |
| 13 | Cris | Tietsort | 650 | 1 | Age 20-24 | 13 | M | 06:39.721 | 1:27:16.340 |
| 14 | Ana | Guijarro | 559 | - | Age 25-29 | 1 | F | 06:41.354 | 1:27:37.740 |
| 15 | Bubba | Roeper | 809 | 5 | Age 15-19 | 14 | M | 06:42.956 | 1:27:58.730 |
| 16 | Jessica | Wiggins | 810 | - | Age 25-29 | 2 | F | 06:43.629 | 1:28:07.540 |
| 17 | Cynthia | Coffman | 529 | - | Age 35-39 | 3 | F | 06:45.141 | 1:28:27.350 |
| 18 | Scott | Schneider | 666 | 3 | Age 25-29 | 15 | M | 06:48.234 | 1:29:07.860 |
| 19 | Sergio | Gutierrez | 560 | 1 | Age 55-59 | 16 | M | 06:48.311 | 1:29:08.880 |
| 20 | Mark | Coffman | 528 | 4 | Age 40-44 | 17 | M | 06:48.626 | 1:29:13.000 |
| 21 | JR | Mendoza | 602 | 5 | Age 40-44 | 18 | M | 06:51.058 | 1:29:44.860 |
| 22 | Rob | Hancock | 562 | 6 | Age 40-44 | 19 | M | 06:51.664 | 1:29:52.800 |
| 23 | Ron | Lake | 585 | 1 | Age 45-49 | 20 | M | 06:51.873 | 1:29:55.530 |
| 24 | Clark | Miller | 696 | 7 | Age 40-44 | 21 | M | 06:53.354 | 1:30:14.940 |
| 25 | John | Dudek | 700 | 2 | Age 45-49 | 22 | M | 06:54.644 | 1:30:31.840 |
| 26 | Loren | Joski | 695 | 1 | Age 35-39 | 23 | M | 06:55.945 | 1:30:48.880 |
| 27 | ken | killingbeck | 579 | 8 | Age 40-44 | 24 | M | 06:56.785 | 1:30:59.890 |
| 28 | Brittany | Peterson | 675 | 1 | Age 20-24 | 4 | F | 06:57.859 | 1:31:13.950 |
| 29 | David | Heidt | 566 | 1 | Age 50-54 | 25 | M | 07:01.918 | 1:32:07.120 |
| 30 | Daren | Garey | 549 | 2 | Age 35-39 | 26 | M | 07:03.991 | 1:32:34.280 |
| 31 | Laurel | McMahan | 815 | 1 | Age 30-34 | 5 | F | 07:05.114 | 1:32:48.990 |
| 32 | Bryan | Escobedo | 545 | 1 | Age 30-34 | 27 | M | 07:09.641 | 1:33:48.300 |
| 33 | Jose | Lopez | 698 | 2 | Age 30-34 | 28 | M | 07:10.810 | 1:34:03.610 |
| 34 | Hugo | Martinez | 699 | 3 | Age 35-39 | 29 | M | 07:13.042 | 1:34:32.850 |
| 35 | Leïesl | Milan | 681 | 2 | Age 30-34 | 6 | F | 07:16.811 | 1:35:22.230 |
| 36 | Dax | Olvera | 612 | 4 | Age 35-39 | 30 | M | 07:23.478 | 1:36:49.560 |
| 37 | Suzanne | Sever | 690 | 1 | Age 35-39 | 7 | F | 07:24.369 | 1:37:01.230 |
| 38 | John | Kirkpatrick | 581 | 9 | Age 40-44 | 31 | M | 07:27.342 | 1:37:40.180 |
| 39 | Neil | Price | 623 | 5 | Age 35-39 | 32 | M | 07:28.304 | 1:37:52.780 |
| 40 | Docmay | Senebandith | 634 | 3 | Age 30-34 | 8 | F | 07:28.599 | 1:37:56.650 |
| 41 | Shawna | Smith | 638 | 4 | Age 30-34 | 9 | F | 07:32.444 | 1:38:47.020 |
| 42 | Lori | Shandro | 636 | 2 | Age 35-39 | 10 | F | 07:37.139 | 1:39:48.520 |
| 43 | Angela | Horrocks | 571 | 3 | Age 35-39 | 11 | F | 07:37.248 | 1:39:49.950 |
| 44 | Shenee | Keller | 693 | 1 | Age 40-44 | 12 | F | 07:40.376 | 1:40:30.930 |
| 45 | Randy | Harris | 563 | 2 | Age 55-59 | 33 | M | 07:40.705 | 1:40:35.240 |
| 46 | Kari | Lake | 584 | 2 | Age 40-44 | 13 | F | 07:41.283 | 1:40:42.810 |

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|-------|----|------------|---------------|-----|-------|-----------|----------|-------|-----|-----|-----------|-------------|
| | 47 | Jana | Grindheim | 680 | 2 | Age 20-24 | | 14 | F | | 07:43.040 | 1:41:05.820 |
| | 48 | Ryan | Wooding | 671 | 3 | Age 30-34 | | 34 | M | | 07:43.253 | 1:41:08.610 |
| | 49 | Mike | McNees | 669 | 3 | Age 55-59 | | 35 | M | | 07:43.947 | 1:41:17.700 |
| | 50 | Michael | Heywood | 686 | 4 | Age 30-34 | | 36 | M | | 07:44.357 | 1:41:23.080 |
| | 51 | Bill | Clark | 525 | 6 | Age 35-39 | | 37 | M | | 07:46.336 | 1:41:49.000 |
| | 52 | Matt | Broxson | 682 | 7 | Age 35-39 | | 38 | M | | 07:53.063 | 1:43:17.130 |
| | 53 | KRISTA | GRAJEDA | 554 | 4 | Age 35-39 | | 15 | F | | 07:54.015 | 1:43:29.590 |
| | 54 | Alicia | Young | 687 | 5 | Age 35-39 | | 16 | F | | 07:56.637 | 1:44:03.950 |
| | 55 | Brevin | Theobald | 648 | 5 | Age 30-34 | | 39 | M | | 07:57.742 | 1:44:18.420 |
| | 56 | Katy | Daron | 536 | 5 | Age 30-34 | | 17 | F | | 07:59.144 | 1:44:36.780 |
| | 57 | Ryan | Stearns | 642 | 6 | Age 30-34 | | 40 | M | | 07:59.588 | 1:44:42.600 |
| | 58 | Sergei | Gilmore | 552 | 6 | Age 15-19 | | 41 | M | | 08:01.090 | 1:45:02.280 |
| | 59 | Marcy | Ellsworth | 544 | 6 | Age 35-39 | | 18 | F | | 08:02.224 | 1:45:17.140 |
| | 60 | Zach | Leckenby | 586 | 2 | Age 20-24 | | 42 | M | | 08:03.247 | 1:45:30.540 |
| | 61 | Patrick | Osterkamp | 613 | 3 | Age 20-24 | | 43 | M | | 08:03.347 | 1:45:31.850 |
| | 62 | Conner | Hall | 561 | 4 | Age 20-24 | | 44 | M | | 08:05.664 | 1:46:02.200 |
| | 63 | Dustin | Kisner | 582 | 5 | Age 20-24 | | 45 | M | | 08:05.759 | 1:46:03.440 |
| | 64 | Rich | Stuppy | 645 | 8 | Age 35-39 | | 46 | M | | 08:06.679 | 1:46:15.490 |
| | 65 | Daniel | Rodriguez | 805 | 9 | Age 35-39 | | 47 | M | | 08:06.962 | 1:46:19.200 |
| | 66 | Doug | Campbell | 519 | 3 | Age 45-49 | | 48 | M | | 08:07.073 | 1:46:20.660 |
| | 67 | Mark | Eckenrode | 543 | 4 | Age 45-49 | | 49 | M | | 08:11.479 | 1:47:18.380 |
| | 68 | Trina | Lund | 593 | 6 | Age 30-34 | | 19 | F | | 08:11.970 | 1:47:24.810 |
| | 69 | Jennifer | Oak | 610 | 7 | Age 35-39 | | 20 | F | | 08:13.310 | 1:47:42.360 |
| | 70 | D | Crowell | 533 | 10 | Age 40-44 | | 50 | M | | 08:15.166 | 1:48:06.670 |
| | 71 | robert | powell | 622 | 11 | Age 40-44 | | 51 | M | | 08:15.837 | 1:48:15.470 |
| | 72 | Ann | Braley-Smith | 514 | 3 | Age 40-44 | | 21 | F | | 08:16.121 | 1:48:19.190 |
| | 73 | Dong | Kim | 580 | 5 | Age 45-49 | | 52 | M | | 08:16.731 | 1:48:27.170 |
| | 74 | Kristen | Coddington | 527 | 7 | Age 30-34 | | 22 | F | | 08:18.247 | 1:48:47.040 |
| | 75 | Julie | Tinney | 651 | 8 | Age 35-39 | | 23 | F | | 08:18.363 | 1:48:48.560 |
| | 76 | JeNelle | McEwan | 598 | 4 | Age 40-44 | | 24 | F | | 08:19.008 | 1:48:57.000 |
| | 77 | Charlie | Grasham | 555 | 12 | Age 40-44 | | 53 | M | | 08:21.677 | 1:49:31.970 |
| | 78 | Jamie | Neussendorfer | 816 | 8 | Age 30-34 | | 25 | F | | 08:22.095 | 1:49:37.440 |
| | 79 | Shana | Soelberg | 639 | 1 | Age 25-29 | | 26 | F | | 08:22.595 | 1:49:44.000 |
| | 80 | Lindsey | Hampton | 685 | 2 | Age 25-29 | | 27 | F | | 08:25.113 | 1:50:16.980 |
| | 81 | Kent | Ness | 608 | 2 | Age 50-54 | | 54 | M | | 08:25.218 | 1:50:18.350 |
| | 82 | William | Vaughan | 653 | 10 | Age 35-39 | | 55 | M | | 08:25.331 | 1:50:19.840 |
| | 83 | Jennifer | Olvera | 611 | 9 | Age 35-39 | | 28 | F | | 08:26.746 | 1:50:38.370 |
| | 84 | Mike | Petersen | 616 | 6 | Age 45-49 | | 56 | M | | 08:29.991 | 1:51:20.880 |
| | 85 | Maria | Weber | 660 | 10 | Age 35-39 | | 29 | F | | 08:32.201 | 1:51:49.830 |
| | 86 | James | Vincent | 654 | 13 | Age 40-44 | | 57 | M | | 08:32.373 | 1:51:52.080 |
| | 87 | kathy | root | 627 | 1 | Age 45-49 | | 30 | F | | 08:33.933 | 1:52:12.520 |
| | 88 | Tim | Labrousse | 583 | 4 | Age 55-59 | | 58 | M | | 08:34.608 | 1:52:21.360 |
| | 89 | Jeff | Darling | 535 | 11 | Age 35-39 | | 59 | M | | 08:35.373 | 1:52:31.390 |
| | 90 | Mathew | Miller | 672 | 12 | Age 35-39 | | 60 | M | | 08:37.220 | 1:52:55.580 |
| | 91 | Heather | Hill | 697 | 5 | Age 40-44 | | 31 | F | | 08:39.981 | 1:53:31.750 |
| | 92 | Lisa | OToole | 614 | 6 | Age 40-44 | | 32 | F | | 08:41.521 | 1:53:51.920 |

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|-------|-----|------------|-----------|-----|-----|-----------|-------|-----|-----|-----------|-------------|
| | 93 | Cindy | McKinney | 600 | 11 | Age 35-39 | 33 | F | | 08:42.145 | 1:54:00.100 |
| | 94 | Brian | Mitchell | 604 | 7 | Age 30-34 | 61 | M | | 08:43.231 | 1:54:14.320 |
| | 95 | Ashlee | Hemmert | 567 | 1 | Age 15-19 | 34 | F | | 08:43.673 | 1:54:20.110 |
| | 96 | Brittany | White | 813 | 3 | Age 20-24 | 35 | F | | 08:45.865 | 1:54:48.830 |
| | 97 | Paige | White | 812 | 4 | Age 20-24 | 36 | F | | 08:45.986 | 1:54:50.420 |
| | 98 | Steve | Andrews | 504 | 7 | Age 45-49 | 62 | M | | 08:46.192 | 1:54:53.110 |
| | 99 | Rebecca | Meany | 679 | 12 | Age 35-39 | 37 | F | | 08:46.845 | 1:55:01.670 |
| | 100 | Daniel | DeLaet | 538 | 8 | Age 30-34 | 63 | M | | 08:47.023 | 1:55:04.000 |
| | 101 | Karla | Smetana | 637 | 3 | Age 25-29 | 38 | F | | 08:47.142 | 1:55:05.560 |
| | 102 | Allison | Bender | 511 | 4 | Age 25-29 | 39 | F | | 08:49.171 | 1:55:32.140 |
| | 103 | Rachael | Bickerton | 513 | 13 | Age 35-39 | 40 | F | | 08:49.347 | 1:55:34.440 |
| | 104 | Lee | Gilbert | 551 | 8 | Age 45-49 | 64 | M | | 08:49.486 | 1:55:36.270 |
| | 105 | Tony | Clark | 817 | 9 | Age 30-34 | 65 | M | | 08:49.996 | 1:55:42.950 |
| | 106 | Jenica | Limb | 591 | 2 | Age 15-19 | 41 | F | | 08:52.715 | 1:56:18.560 |
| | 107 | Robert | Lewis | 590 | 5 | Age 55-59 | 66 | M | | 08:53.756 | 1:56:32.210 |
| | 108 | tim | Gray | 557 | 14 | Age 40-44 | 67 | M | | 08:54.294 | 1:56:39.250 |
| | 109 | Beth | Ahrend | 502 | 9 | Age 30-34 | 42 | F | | 09:00.292 | 1:57:57.830 |
| | 110 | Heather | Meeks | 674 | 10 | Age 30-34 | 43 | F | | 09:01.018 | 1:58:07.340 |
| | 111 | Erin | Bulcher | 518 | 5 | Age 20-24 | 44 | F | | 09:02.204 | 1:58:22.870 |
| | 112 | Casey | Brown | 517 | 11 | Age 30-34 | 45 | F | | 09:02.330 | 1:58:24.520 |
| | 113 | gianina | sanner | 630 | 12 | Age 30-34 | 46 | F | | 09:02.981 | 1:58:33.050 |
| | 114 | Laura | Knothe | 814 | 7 | Age 40-44 | 47 | F | | 09:07.662 | 1:59:34.370 |
| | 115 | Kelly | Mendoza | 601 | 13 | Age 30-34 | 48 | F | | 09:10.398 | 2:00:10.220 |
| | 116 | Randy | McNeil | 676 | 15 | Age 40-44 | 68 | M | | 09:15.770 | 2:01:20.590 |
| | 117 | Crystal | Potter | 621 | 5 | Age 25-29 | 49 | F | | 09:16.362 | 2:01:28.340 |
| | 118 | Joseph | Richards | 626 | 13 | Age 35-39 | 69 | M | | 09:19.661 | 2:02:11.560 |
| | 119 | Katie | Bard | 667 | 14 | Age 30-34 | 50 | F | | 09:20.589 | 2:02:23.720 |
| | 120 | Bonnie | Clark | 524 | 1 | Age 60-64 | 51 | F | | 09:20.807 | 2:02:26.570 |
| | 121 | Alanya | Wyne | 684 | 6 | Age 25-29 | 52 | F | | 09:24.439 | 2:03:14.150 |
| | 122 | Curtis | Cook | 532 | 14 | Age 35-39 | 70 | M | | 09:25.556 | 2:03:28.780 |
| | 123 | kimberly | sorensen | 640 | 15 | Age 30-34 | 53 | F | | 09:26.794 | 2:03:45.000 |
| | 124 | Jennifer | Miller | 673 | 14 | Age 35-39 | 54 | F | | 09:30.104 | 2:04:28.360 |
| | 125 | Tony | Severa | 635 | 10 | Age 30-34 | 71 | M | | 09:31.560 | 2:04:47.430 |
| | 126 | Serena | Mackey | 595 | 8 | Age 40-44 | 55 | F | | 09:32.792 | 2:05:03.580 |
| | 127 | Shawn | Waite | 657 | 9 | Age 40-44 | 56 | F | | 09:32.920 | 2:05:05.250 |
| | 128 | patty | escobedo | 546 | 7 | Age 25-29 | 57 | F | | 09:34.119 | 2:05:20.960 |
| | 129 | Shelley | Comstock | 531 | 16 | Age 30-34 | 58 | F | | 09:35.401 | 2:05:37.750 |
| | 130 | Bill | Ramey | 625 | 11 | Age 30-34 | 72 | M | | 09:38.370 | 2:06:16.650 |
| | 131 | Shane | Mace | 594 | 16 | Age 40-44 | 73 | M | | 09:40.373 | 2:06:42.890 |
| | 132 | Bridget | Ash | 806 | 10 | Age 40-44 | 59 | F | | 09:41.035 | 2:06:51.560 |
| | 133 | Robert | Collins | 569 | 4 | Age 25-29 | 74 | M | | 09:42.062 | 2:07:05.010 |
| | 134 | Leah | Garey | 550 | 15 | Age 35-39 | 60 | F | | 09:45.691 | 2:07:52.550 |
| | 135 | hugh | marlor | 596 | 9 | Age 45-49 | 75 | M | | 09:45.824 | 2:07:54.290 |
| | 136 | Chase | Fly | 547 | 5 | Age 25-29 | 76 | M | | 09:46.046 | 2:07:57.200 |
| | 137 | Albert | Clement | 526 | 6 | Age 55-59 | 77 | M | | 09:47.067 | 2:08:10.580 |
| | 138 | Tonja | Phetmisay | 617 | 16 | Age 35-39 | 61 | F | | 09:50.405 | 2:08:54.300 |

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|-------|-----------|------------|-----------|-----|----------------|----------|-------|-----------|-------------|------|------------|
| 139 | Joe | Goicoechea | 553 | 10 | Age 45-49 | 78 | M | 09:50.515 | 2:08:55.740 | | |
| 140 | Amber | Chilcoat | 523 | 8 | Age 25-29 | 62 | F | 09:50.979 | 2:09:01.820 | | |
| 141 | Angela | Thueson | 683 | 17 | Age 30-34 | 63 | F | 09:51.198 | 2:09:04.690 | | |
| 142 | Stephen | Phillips | 618 | 15 | Age 35-39 | 79 | M | 09:51.881 | 2:09:13.640 | | |
| 143 | Corrie | Hugaboom | 572 | 18 | Age 30-34 | 64 | F | 09:53.646 | 2:09:36.760 | | |
| 144 | Kate | Eldridge | 668 | 17 | Age 35-39 | 65 | F | 09:53.785 | 2:09:38.590 | | |
| 145 | Katy | Jibben | 577 | 6 | Age 20-24 | 66 | F | 09:56.534 | 2:10:14.600 | | |
| 146 | Memory | Hessing | 568 | 19 | Age 30-34 | 67 | F | 09:56.679 | 2:10:16.500 | | |
| 147 | Stephen | Chilcoat | 522 | 12 | Age 30-34 | 80 | M | 09:58.621 | 2:10:41.940 | | |
| 148 | scott | mulcahy | 606 | 17 | Age 40-44 | 81 | M | 10:00.968 | 2:11:12.680 | | |
| 149 | Travis | Brown | 516 | 16 | Age 35-39 | 82 | M | 10:01.469 | 2:11:19.250 | | |
| 150 | Billie | Leinum | 589 | 18 | Age 35-39 | 68 | F | 10:04.656 | 2:12:01.000 | | |
| 151 | Stephanie | Carpenter | 521 | 19 | Age 35-39 | 69 | F | 10:06.020 | 2:12:18.860 | | |
| 152 | BB | Hill | 694 | 2 | Age 60-64 | 70 | F | 10:06.416 | 2:12:24.050 | | |
| 153 | Jennifer | Fonnesbeck | 548 | 20 | Age 35-39 | 71 | F | 10:07.859 | 2:12:42.950 | | |
| 154 | feliks | pazdan | 615 | 1 | Age 65+ | 83 | M | 10:08.223 | 2:12:47.720 | | |
| 155 | Michelle | Travis | 652 | 9 | Age 25-29 | 72 | F | 10:09.860 | 2:13:09.160 | | |
| 156 | Jorene | Batali | 507 | 21 | Age 35-39 | 73 | F | 10:11.795 | 2:13:34.510 | | |
| 157 | Mark | Sever | 691 | 18 | Age 40-44 | 84 | M | 10:17.709 | 2:14:51.990 | | |
| 158 | donna | beeson | 508 | 22 | Age 35-39 | 74 | F | 10:20.463 | 2:15:28.060 | | |
| 159 | dena | walker | 658 | 20 | Age 30-34 | 75 | F | 10:20.566 | 2:15:29.410 | | |
| 160 | Kelly | Harvey | 564 | 11 | Age 40-44 | 76 | F | 10:22.046 | 2:15:48.800 | | |
| 161 | Dusty | Rhodes | 692 | 1 | Age 60-64 | 85 | M | 10:22.902 | 2:16:00.010 | | |
| 162 | Don | Grotting | 558 | 3 | Age 50-54 | 86 | M | 10:23.178 | 2:16:03.630 | | |
| 163 | Maricela | Jones | 578 | 12 | Age 40-44 | 77 | F | 10:24.046 | 2:16:15.000 | | |
| 164 | Julene | Andrews | 503 | 2 | Age 45-49 | 78 | F | 10:24.837 | 2:16:25.370 | | |
| 165 | Eugene | Dina | 540 | 13 | Age 30-34 | 87 | M | 10:35.105 | 2:18:39.880 | | |
| 166 | Lorie | Whitcomb | 661 | 13 | Age 40-44 | 79 | F | 10:38.266 | 2:19:21.280 | | |
| 167 | Belinda | Wilson | 664 | 14 | Age 40-44 | 80 | F | 10:41.145 | 2:19:59.000 | | |
| 168 | Dwight | Thurston | 649 | 17 | Age 35-39 | 88 | M | 10:41.751 | 2:20:06.940 | | |
| 169 | Dani | Bell | 509 | 1 | Age 14 & Under | 81 | F | 10:45.900 | 2:21:01.290 | | |
| 170 | Gina | Heideman | 565 | 10 | Age 25-29 | 82 | F | 10:55.681 | 2:23:09.420 | | |
| 171 | kim | gray | 556 | 15 | Age 40-44 | 83 | F | 10:56.205 | 2:23:16.280 | | |
| 172 | Brandy | Ashley | 506 | 21 | Age 30-34 | 84 | F | 10:56.321 | 2:23:17.810 | | |
| 173 | Brandi | Armbruster | 505 | 23 | Age 35-39 | 85 | F | 10:57.696 | 2:23:35.820 | | |
| 174 | Rebecca | Benavides | 510 | 22 | Age 30-34 | 86 | F | 10:58.622 | 2:23:47.950 | | |
| 175 | Bryan | McInturff | 599 | 6 | Age 20-24 | 89 | M | 10:59.150 | 2:23:54.860 | | |
| 176 | Julie | Lee | 587 | 23 | Age 30-34 | 87 | F | 10:59.640 | 2:24:01.280 | | |
| 177 | Dorian | Whitford | 663 | 1 | Unknown | 90 | M | 11:10.040 | 2:26:17.530 | | |
| 178 | Ginger | McCabe | 597 | 24 | Age 35-39 | 88 | F | 11:11.296 | 2:26:33.980 | | |
| 179 | Deanna | Brock | 515 | 3 | Age 45-49 | 89 | F | 11:11.488 | 2:26:36.490 | | |
| 180 | LISA | LOY | 592 | 4 | Age 45-49 | 90 | F | 11:23.056 | 2:29:08.040 | | |
| 181 | Tiffany | Sower | 641 | 7 | Age 20-24 | 91 | F | 11:24.876 | 2:29:31.880 | | |
| 182 | Tamara | Cochran | 670 | 11 | Age 25-29 | 92 | F | 11:36.182 | 2:31:59.980 | | |
| 183 | Zachary | Wood | 665 | 7 | Age 20-24 | 91 | M | 11:41.994 | 2:33:16.120 | | |
| 184 | Michael | Ivy | 575 | 19 | Age 40-44 | 92 | M | 11:52.332 | 2:35:31.550 | | |

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|--------------|-----------|-------------------|------------------|------------|------------|-----------------|--------------|------------|------------|-------------|-------------------|
| | 185 | Marie | Mortensen | 605 | 12 | Age 25-29 | 93 | F | | 11:52.555 | 2:35:34.470 |
| | 186 | Sherrill | Scovil | 631 | 1 | Age 50-54 | 94 | F | | 12:10.756 | 2:39:32.900 |
| | 187 | Roger | Scovil | 632 | 7 | Age 55-59 | 93 | M | | 12:10.797 | 2:39:33.440 |
| | 188 | Devan | Irons | 574 | 1 | Age 14 & Under | 94 | M | | 12:17.546 | 2:41:01.850 |
| | 189 | Holly | Legarreta | 588 | 25 | Age 35-39 | 95 | F | | 12:24.350 | 2:42:30.980 |
| | 190 | candi | steffes | 643 | 5 | Age 45-49 | 96 | F | | 12:30.802 | 2:43:55.510 |
| | 191 | Tyler | Nyman | 609 | 14 | Age 30-34 | 95 | M | | 12:33.847 | 2:44:35.400 |
| | 192 | Tawnya | Ward | 659 | 26 | Age 35-39 | 97 | F | | 12:33.949 | 2:44:36.730 |
| | 193 | Anita-Nell | Swanson | 647 | 6 | Age 45-49 | 98 | F | | 12:50.288 | 2:48:10.770 |
| | 194 | KC | Hezeltine | 530 | 2 | Age 50-54 | 99 | F | | 12:50.319 | 2:48:11.180 |
| | 195 | Hope | Rowning | 628 | 16 | Age 40-44 | 100 | F | | 12:50.483 | 2:48:13.330 |
| | 196 | Tara | Whitford | 662 | 13 | Age 25-29 | 101 | F | | 12:51.336 | 2:48:24.500 |
| | 197 | Angie | Davis | 537 | 27 | Age 35-39 | 102 | F | | 12:51.411 | 2:48:25.480 |
| | 198 | Andrea | Wahl | 656 | 14 | Age 25-29 | 103 | F | | 14:08.967 | 3:05:21.470 |
| | 199 | jill | seamons | 633 | 15 | Age 25-29 | 104 | F | | 15:52.746 | 3:28:00.970 |
| | 200 | Janelle | Gilson | 689 | 17 | Age 40-44 | 105 | F | | 16:23.791 | 3:34:47.660 |
| | 201 | Rhonda | Holder | 570 | 28 | Age 35-39 | 106 | F | | 17:08.664 | 3:44:35.500 |
| | 202 | Heidi | Irons | 573 | 29 | Age 35-39 | 107 | F | | 17:08.727 | 3:44:36.330 |
| | DNF | Joe | Runyan | 629 | DNF | Age 20-24 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Ragen | Agler | 501 | DNF | Age 30-34 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Rebecca | Migas | 603 | DNF | Age 45-49 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | JANE | DAHLBERG | 534 | DNF | Age 45-49 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Travis | Jacob | 576 | DNF | Age 35-39 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Christie | Caplinger | 520 | DNF | Age 25-29 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | jim | streit | 644 | DNF | Age 55-59 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Mallory | Radford | 624 | DNF | Age 20-24 | DNF | F | | 00:00.000 | 00:00.000 |

**Fit For Life 2009
Half Marathon
Full Results - Male**

| Place | OA | First Name | Last Name | Bib | Place | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|----|------------|-------------|-----|-------|-----|-----------|-----|-----|-----------|-------------|
| | 1 | Robet | Harrison | 818 | - | | Age 20-24 | 1 | M | 05:38.431 | 1:13:53.450 |
| | 2 | Josh | Wageman | 655 | - | | Age 20-24 | 2 | M | 05:40.087 | 1:14:15.140 |
| | 3 | Brandy | Bengoechea | 512 | - | | Age 35-39 | 3 | M | 05:59.844 | 1:18:33.960 |
| | 4 | Seth | Merriman | 688 | 1 | | Age 25-29 | 4 | M | 06:02.630 | 1:19:10.450 |
| | 5 | Zachary | Pope | 619 | 1 | | Age 15-19 | 5 | M | 06:06.550 | 1:20:01.800 |
| | 6 | Brian | Baker | 677 | 1 | | Age 40-44 | 6 | M | 06:08.669 | 1:20:29.570 |
| | 7 | Nick | Ribera | 808 | 2 | | Age 15-19 | 7 | M | 06:09.987 | 1:20:46.830 |
| | 8 | Tony | Pori | 620 | 2 | | Age 40-44 | 8 | M | 06:10.468 | 1:20:53.130 |
| | 9 | Ryan | Jaggi | 807 | 3 | | Age 15-19 | 9 | M | 06:19.024 | 1:22:45.220 |
| | 10 | scott | sweet | 646 | 4 | | Age 15-19 | 10 | M | 06:20.733 | 1:23:07.600 |
| | 11 | Derek | Derkacs | 539 | 2 | | Age 25-29 | 11 | M | 06:25.839 | 1:24:14.490 |
| | 12 | Michael | Johnson | 811 | 3 | | Age 40-44 | 12 | M | 06:32.860 | 1:25:46.460 |
| | 13 | Cris | Tietsort | 650 | 1 | | Age 20-24 | 13 | M | 06:39.721 | 1:27:16.340 |
| | 15 | Bubba | Roeper | 809 | 5 | | Age 15-19 | 14 | M | 06:42.956 | 1:27:58.730 |
| | 18 | Scott | Schneider | 666 | 3 | | Age 25-29 | 15 | M | 06:48.234 | 1:29:07.860 |
| | 19 | Sergio | Gutierrez | 560 | 1 | | Age 55-59 | 16 | M | 06:48.311 | 1:29:08.880 |
| | 20 | Mark | Coffman | 528 | 4 | | Age 40-44 | 17 | M | 06:48.626 | 1:29:13.000 |
| | 21 | JR | Mendoza | 602 | 5 | | Age 40-44 | 18 | M | 06:51.058 | 1:29:44.860 |
| | 22 | Rob | Hancock | 562 | 6 | | Age 40-44 | 19 | M | 06:51.664 | 1:29:52.800 |
| | 23 | Ron | Lake | 585 | 1 | | Age 45-49 | 20 | M | 06:51.873 | 1:29:55.530 |
| | 24 | Clark | Miller | 696 | 7 | | Age 40-44 | 21 | M | 06:53.354 | 1:30:14.940 |
| | 25 | John | Dudek | 700 | 2 | | Age 45-49 | 22 | M | 06:54.644 | 1:30:31.840 |
| | 26 | Loren | Joski | 695 | 1 | | Age 35-39 | 23 | M | 06:55.945 | 1:30:48.880 |
| | 27 | ken | killingbeck | 579 | 8 | | Age 40-44 | 24 | M | 06:56.785 | 1:30:59.890 |
| | 29 | David | Heidt | 566 | 1 | | Age 50-54 | 25 | M | 07:01.918 | 1:32:07.120 |
| | 30 | Daren | Garey | 549 | 2 | | Age 35-39 | 26 | M | 07:03.991 | 1:32:34.280 |
| | 32 | Bryan | Escobedo | 545 | 1 | | Age 30-34 | 27 | M | 07:09.641 | 1:33:48.300 |
| | 33 | Jose | Lopez | 698 | 2 | | Age 30-34 | 28 | M | 07:10.810 | 1:34:03.610 |
| | 34 | Hugo | Martinez | 699 | 3 | | Age 35-39 | 29 | M | 07:13.042 | 1:34:32.850 |
| | 36 | Dax | Olvera | 612 | 4 | | Age 35-39 | 30 | M | 07:23.478 | 1:36:49.560 |
| | 38 | John | Kirkpatrick | 581 | 9 | | Age 40-44 | 31 | M | 07:27.342 | 1:37:40.180 |
| | 39 | Neil | Price | 623 | 5 | | Age 35-39 | 32 | M | 07:28.304 | 1:37:52.780 |
| | 45 | Randy | Harris | 563 | 2 | | Age 55-59 | 33 | M | 07:40.705 | 1:40:35.240 |
| | 48 | Ryan | Wooding | 671 | 3 | | Age 30-34 | 34 | M | 07:43.253 | 1:41:08.610 |
| | 49 | Mike | McNees | 669 | 3 | | Age 55-59 | 35 | M | 07:43.947 | 1:41:17.700 |
| | 50 | Michael | Heywood | 686 | 4 | | Age 30-34 | 36 | M | 07:44.357 | 1:41:23.080 |
| | 51 | Bill | Clark | 525 | 6 | | Age 35-39 | 37 | M | 07:46.336 | 1:41:49.000 |
| | 52 | Matt | Broxson | 682 | 7 | | Age 35-39 | 38 | M | 07:53.063 | 1:43:17.130 |
| | 55 | Brevin | Theobald | 648 | 5 | | Age 30-34 | 39 | M | 07:57.742 | 1:44:18.420 |
| | 57 | Ryan | Stearns | 642 | 6 | | Age 30-34 | 40 | M | 07:59.588 | 1:44:42.600 |
| | 58 | Sergei | Gilmore | 552 | 6 | | Age 15-19 | 41 | M | 08:01.090 | 1:45:02.280 |
| | 60 | Zach | Leckenby | 586 | 2 | | Age 20-24 | 42 | M | 08:03.247 | 1:45:30.540 |
| | 61 | Patrick | Osterkamp | 613 | 3 | | Age 20-24 | 43 | M | 08:03.347 | 1:45:31.850 |
| | 62 | Conner | Hall | 561 | 4 | | Age 20-24 | 44 | M | 08:05.664 | 1:46:02.200 |
| | 63 | Dustin | Kisner | 582 | 5 | | Age 20-24 | 45 | M | 08:05.759 | 1:46:03.440 |
| | 64 | Rich | Stuppy | 645 | 8 | | Age 35-39 | 46 | M | 08:06.679 | 1:46:15.490 |

**Fit For Life 2009
Half Marathon
Full Results - Male**

| Place | OA | First Name | Last Name | Bib | Place | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|------------|-----|-------|-----------|----------|-----|-----|-----------|-------------|
| | 65 | Daniel | Rodriguez | 805 | 9 | Age 35-39 | | 47 | M | 08:06.962 | 1:46:19.200 |
| | 66 | Doug | Campbell | 519 | 3 | Age 45-49 | | 48 | M | 08:07.073 | 1:46:20.660 |
| | 67 | Mark | Eckenrode | 543 | 4 | Age 45-49 | | 49 | M | 08:11.479 | 1:47:18.380 |
| | 70 | D | Crowell | 533 | 10 | Age 40-44 | | 50 | M | 08:15.166 | 1:48:06.670 |
| | 71 | robert | powell | 622 | 11 | Age 40-44 | | 51 | M | 08:15.837 | 1:48:15.470 |
| | 73 | Dong | Kim | 580 | 5 | Age 45-49 | | 52 | M | 08:16.731 | 1:48:27.170 |
| | 77 | Charlie | Grasham | 555 | 12 | Age 40-44 | | 53 | M | 08:21.677 | 1:49:31.970 |
| | 81 | Kent | Ness | 608 | 2 | Age 50-54 | | 54 | M | 08:25.218 | 1:50:18.350 |
| | 82 | William | Vaughan | 653 | 10 | Age 35-39 | | 55 | M | 08:25.331 | 1:50:19.840 |
| | 84 | Mike | Petersen | 616 | 6 | Age 45-49 | | 56 | M | 08:29.991 | 1:51:20.880 |
| | 86 | James | Vincent | 654 | 13 | Age 40-44 | | 57 | M | 08:32.373 | 1:51:52.080 |
| | 88 | Tim | Labrousse | 583 | 4 | Age 55-59 | | 58 | M | 08:34.608 | 1:52:21.360 |
| | 89 | Jeff | Darling | 535 | 11 | Age 35-39 | | 59 | M | 08:35.373 | 1:52:31.390 |
| | 90 | Mathew | Miller | 672 | 12 | Age 35-39 | | 60 | M | 08:37.220 | 1:52:55.580 |
| | 94 | Brian | Mitchell | 604 | 7 | Age 30-34 | | 61 | M | 08:43.231 | 1:54:14.320 |
| | 98 | Steve | Andrews | 504 | 7 | Age 45-49 | | 62 | M | 08:46.192 | 1:54:53.110 |
| | 100 | Daniel | DeLaet | 538 | 8 | Age 30-34 | | 63 | M | 08:47.023 | 1:55:04.000 |
| | 104 | Lee | Gilbert | 551 | 8 | Age 45-49 | | 64 | M | 08:49.486 | 1:55:36.270 |
| | 105 | Tony | Clark | 817 | 9 | Age 30-34 | | 65 | M | 08:49.996 | 1:55:42.950 |
| | 107 | Robert | Lewis | 590 | 5 | Age 55-59 | | 66 | M | 08:53.756 | 1:56:32.210 |
| | 108 | tim | Gray | 557 | 14 | Age 40-44 | | 67 | M | 08:54.294 | 1:56:39.250 |
| | 116 | Randy | McNeil | 676 | 15 | Age 40-44 | | 68 | M | 09:15.770 | 2:01:20.590 |
| | 118 | Joseph | Richards | 626 | 13 | Age 35-39 | | 69 | M | 09:19.661 | 2:02:11.560 |
| | 122 | Curtis | Cook | 532 | 14 | Age 35-39 | | 70 | M | 09:25.556 | 2:03:28.780 |
| | 125 | Tony | Severa | 635 | 10 | Age 30-34 | | 71 | M | 09:31.560 | 2:04:47.430 |
| | 130 | Bill | Ramey | 625 | 11 | Age 30-34 | | 72 | M | 09:38.370 | 2:06:16.650 |
| | 131 | Shane | Mace | 594 | 16 | Age 40-44 | | 73 | M | 09:40.373 | 2:06:42.890 |
| | 133 | Robert | Collins | 569 | 4 | Age 25-29 | | 74 | M | 09:42.062 | 2:07:05.010 |
| | 135 | hugh | marlor | 596 | 9 | Age 45-49 | | 75 | M | 09:45.824 | 2:07:54.290 |
| | 136 | Chase | Fly | 547 | 5 | Age 25-29 | | 76 | M | 09:46.046 | 2:07:57.200 |
| | 137 | Albert | Clement | 526 | 6 | Age 55-59 | | 77 | M | 09:47.067 | 2:08:10.580 |
| | 139 | Joe | Goicoechea | 553 | 10 | Age 45-49 | | 78 | M | 09:50.515 | 2:08:55.740 |
| | 142 | Stephen | Phillips | 618 | 15 | Age 35-39 | | 79 | M | 09:51.881 | 2:09:13.640 |
| | 147 | Stephen | Chilcoat | 522 | 12 | Age 30-34 | | 80 | M | 09:58.621 | 2:10:41.940 |
| | 148 | scott | mulcahy | 606 | 17 | Age 40-44 | | 81 | M | 10:00.968 | 2:11:12.680 |
| | 149 | Travis | Brown | 516 | 16 | Age 35-39 | | 82 | M | 10:01.469 | 2:11:19.250 |
| | 154 | feliks | pazdan | 615 | 1 | Age 65+ | | 83 | M | 10:08.223 | 2:12:47.720 |
| | 157 | Mark | Sever | 691 | 18 | Age 40-44 | | 84 | M | 10:17.709 | 2:14:51.990 |
| | 161 | Dusty | Rhodes | 692 | 1 | Age 60-64 | | 85 | M | 10:22.902 | 2:16:00.010 |
| | 162 | Don | Grotting | 558 | 3 | Age 50-54 | | 86 | M | 10:23.178 | 2:16:03.630 |
| | 165 | Eugene | Dina | 540 | 13 | Age 30-34 | | 87 | M | 10:35.105 | 2:18:39.880 |
| | 168 | Dwight | Thurston | 649 | 17 | Age 35-39 | | 88 | M | 10:41.751 | 2:20:06.940 |
| | 175 | Bryan | McInturff | 599 | 6 | Age 20-24 | | 89 | M | 10:59.150 | 2:23:54.860 |
| | 177 | Dorian | Whitford | 663 | 1 | Unknown | | 90 | M | 11:10.040 | 2:26:17.530 |
| | 183 | Zachary | Wood | 665 | 7 | Age 20-24 | | 91 | M | 11:41.994 | 2:33:16.120 |
| | 184 | Michael | Ivy | 575 | 19 | Age 40-44 | | 92 | M | 11:52.332 | 2:35:31.550 |

**Fit For Life 2009
Half Marathon
Full Results - Male**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|------------|------------|-----------------|--------------|------------|------------|-------------|-------------------|
| | 187 | Roger | Scovil | 632 | 7 | Age 55-59 | 93 | M | | 12:10.797 | 2:39:33.440 |
| | 188 | Devan | Irons | 574 | 1 | Age 14 & Under | 94 | M | | 12:17.546 | 2:41:01.850 |
| | 191 | Tyler | Nyman | 609 | 14 | Age 30-34 | 95 | M | | 12:33.847 | 2:44:35.400 |
| | DNF | Joe | Runyan | 629 | DNF | Age 20-24 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Travis | Jacob | 576 | DNF | Age 35-39 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | jim | streit | 644 | DNF | Age 55-59 | DNF | M | | 00:00.000 | 00:00.000 |

**Fit For Life 2009
Half Marathon
Full Results - Female**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|---------------|-----|-----|-----------|-------|-----|-----------|-------------|------------|
| | 14 | Ana | Guijarro | 559 | - | Age 25-29 | 1 | F | 06:41.354 | 1:27:37.740 | |
| | 16 | Jessica | Wiggins | 810 | - | Age 25-29 | 2 | F | 06:43.629 | 1:28:07.540 | |
| | 17 | Cynthia | Coffman | 529 | - | Age 35-39 | 3 | F | 06:45.141 | 1:28:27.350 | |
| | 28 | Brittany | Peterson | 675 | 1 | Age 20-24 | 4 | F | 06:57.859 | 1:31:13.950 | |
| | 31 | Laurel | McMahan | 815 | 1 | Age 30-34 | 5 | F | 07:05.114 | 1:32:48.990 | |
| | 35 | Le'iesl | Milan | 681 | 2 | Age 30-34 | 6 | F | 07:16.811 | 1:35:22.230 | |
| | 37 | Suzanne | Sever | 690 | 1 | Age 35-39 | 7 | F | 07:24.369 | 1:37:01.230 | |
| | 40 | Docmay | Senebandith | 634 | 3 | Age 30-34 | 8 | F | 07:28.599 | 1:37:56.650 | |
| | 41 | Shawna | Smith | 638 | 4 | Age 30-34 | 9 | F | 07:32.444 | 1:38:47.020 | |
| | 42 | Lori | Shandro | 636 | 2 | Age 35-39 | 10 | F | 07:37.139 | 1:39:48.520 | |
| | 43 | Angela | Horrocks | 571 | 3 | Age 35-39 | 11 | F | 07:37.248 | 1:39:49.950 | |
| | 44 | Shenee | Keller | 693 | 1 | Age 40-44 | 12 | F | 07:40.376 | 1:40:30.930 | |
| | 46 | Kari | Lake | 584 | 2 | Age 40-44 | 13 | F | 07:41.283 | 1:40:42.810 | |
| | 47 | Jana | Grindheim | 680 | 2 | Age 20-24 | 14 | F | 07:43.040 | 1:41:05.820 | |
| | 53 | KRISTA | GRAJEDA | 554 | 4 | Age 35-39 | 15 | F | 07:54.015 | 1:43:29.590 | |
| | 54 | Alicia | Young | 687 | 5 | Age 35-39 | 16 | F | 07:56.637 | 1:44:03.950 | |
| | 56 | Katy | Daron | 536 | 5 | Age 30-34 | 17 | F | 07:59.144 | 1:44:36.780 | |
| | 59 | Marcy | Ellsworth | 544 | 6 | Age 35-39 | 18 | F | 08:02.224 | 1:45:17.140 | |
| | 68 | Trina | Lund | 593 | 6 | Age 30-34 | 19 | F | 08:11.970 | 1:47:24.810 | |
| | 69 | Jennifer | Oak | 610 | 7 | Age 35-39 | 20 | F | 08:13.310 | 1:47:42.360 | |
| | 72 | Ann | Braley-Smith | 514 | 3 | Age 40-44 | 21 | F | 08:16.121 | 1:48:19.190 | |
| | 74 | Kristen | Coddington | 527 | 7 | Age 30-34 | 22 | F | 08:18.247 | 1:48:47.040 | |
| | 75 | Julie | Tinney | 651 | 8 | Age 35-39 | 23 | F | 08:18.363 | 1:48:48.560 | |
| | 76 | JeNelle | McEwan | 598 | 4 | Age 40-44 | 24 | F | 08:19.008 | 1:48:57.000 | |
| | 78 | Jamie | Neussendorfer | 816 | 8 | Age 30-34 | 25 | F | 08:22.095 | 1:49:37.440 | |
| | 79 | Shana | Soelberg | 639 | 1 | Age 25-29 | 26 | F | 08:22.595 | 1:49:44.000 | |
| | 80 | Lindsey | Hampton | 685 | 2 | Age 25-29 | 27 | F | 08:25.113 | 1:50:16.980 | |
| | 83 | Jennifer | Olvera | 611 | 9 | Age 35-39 | 28 | F | 08:26.746 | 1:50:38.370 | |
| | 85 | Maria | Weber | 660 | 10 | Age 35-39 | 29 | F | 08:32.201 | 1:51:49.830 | |
| | 87 | kathy | root | 627 | 1 | Age 45-49 | 30 | F | 08:33.933 | 1:52:12.520 | |
| | 91 | Heather | Hill | 697 | 5 | Age 40-44 | 31 | F | 08:39.981 | 1:53:31.750 | |
| | 92 | Lisa | OToole | 614 | 6 | Age 40-44 | 32 | F | 08:41.521 | 1:53:51.920 | |
| | 93 | Cindy | McKinney | 600 | 11 | Age 35-39 | 33 | F | 08:42.145 | 1:54:00.100 | |
| | 95 | Ashlee | Hemmert | 567 | 1 | Age 15-19 | 34 | F | 08:43.673 | 1:54:20.110 | |
| | 96 | Brittany | White | 813 | 3 | Age 20-24 | 35 | F | 08:45.865 | 1:54:48.830 | |
| | 97 | Paige | White | 812 | 4 | Age 20-24 | 36 | F | 08:45.986 | 1:54:50.420 | |
| | 99 | Rebecca | Meany | 679 | 12 | Age 35-39 | 37 | F | 08:46.845 | 1:55:01.670 | |
| | 101 | Karla | Smetana | 637 | 3 | Age 25-29 | 38 | F | 08:47.142 | 1:55:05.560 | |
| | 102 | Allison | Bender | 511 | 4 | Age 25-29 | 39 | F | 08:49.171 | 1:55:32.140 | |
| | 103 | Rachael | Bickerton | 513 | 13 | Age 35-39 | 40 | F | 08:49.347 | 1:55:34.440 | |
| | 106 | Jenica | Limb | 591 | 2 | Age 15-19 | 41 | F | 08:52.715 | 1:56:18.560 | |
| | 109 | Beth | Ahrend | 502 | 9 | Age 30-34 | 42 | F | 09:00.292 | 1:57:57.830 | |
| | 110 | Heather | Meeks | 674 | 10 | Age 30-34 | 43 | F | 09:01.018 | 1:58:07.340 | |
| | 111 | Erin | Bulcher | 518 | 5 | Age 20-24 | 44 | F | 09:02.204 | 1:58:22.870 | |
| | 112 | Casey | Brown | 517 | 11 | Age 30-34 | 45 | F | 09:02.330 | 1:58:24.520 | |
| | 113 | gianina | sanner | 630 | 12 | Age 30-34 | 46 | F | 09:02.981 | 1:58:33.050 | |

**Fit For Life 2009
Half Marathon
Full Results - Female**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|------------|-----|-----|----------------|-------|-----|-----|-----------|-------------|
| | 114 | Laura | Knothe | 814 | 7 | Age 40-44 | 47 | F | | 09:07.662 | 1:59:34.370 |
| | 115 | Kelly | Mendoza | 601 | 13 | Age 30-34 | 48 | F | | 09:10.398 | 2:00:10.220 |
| | 117 | Crystal | Potter | 621 | 5 | Age 25-29 | 49 | F | | 09:16.362 | 2:01:28.340 |
| | 119 | Katie | Bard | 667 | 14 | Age 30-34 | 50 | F | | 09:20.589 | 2:02:23.720 |
| | 120 | Bonnie | Clark | 524 | 1 | Age 60-64 | 51 | F | | 09:20.807 | 2:02:26.570 |
| | 121 | Alanya | Wyne | 684 | 6 | Age 25-29 | 52 | F | | 09:24.439 | 2:03:14.150 |
| | 123 | kimberly | sorensen | 640 | 15 | Age 30-34 | 53 | F | | 09:26.794 | 2:03:45.000 |
| | 124 | Jennifer | Miller | 673 | 14 | Age 35-39 | 54 | F | | 09:30.104 | 2:04:28.360 |
| | 126 | Serena | Mackey | 595 | 8 | Age 40-44 | 55 | F | | 09:32.792 | 2:05:03.580 |
| | 127 | Shawn | Waite | 657 | 9 | Age 40-44 | 56 | F | | 09:32.920 | 2:05:05.250 |
| | 128 | patty | escobedo | 546 | 7 | Age 25-29 | 57 | F | | 09:34.119 | 2:05:20.960 |
| | 129 | Shelley | Comstock | 531 | 16 | Age 30-34 | 58 | F | | 09:35.401 | 2:05:37.750 |
| | 132 | Bridget | Ash | 806 | 10 | Age 40-44 | 59 | F | | 09:41.035 | 2:06:51.560 |
| | 134 | Leah | Garey | 550 | 15 | Age 35-39 | 60 | F | | 09:45.691 | 2:07:52.550 |
| | 138 | Tonja | Phetmisay | 617 | 16 | Age 35-39 | 61 | F | | 09:50.405 | 2:08:54.300 |
| | 140 | Amber | Chilcoat | 523 | 8 | Age 25-29 | 62 | F | | 09:50.979 | 2:09:01.820 |
| | 141 | Angela | Thueson | 683 | 17 | Age 30-34 | 63 | F | | 09:51.198 | 2:09:04.690 |
| | 143 | Corrie | Hugaboom | 572 | 18 | Age 30-34 | 64 | F | | 09:53.646 | 2:09:36.760 |
| | 144 | Kate | Eldridge | 668 | 17 | Age 35-39 | 65 | F | | 09:53.785 | 2:09:38.590 |
| | 145 | Katy | Jibben | 577 | 6 | Age 20-24 | 66 | F | | 09:56.534 | 2:10:14.600 |
| | 146 | Memory | Hessing | 568 | 19 | Age 30-34 | 67 | F | | 09:56.679 | 2:10:16.500 |
| | 150 | Billie | Leinum | 589 | 18 | Age 35-39 | 68 | F | | 10:04.656 | 2:12:01.000 |
| | 151 | Stephanie | Carpenter | 521 | 19 | Age 35-39 | 69 | F | | 10:06.020 | 2:12:18.860 |
| | 152 | BB | Hill | 694 | 2 | Age 60-64 | 70 | F | | 10:06.416 | 2:12:24.050 |
| | 153 | Jennifer | Fonnesbeck | 548 | 20 | Age 35-39 | 71 | F | | 10:07.859 | 2:12:42.950 |
| | 155 | Michelle | Travis | 652 | 9 | Age 25-29 | 72 | F | | 10:09.860 | 2:13:09.160 |
| | 156 | Jorene | Batali | 507 | 21 | Age 35-39 | 73 | F | | 10:11.795 | 2:13:34.510 |
| | 158 | donna | beeson | 508 | 22 | Age 35-39 | 74 | F | | 10:20.463 | 2:15:28.060 |
| | 159 | dena | walker | 658 | 20 | Age 30-34 | 75 | F | | 10:20.566 | 2:15:29.410 |
| | 160 | Kelly | Harvey | 564 | 11 | Age 40-44 | 76 | F | | 10:22.046 | 2:15:48.800 |
| | 163 | Maricela | Jones | 578 | 12 | Age 40-44 | 77 | F | | 10:24.046 | 2:16:15.000 |
| | 164 | Julene | Andrews | 503 | 2 | Age 45-49 | 78 | F | | 10:24.837 | 2:16:25.370 |
| | 166 | Lorie | Whitcomb | 661 | 13 | Age 40-44 | 79 | F | | 10:38.266 | 2:19:21.280 |
| | 167 | Belinda | Wilson | 664 | 14 | Age 40-44 | 80 | F | | 10:41.145 | 2:19:59.000 |
| | 169 | Dani | Bell | 509 | 1 | Age 14 & Under | 81 | F | | 10:45.900 | 2:21:01.290 |
| | 170 | Gina | Heideman | 565 | 10 | Age 25-29 | 82 | F | | 10:55.681 | 2:23:09.420 |
| | 171 | kim | gray | 556 | 15 | Age 40-44 | 83 | F | | 10:56.205 | 2:23:16.280 |
| | 172 | Brandy | Ashley | 506 | 21 | Age 30-34 | 84 | F | | 10:56.321 | 2:23:17.810 |
| | 173 | Brandi | Armbruster | 505 | 23 | Age 35-39 | 85 | F | | 10:57.696 | 2:23:35.820 |
| | 174 | Rebecca | Benavides | 510 | 22 | Age 30-34 | 86 | F | | 10:58.622 | 2:23:47.950 |
| | 176 | Julie | Lee | 587 | 23 | Age 30-34 | 87 | F | | 10:59.640 | 2:24:01.280 |
| | 178 | Ginger | McCabe | 597 | 24 | Age 35-39 | 88 | F | | 11:11.296 | 2:26:33.980 |
| | 179 | Deanna | Brock | 515 | 3 | Age 45-49 | 89 | F | | 11:11.488 | 2:26:36.490 |
| | 180 | LISA | LOY | 592 | 4 | Age 45-49 | 90 | F | | 11:23.056 | 2:29:08.040 |
| | 181 | Tiffany | Sower | 641 | 7 | Age 20-24 | 91 | F | | 11:24.876 | 2:29:31.880 |
| | 182 | Tamara | Cochran | 670 | 11 | Age 25-29 | 92 | F | | 11:36.182 | 2:31:59.980 |

**Fit For Life 2009
Half Marathon
Full Results - Female**

| Place | | | Place | | | Place | | | |
|-------|------------|-----------|-------|-----|-----------|-------|-----|-----------|-------------|
| OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
| 185 | Marie | Mortensen | 605 | 12 | Age 25-29 | 93 | F | 11:52.555 | 2:35:34.470 |
| 186 | Sherrill | Scovil | 631 | 1 | Age 50-54 | 94 | F | 12:10.756 | 2:39:32.900 |
| 189 | Holly | Legarreta | 588 | 25 | Age 35-39 | 95 | F | 12:24.350 | 2:42:30.980 |
| 190 | candi | steffes | 643 | 5 | Age 45-49 | 96 | F | 12:30.802 | 2:43:55.510 |
| 192 | Tawnya | Ward | 659 | 26 | Age 35-39 | 97 | F | 12:33.949 | 2:44:36.730 |
| 193 | Anita-Nell | Swanson | 647 | 6 | Age 45-49 | 98 | F | 12:50.288 | 2:48:10.770 |
| 194 | KC | Hezeltine | 530 | 2 | Age 50-54 | 99 | F | 12:50.319 | 2:48:11.180 |
| 195 | Hope | Rowning | 628 | 16 | Age 40-44 | 100 | F | 12:50.483 | 2:48:13.330 |
| 196 | Tara | Whitford | 662 | 13 | Age 25-29 | 101 | F | 12:51.336 | 2:48:24.500 |
| 197 | Angie | Davis | 537 | 27 | Age 35-39 | 102 | F | 12:51.411 | 2:48:25.480 |
| 198 | Andrea | Wahl | 656 | 14 | Age 25-29 | 103 | F | 14:08.967 | 3:05:21.470 |
| 199 | jill | seamons | 633 | 15 | Age 25-29 | 104 | F | 15:52.746 | 3:28:00.970 |
| 200 | Janelle | Gilson | 689 | 17 | Age 40-44 | 105 | F | 16:23.791 | 3:34:47.660 |
| 201 | Rhonda | Holder | 570 | 28 | Age 35-39 | 106 | F | 17:08.664 | 3:44:35.500 |
| 202 | Heidi | Irons | 573 | 29 | Age 35-39 | 107 | F | 17:08.727 | 3:44:36.330 |
| DNF | Ragen | Agler | 501 | DNF | Age 30-34 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | Rebecca | Migas | 603 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | JANE | DAHLBERG | 534 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | Christie | Caplinger | 520 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | Mallory | Radford | 624 | DNF | Age 20-24 | DNF | F | 00:00.000 | 00:00.000 |

**Fit For Life 2009
Half Marathon
Group Results**

| Division | Place | | First Name | Last Name | Bib | Place | | Pace | Clock Time |
|----------------|-------|-----|------------|-----------|-----|-------|-----|-----------|-------------|
| | Div | Sex | | | | OA | Sex | | |
| Age 14 & Under | 1 | F | Dani | Bell | 509 | 169 | 81 | 10:45.900 | 2:21:01.290 |
| Age 14 & Under | 1 | M | Devan | Irons | 574 | 188 | 94 | 12:17.546 | 2:41:01.850 |
| Age 15-19 | 1 | F | Ashlee | Hemmert | 567 | 95 | 34 | 08:43.673 | 1:54:20.110 |
| Age 15-19 | 2 | F | Jenica | Limb | 591 | 106 | 41 | 08:52.715 | 1:56:18.560 |
| Age 15-19 | 1 | M | Zachary | Pope | 619 | 5 | 5 | 06:06.550 | 1:20:01.800 |
| Age 15-19 | 2 | M | Nick | Ribera | 808 | 7 | 7 | 06:09.987 | 1:20:46.830 |
| Age 15-19 | 3 | M | Ryan | Jaggi | 807 | 9 | 9 | 06:19.024 | 1:22:45.220 |
| Age 15-19 | 4 | M | scott | sweet | 646 | 10 | 10 | 06:20.733 | 1:23:07.600 |
| Age 15-19 | 5 | M | Bubba | Roeper | 809 | 15 | 14 | 06:42.956 | 1:27:58.730 |
| Age 15-19 | 6 | M | Sergei | Gilmore | 552 | 58 | 41 | 08:01.090 | 1:45:02.280 |
| Age 20-24 | 1 | F | Brittany | Peterson | 675 | 28 | 4 | 06:57.859 | 1:31:13.950 |
| Age 20-24 | 2 | F | Jana | Grindheim | 680 | 47 | 14 | 07:43.040 | 1:41:05.820 |
| Age 20-24 | 3 | F | Brittany | White | 813 | 96 | 35 | 08:45.865 | 1:54:48.830 |
| Age 20-24 | 4 | F | Paige | White | 812 | 97 | 36 | 08:45.986 | 1:54:50.420 |
| Age 20-24 | 5 | F | Erin | Bulcher | 518 | 111 | 44 | 09:02.204 | 1:58:22.870 |
| Age 20-24 | 6 | F | Katy | Jibben | 577 | 145 | 66 | 09:56.534 | 2:10:14.600 |
| Age 20-24 | 7 | F | Tiffany | Sower | 641 | 181 | 91 | 11:24.876 | 2:29:31.880 |
| Age 20-24 | DNF | F | Mallory | Radford | 624 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 20-24 | - | M | Robet | Harrison | 818 | 1 | 1 | 05:38.431 | 1:13:53.450 |
| Age 20-24 | - | M | Josh | Wageman | 655 | 2 | 2 | 05:40.087 | 1:14:15.140 |
| Age 20-24 | 1 | M | Cris | Tietsort | 650 | 13 | 13 | 06:39.721 | 1:27:16.340 |
| Age 20-24 | 2 | M | Zach | Leckenby | 586 | 60 | 42 | 08:03.247 | 1:45:30.540 |
| Age 20-24 | 3 | M | Patrick | Osterkamp | 613 | 61 | 43 | 08:03.347 | 1:45:31.850 |
| Age 20-24 | 4 | M | Conner | Hall | 561 | 62 | 44 | 08:05.664 | 1:46:02.200 |
| Age 20-24 | 5 | M | Dustin | Kisner | 582 | 63 | 45 | 08:05.759 | 1:46:03.440 |
| Age 20-24 | 6 | M | Bryan | McInturff | 599 | 175 | 89 | 10:59.150 | 2:23:54.860 |
| Age 20-24 | 7 | M | Zachary | Wood | 665 | 183 | 91 | 11:41.994 | 2:33:16.120 |
| Age 20-24 | DNF | M | Joe | Runyan | 629 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | - | F | Ana | Guijarro | 559 | 14 | 1 | 06:41.354 | 1:27:37.740 |
| Age 25-29 | - | F | Jessica | Wiggins | 810 | 16 | 2 | 06:43.629 | 1:28:07.540 |
| Age 25-29 | 1 | F | Shana | Soelberg | 639 | 79 | 26 | 08:22.595 | 1:49:44.000 |
| Age 25-29 | 2 | F | Lindsey | Hampton | 685 | 80 | 27 | 08:25.113 | 1:50:16.980 |
| Age 25-29 | 3 | F | Karla | Smetana | 637 | 101 | 38 | 08:47.142 | 1:55:05.560 |
| Age 25-29 | 4 | F | Allison | Bender | 511 | 102 | 39 | 08:49.171 | 1:55:32.140 |
| Age 25-29 | 5 | F | Crystal | Potter | 621 | 117 | 49 | 09:16.362 | 2:01:28.340 |
| Age 25-29 | 6 | F | Alanya | Wyne | 684 | 121 | 52 | 09:24.439 | 2:03:14.150 |
| Age 25-29 | 7 | F | patty | escobedo | 546 | 128 | 57 | 09:34.119 | 2:05:20.960 |
| Age 25-29 | 8 | F | Amber | Chilcoat | 523 | 140 | 62 | 09:50.979 | 2:09:01.820 |
| Age 25-29 | 9 | F | Michelle | Travis | 652 | 155 | 72 | 10:09.860 | 2:13:09.160 |
| Age 25-29 | 10 | F | Gina | Heideman | 565 | 170 | 82 | 10:55.681 | 2:23:09.420 |

**Fit For Life 2009
Half Marathon
Group Results**

| Division | Place | | First Name | Last Name | Bib | Place | | Pace | Clock Time |
|-----------|-------|-----|------------|---------------|-----|-------|-----|-----------|-------------|
| | Div | Sex | | | | OA | Sex | | |
| Age 25-29 | 11 | F | Tamara | Cochran | 670 | 182 | 92 | 11:36.182 | 2:31:59.980 |
| Age 25-29 | 12 | F | Marie | Mortensen | 605 | 185 | 93 | 11:52.555 | 2:35:34.470 |
| Age 25-29 | 13 | F | Tara | Whitford | 662 | 196 | 101 | 12:51.336 | 2:48:24.500 |
| Age 25-29 | 14 | F | Andrea | Wahl | 656 | 198 | 103 | 14:08.967 | 3:05:21.470 |
| Age 25-29 | 15 | F | jill | seamons | 633 | 199 | 104 | 15:52.746 | 3:28:00.970 |
| Age 25-29 | DNF | F | Christie | Caplinger | 520 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | 1 | M | Seth | Merriman | 688 | 4 | 4 | 06:02.630 | 1:19:10.450 |
| Age 25-29 | 2 | M | Derek | Derkacs | 539 | 11 | 11 | 06:25.839 | 1:24:14.490 |
| Age 25-29 | 3 | M | Scott | Schneider | 666 | 18 | 15 | 06:48.234 | 1:29:07.860 |
| Age 25-29 | 4 | M | Robert | Collins | 569 | 133 | 74 | 09:42.062 | 2:07:05.010 |
| Age 25-29 | 5 | M | Chase | Fly | 547 | 136 | 76 | 09:46.046 | 2:07:57.200 |
| Age 30-34 | 1 | F | Laurel | McMahan | 815 | 31 | 5 | 07:05.114 | 1:32:48.990 |
| Age 30-34 | 2 | F | LeLiesl | Milan | 681 | 35 | 6 | 07:16.811 | 1:35:22.230 |
| Age 30-34 | 3 | F | Docmay | Senebandith | 634 | 40 | 8 | 07:28.599 | 1:37:56.650 |
| Age 30-34 | 4 | F | Shawna | Smith | 638 | 41 | 9 | 07:32.444 | 1:38:47.020 |
| Age 30-34 | 5 | F | Katy | Daron | 536 | 56 | 17 | 07:59.144 | 1:44:36.780 |
| Age 30-34 | 6 | F | Trina | Lund | 593 | 68 | 19 | 08:11.970 | 1:47:24.810 |
| Age 30-34 | 7 | F | Kristen | Coddington | 527 | 74 | 22 | 08:18.247 | 1:48:47.040 |
| Age 30-34 | 8 | F | Jamie | Neussendorfer | 816 | 78 | 25 | 08:22.095 | 1:49:37.440 |
| Age 30-34 | 9 | F | Beth | Ahrend | 502 | 109 | 42 | 09:00.292 | 1:57:57.830 |
| Age 30-34 | 10 | F | Heather | Meeks | 674 | 110 | 43 | 09:01.018 | 1:58:07.340 |
| Age 30-34 | 11 | F | Casey | Brown | 517 | 112 | 45 | 09:02.330 | 1:58:24.520 |
| Age 30-34 | 12 | F | gianina | sanner | 630 | 113 | 46 | 09:02.981 | 1:58:33.050 |
| Age 30-34 | 13 | F | Kelly | Mendoza | 601 | 115 | 48 | 09:10.398 | 2:00:10.220 |
| Age 30-34 | 14 | F | Katie | Bard | 667 | 119 | 50 | 09:20.589 | 2:02:23.720 |
| Age 30-34 | 15 | F | kimberly | sorensen | 640 | 123 | 53 | 09:26.794 | 2:03:45.000 |
| Age 30-34 | 16 | F | Shelley | Comstock | 531 | 129 | 58 | 09:35.401 | 2:05:37.750 |
| Age 30-34 | 17 | F | Angela | Thueson | 683 | 141 | 63 | 09:51.198 | 2:09:04.690 |
| Age 30-34 | 18 | F | Corrie | Hugaboom | 572 | 143 | 64 | 09:53.646 | 2:09:36.760 |
| Age 30-34 | 19 | F | Memory | Hessing | 568 | 146 | 67 | 09:56.679 | 2:10:16.500 |
| Age 30-34 | 20 | F | dena | walker | 658 | 159 | 75 | 10:20.566 | 2:15:29.410 |
| Age 30-34 | 21 | F | Brandy | Ashley | 506 | 172 | 84 | 10:56.321 | 2:23:17.810 |
| Age 30-34 | 22 | F | Rebecca | Benavides | 510 | 174 | 86 | 10:58.622 | 2:23:47.950 |
| Age 30-34 | 23 | F | Julie | Lee | 587 | 176 | 87 | 10:59.640 | 2:24:01.280 |
| Age 30-34 | DNF | F | Ragen | Agler | 501 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 30-34 | 1 | M | Bryan | Escobedo | 545 | 32 | 27 | 07:09.641 | 1:33:48.300 |
| Age 30-34 | 2 | M | Jose | Lopez | 698 | 33 | 28 | 07:10.810 | 1:34:03.610 |
| Age 30-34 | 3 | M | Ryan | Wooding | 671 | 48 | 34 | 07:43.253 | 1:41:08.610 |
| Age 30-34 | 4 | M | Michael | Heywood | 686 | 50 | 36 | 07:44.357 | 1:41:23.080 |
| Age 30-34 | 5 | M | Brevin | Theobald | 648 | 55 | 39 | 07:57.742 | 1:44:18.420 |
| Age 30-34 | 6 | M | Ryan | Stearns | 642 | 57 | 40 | 07:59.588 | 1:44:42.600 |
| Age 30-34 | 7 | M | Brian | Mitchell | 604 | 94 | 61 | 08:43.231 | 1:54:14.320 |
| Age 30-34 | 8 | M | Daniel | DeLaet | 538 | 100 | 63 | 08:47.023 | 1:55:04.000 |

**Fit For Life 2009
Half Marathon
Group Results**

| Division | Place | | First Name | Last Name | Bib | Place | | Pace | Clock Time |
|-----------|-------|-----|------------|------------|-----|-------|-----|-----------|-------------|
| | Div | Sex | | | | OA | Sex | | |
| Age 30-34 | 9 | M | Tony | Clark | 817 | 105 | 65 | 08:49.996 | 1:55:42.950 |
| Age 30-34 | 10 | M | Tony | Severa | 635 | 125 | 71 | 09:31.560 | 2:04:47.430 |
| Age 30-34 | 11 | M | Bill | Ramey | 625 | 130 | 72 | 09:38.370 | 2:06:16.650 |
| Age 30-34 | 12 | M | Stephen | Chilcoat | 522 | 147 | 80 | 09:58.621 | 2:10:41.940 |
| Age 30-34 | 13 | M | Eugene | Dina | 540 | 165 | 87 | 10:35.105 | 2:18:39.880 |
| Age 30-34 | 14 | M | Tyler | Nyman | 609 | 191 | 95 | 12:33.847 | 2:44:35.400 |
| Age 35-39 | - | F | Cynthia | Coffman | 529 | 17 | 3 | 06:45.141 | 1:28:27.350 |
| Age 35-39 | 1 | F | Suzanne | Sever | 690 | 37 | 7 | 07:24.369 | 1:37:01.230 |
| Age 35-39 | 2 | F | Lori | Shandro | 636 | 42 | 10 | 07:37.139 | 1:39:48.520 |
| Age 35-39 | 3 | F | Angela | Horrocks | 571 | 43 | 11 | 07:37.248 | 1:39:49.950 |
| Age 35-39 | 4 | F | KRISTA | GRAJEDA | 554 | 53 | 15 | 07:54.015 | 1:43:29.590 |
| Age 35-39 | 5 | F | Alicia | Young | 687 | 54 | 16 | 07:56.637 | 1:44:03.950 |
| Age 35-39 | 6 | F | Marcy | Ellsworth | 544 | 59 | 18 | 08:02.224 | 1:45:17.140 |
| Age 35-39 | 7 | F | Jennifer | Oak | 610 | 69 | 20 | 08:13.310 | 1:47:42.360 |
| Age 35-39 | 8 | F | Julie | Tinney | 651 | 75 | 23 | 08:18.363 | 1:48:48.560 |
| Age 35-39 | 9 | F | Jennifer | Olvera | 611 | 83 | 28 | 08:26.746 | 1:50:38.370 |
| Age 35-39 | 10 | F | Maria | Weber | 660 | 85 | 29 | 08:32.201 | 1:51:49.830 |
| Age 35-39 | 11 | F | Cindy | McKinney | 600 | 93 | 33 | 08:42.145 | 1:54:00.100 |
| Age 35-39 | 12 | F | Rebecca | Meany | 679 | 99 | 37 | 08:46.845 | 1:55:01.670 |
| Age 35-39 | 13 | F | Rachael | Bickerton | 513 | 103 | 40 | 08:49.347 | 1:55:34.440 |
| Age 35-39 | 14 | F | Jennifer | Miller | 673 | 124 | 54 | 09:30.104 | 2:04:28.360 |
| Age 35-39 | 15 | F | Leah | Garey | 550 | 134 | 60 | 09:45.691 | 2:07:52.550 |
| Age 35-39 | 16 | F | Tonja | Phetmisay | 617 | 138 | 61 | 09:50.405 | 2:08:54.300 |
| Age 35-39 | 17 | F | Kate | Eldridge | 668 | 144 | 65 | 09:53.785 | 2:09:38.590 |
| Age 35-39 | 18 | F | Billie | Leinum | 589 | 150 | 68 | 10:04.656 | 2:12:01.000 |
| Age 35-39 | 19 | F | Stephanie | Carpenter | 521 | 151 | 69 | 10:06.020 | 2:12:18.860 |
| Age 35-39 | 20 | F | Jennifer | Fonnesbeck | 548 | 153 | 71 | 10:07.859 | 2:12:42.950 |
| Age 35-39 | 21 | F | Jorene | Batali | 507 | 156 | 73 | 10:11.795 | 2:13:34.510 |
| Age 35-39 | 22 | F | donna | beeson | 508 | 158 | 74 | 10:20.463 | 2:15:28.060 |
| Age 35-39 | 23 | F | Brandi | Armbruster | 505 | 173 | 85 | 10:57.696 | 2:23:35.820 |
| Age 35-39 | 24 | F | Ginger | McCabe | 597 | 178 | 88 | 11:11.296 | 2:26:33.980 |
| Age 35-39 | 25 | F | Holly | Legarreta | 588 | 189 | 95 | 12:24.350 | 2:42:30.980 |
| Age 35-39 | 26 | F | Tawnya | Ward | 659 | 192 | 97 | 12:33.949 | 2:44:36.730 |
| Age 35-39 | 27 | F | Angie | Davis | 537 | 197 | 102 | 12:51.411 | 2:48:25.480 |
| Age 35-39 | 28 | F | Rhonda | Holder | 570 | 201 | 106 | 17:08.664 | 3:44:35.500 |
| Age 35-39 | 29 | F | Heidi | Irons | 573 | 202 | 107 | 17:08.727 | 3:44:36.330 |
| Age 35-39 | - | M | Brandy | Bengoechea | 512 | 3 | 3 | 05:59.844 | 1:18:33.960 |
| Age 35-39 | 1 | M | Loren | Joski | 695 | 26 | 23 | 06:55.945 | 1:30:48.880 |
| Age 35-39 | 2 | M | Daren | Garey | 549 | 30 | 26 | 07:03.991 | 1:32:34.280 |
| Age 35-39 | 3 | M | Hugo | Martinez | 699 | 34 | 29 | 07:13.042 | 1:34:32.850 |
| Age 35-39 | 4 | M | Dax | Olvera | 612 | 36 | 30 | 07:23.478 | 1:36:49.560 |
| Age 35-39 | 5 | M | Neil | Price | 623 | 39 | 32 | 07:28.304 | 1:37:52.780 |
| Age 35-39 | 6 | M | Bill | Clark | 525 | 51 | 37 | 07:46.336 | 1:41:49.000 |
| Age 35-39 | 7 | M | Matt | Broxson | 682 | 52 | 38 | 07:53.063 | 1:43:17.130 |

**Fit For Life 2009
Half Marathon
Group Results**

| Division | Place | | Sex | First Name | Last Name | Bib | Place | | Pace | Clock Time |
|-----------|-------|-----|----------|---------------|-----------|-----|-------|-----------|-------------|------------|
| | Div | Sex | | | | | OA | Sex | | |
| Age 35-39 | 8 | M | Rich | Stuppy | 645 | 64 | 46 | 08:06.679 | 1:46:15.490 | |
| Age 35-39 | 9 | M | Daniel | Rodriguez | 805 | 65 | 47 | 08:06.962 | 1:46:19.200 | |
| Age 35-39 | 10 | M | William | Vaughan | 653 | 82 | 55 | 08:25.331 | 1:50:19.840 | |
| Age 35-39 | 11 | M | Jeff | Darling | 535 | 89 | 59 | 08:35.373 | 1:52:31.390 | |
| Age 35-39 | 12 | M | Mathew | Miller | 672 | 90 | 60 | 08:37.220 | 1:52:55.580 | |
| Age 35-39 | 13 | M | Joseph | Richards | 626 | 118 | 69 | 09:19.661 | 2:02:11.560 | |
| Age 35-39 | 14 | M | Curtis | Cook | 532 | 122 | 70 | 09:25.556 | 2:03:28.780 | |
| Age 35-39 | 15 | M | Stephen | Phillips | 618 | 142 | 79 | 09:51.881 | 2:09:13.640 | |
| Age 35-39 | 16 | M | Travis | Brown | 516 | 149 | 82 | 10:01.469 | 2:11:19.250 | |
| Age 35-39 | 17 | M | Dwight | Thurston | 649 | 168 | 88 | 10:41.751 | 2:20:06.940 | |
| Age 35-39 | DNF | M | Travis | Jacob | 576 | DNF | DNF | 00:00.000 | 00:00.000 | |
| | | | | | | | | | | |
| Age 40-44 | 1 | F | Shenee | Keller | 693 | 44 | 12 | 07:40.376 | 1:40:30.930 | |
| Age 40-44 | 2 | F | Kari | Lake | 584 | 46 | 13 | 07:41.283 | 1:40:42.810 | |
| Age 40-44 | 3 | F | Ann | Braley-Smith | 514 | 72 | 21 | 08:16.121 | 1:48:19.190 | |
| Age 40-44 | 4 | F | JeNelle | McEwan | 598 | 76 | 24 | 08:19.008 | 1:48:57.000 | |
| Age 40-44 | 5 | F | Heather | Hill | 697 | 91 | 31 | 08:39.981 | 1:53:31.750 | |
| Age 40-44 | 6 | F | Lisa | OToole | 614 | 92 | 32 | 08:41.521 | 1:53:51.920 | |
| Age 40-44 | 7 | F | Laura | Knothe | 814 | 114 | 47 | 09:07.662 | 1:59:34.370 | |
| Age 40-44 | 8 | F | Serena | Mackey | 595 | 126 | 55 | 09:32.792 | 2:05:03.580 | |
| Age 40-44 | 9 | F | Shawn | Waite | 657 | 127 | 56 | 09:32.920 | 2:05:05.250 | |
| Age 40-44 | 10 | F | Bridget | Ash | 806 | 132 | 59 | 09:41.035 | 2:06:51.560 | |
| Age 40-44 | 11 | F | Kelly | Harvey | 564 | 160 | 76 | 10:22.046 | 2:15:48.800 | |
| Age 40-44 | 12 | F | Maricela | Jones | 578 | 163 | 77 | 10:24.046 | 2:16:15.000 | |
| Age 40-44 | 13 | F | Lorie | Whitcomb | 661 | 166 | 79 | 10:38.266 | 2:19:21.280 | |
| Age 40-44 | 14 | F | Belinda | Wilson | 664 | 167 | 80 | 10:41.145 | 2:19:59.000 | |
| Age 40-44 | 15 | F | kim | gray | 556 | 171 | 83 | 10:56.205 | 2:23:16.280 | |
| Age 40-44 | 16 | F | Hope | Rowning | 628 | 195 | 100 | 12:50.483 | 2:48:13.330 | |
| Age 40-44 | 17 | F | Janelle | Gilson | 689 | 200 | 105 | 16:23.791 | 3:34:47.660 | |
| | | | | | | | | | | |
| Age 40-44 | 1 | M | Brian | Baker | 677 | 6 | 6 | 06:08.669 | 1:20:29.570 | |
| Age 40-44 | 2 | M | Tony | Pori | 620 | 8 | 8 | 06:10.468 | 1:20:53.130 | |
| Age 40-44 | 3 | M | Michael | Johnson | 811 | 12 | 12 | 06:32.860 | 1:25:46.460 | |
| Age 40-44 | 4 | M | Mark | Coffman | 528 | 20 | 17 | 06:48.626 | 1:29:13.000 | |
| Age 40-44 | 5 | M | JR | Mendoza | 602 | 21 | 18 | 06:51.058 | 1:29:44.860 | |
| Age 40-44 | 6 | M | Rob | Hancock | 562 | 22 | 19 | 06:51.664 | 1:29:52.800 | |
| Age 40-44 | 7 | M | Clark | Miller | 696 | 24 | 21 | 06:53.354 | 1:30:14.940 | |
| Age 40-44 | 8 | M | ken | killinglebeck | 579 | 27 | 24 | 06:56.785 | 1:30:59.890 | |
| Age 40-44 | 9 | M | John | Kirkpatrick | 581 | 38 | 31 | 07:27.342 | 1:37:40.180 | |
| Age 40-44 | 10 | M | D | Crowell | 533 | 70 | 50 | 08:15.166 | 1:48:06.670 | |
| Age 40-44 | 11 | M | robert | powell | 622 | 71 | 51 | 08:15.837 | 1:48:15.470 | |
| Age 40-44 | 12 | M | Charlie | Grasham | 555 | 77 | 53 | 08:21.677 | 1:49:31.970 | |
| Age 40-44 | 13 | M | James | Vincent | 654 | 86 | 57 | 08:32.373 | 1:51:52.080 | |
| Age 40-44 | 14 | M | tim | Gray | 557 | 108 | 67 | 08:54.294 | 1:56:39.250 | |
| Age 40-44 | 15 | M | Randy | McNeil | 676 | 116 | 68 | 09:15.770 | 2:01:20.590 | |
| Age 40-44 | 16 | M | Shane | Mace | 594 | 131 | 73 | 09:40.373 | 2:06:42.890 | |

**Fit For Life 2009
Half Marathon
Group Results**

| Division | Place | | First Name | Last Name | Bib | Place | | Pace | Clock Time |
|-----------|-------|-----|------------|------------|-----|-------|-----|-----------|-------------|
| | Div | Sex | | | | OA | Sex | | |
| Age 40-44 | 17 | M | scott | mulcahy | 606 | 148 | 81 | 10:00.968 | 2:11:12.680 |
| Age 40-44 | 18 | M | Mark | Sever | 691 | 157 | 84 | 10:17.709 | 2:14:51.990 |
| Age 40-44 | 19 | M | Michael | Ivy | 575 | 184 | 92 | 11:52.332 | 2:35:31.550 |
| Age 45-49 | 1 | F | kathy | root | 627 | 87 | 30 | 08:33.933 | 1:52:12.520 |
| Age 45-49 | 2 | F | Julene | Andrews | 503 | 164 | 78 | 10:24.837 | 2:16:25.370 |
| Age 45-49 | 3 | F | Deanna | Brock | 515 | 179 | 89 | 11:11.488 | 2:26:36.490 |
| Age 45-49 | 4 | F | LISA | LOY | 592 | 180 | 90 | 11:23.056 | 2:29:08.040 |
| Age 45-49 | 5 | F | candi | steffes | 643 | 190 | 96 | 12:30.802 | 2:43:55.510 |
| Age 45-49 | 6 | F | Anita-Nell | Swanson | 647 | 193 | 98 | 12:50.288 | 2:48:10.770 |
| Age 45-49 | DNF | F | Rebecca | Migas | 603 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 45-49 | DNF | F | JANE | DAHLBERG | 534 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 45-49 | 1 | M | Ron | Lake | 585 | 23 | 20 | 06:51.873 | 1:29:55.530 |
| Age 45-49 | 2 | M | John | Dudek | 700 | 25 | 22 | 06:54.644 | 1:30:31.840 |
| Age 45-49 | 3 | M | Doug | Campbell | 519 | 66 | 48 | 08:07.073 | 1:46:20.660 |
| Age 45-49 | 4 | M | Mark | Eckenrode | 543 | 67 | 49 | 08:11.479 | 1:47:18.380 |
| Age 45-49 | 5 | M | Dong | Kim | 580 | 73 | 52 | 08:16.731 | 1:48:27.170 |
| Age 45-49 | 6 | M | Mike | Petersen | 616 | 84 | 56 | 08:29.991 | 1:51:20.880 |
| Age 45-49 | 7 | M | Steve | Andrews | 504 | 98 | 62 | 08:46.192 | 1:54:53.110 |
| Age 45-49 | 8 | M | Lee | Gilbert | 551 | 104 | 64 | 08:49.486 | 1:55:36.270 |
| Age 45-49 | 9 | M | hugh | marlor | 596 | 135 | 75 | 09:45.824 | 2:07:54.290 |
| Age 45-49 | 10 | M | Joe | Goicoechea | 553 | 139 | 78 | 09:50.515 | 2:08:55.740 |
| Age 50-54 | 1 | F | Sherrill | Scovil | 631 | 186 | 94 | 12:10.756 | 2:39:32.900 |
| Age 50-54 | 2 | F | KC | Hezeltine | 530 | 194 | 99 | 12:50.319 | 2:48:11.180 |
| Age 50-54 | 1 | M | David | Heidt | 566 | 29 | 25 | 07:01.918 | 1:32:07.120 |
| Age 50-54 | 2 | M | Kent | Ness | 608 | 81 | 54 | 08:25.218 | 1:50:18.350 |
| Age 50-54 | 3 | M | Don | Grotting | 558 | 162 | 86 | 10:23.178 | 2:16:03.630 |
| Age 55-59 | 1 | M | Sergio | Gutierrez | 560 | 19 | 16 | 06:48.311 | 1:29:08.880 |
| Age 55-59 | 2 | M | Randy | Harris | 563 | 45 | 33 | 07:40.705 | 1:40:35.240 |
| Age 55-59 | 3 | M | Mike | McNees | 669 | 49 | 35 | 07:43.947 | 1:41:17.700 |
| Age 55-59 | 4 | M | Tim | Labrousse | 583 | 88 | 58 | 08:34.608 | 1:52:21.360 |
| Age 55-59 | 5 | M | Robert | Lewis | 590 | 107 | 66 | 08:53.756 | 1:56:32.210 |
| Age 55-59 | 6 | M | Albert | Clement | 526 | 137 | 77 | 09:47.067 | 2:08:10.580 |
| Age 55-59 | 7 | M | Roger | Scovil | 632 | 187 | 93 | 12:10.797 | 2:39:33.440 |
| Age 55-59 | DNF | M | jim | streit | 644 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 60-64 | 1 | F | Bonnie | Clark | 524 | 120 | 51 | 09:20.807 | 2:02:26.570 |
| Age 60-64 | 2 | F | BB | Hill | 694 | 152 | 70 | 10:06.416 | 2:12:24.050 |
| Age 60-64 | 1 | M | Dusty | Rhodes | 692 | 161 | 85 | 10:22.902 | 2:16:00.010 |
| Age 65+ | 1 | M | feliks | pazdan | 615 | 154 | 83 | 10:08.223 | 2:12:47.720 |

**Fit For Life 2009
Half Marathon
Group Results**

| Division | Place Div | Sex | First Name | Last Name | Bib | Place OA | Place Sex | Pace | Clock Time |
|-----------------|----------------------|------------|-------------------|------------------|------------|---------------------|----------------------|-------------|-------------------|
| Unknown | 1 | M | Dorian | Whitford | 663 | 177 | 90 | 11:10.040 | 2:26:17.530 |

**Fit For Life 2009
Half Marathon
List by Name - All**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|--------------|-----|-----|----------------|-------|-----|-----|-----------|-------------|
| | DNF | Ragen | Agler | 501 | DNF | Age 30-34 | DNF | F | | 00:00.000 | 00:00.000 |
| | 109 | Beth | Ahrend | 502 | 9 | Age 30-34 | 42 | F | | 09:00.292 | 1:57:57.830 |
| | 164 | Julene | Andrews | 503 | 2 | Age 45-49 | 78 | F | | 10:24.837 | 2:16:25.370 |
| | 98 | Steve | Andrews | 504 | 7 | Age 45-49 | 62 | M | | 08:46.192 | 1:54:53.110 |
| | 173 | Brandi | Armbruster | 505 | 23 | Age 35-39 | 85 | F | | 10:57.696 | 2:23:35.820 |
| | 132 | Bridget | Ash | 806 | 10 | Age 40-44 | 59 | F | | 09:41.035 | 2:06:51.560 |
| | 172 | Brandy | Ashley | 506 | 21 | Age 30-34 | 84 | F | | 10:56.321 | 2:23:17.810 |
| | 6 | Brian | Baker | 677 | 1 | Age 40-44 | 6 | M | | 06:08.669 | 1:20:29.570 |
| | 119 | Katie | Bard | 667 | 14 | Age 30-34 | 50 | F | | 09:20.589 | 2:02:23.720 |
| | 156 | Jorene | Batali | 507 | 21 | Age 35-39 | 73 | F | | 10:11.795 | 2:13:34.510 |
| | 158 | donna | beeson | 508 | 22 | Age 35-39 | 74 | F | | 10:20.463 | 2:15:28.060 |
| | 169 | Dani | Bell | 509 | 1 | Age 14 & Under | 81 | F | | 10:45.900 | 2:21:01.290 |
| | 174 | Rebecca | Benavides | 510 | 22 | Age 30-34 | 86 | F | | 10:58.622 | 2:23:47.950 |
| | 102 | Allison | Bender | 511 | 4 | Age 25-29 | 39 | F | | 08:49.171 | 1:55:32.140 |
| | 3 | Brandy | Bengoechea | 512 | - | Age 35-39 | 3 | M | | 05:59.844 | 1:18:33.960 |
| | 103 | Rachael | Bickerton | 513 | 13 | Age 35-39 | 40 | F | | 08:49.347 | 1:55:34.440 |
| | 72 | Ann | Braley-Smith | 514 | 3 | Age 40-44 | 21 | F | | 08:16.121 | 1:48:19.190 |
| | 179 | Deanna | Brock | 515 | 3 | Age 45-49 | 89 | F | | 11:11.488 | 2:26:36.490 |
| | 112 | Casey | Brown | 517 | 11 | Age 30-34 | 45 | F | | 09:02.330 | 1:58:24.520 |
| | 149 | Travis | Brown | 516 | 16 | Age 35-39 | 82 | M | | 10:01.469 | 2:11:19.250 |
| | 52 | Matt | Broxson | 682 | 7 | Age 35-39 | 38 | M | | 07:53.063 | 1:43:17.130 |
| | 111 | Erin | Bulcher | 518 | 5 | Age 20-24 | 44 | F | | 09:02.204 | 1:58:22.870 |
| | 66 | Doug | Campbell | 519 | 3 | Age 45-49 | 48 | M | | 08:07.073 | 1:46:20.660 |
| | DNF | Christie | Caplinger | 520 | DNF | Age 25-29 | DNF | F | | 00:00.000 | 00:00.000 |
| | 151 | Stephanie | Carpenter | 521 | 19 | Age 35-39 | 69 | F | | 10:06.020 | 2:12:18.860 |
| | 140 | Amber | Chilcoat | 523 | 8 | Age 25-29 | 62 | F | | 09:50.979 | 2:09:01.820 |
| | 147 | Stephen | Chilcoat | 522 | 12 | Age 30-34 | 80 | M | | 09:58.621 | 2:10:41.940 |
| | 51 | Bill | Clark | 525 | 6 | Age 35-39 | 37 | M | | 07:46.336 | 1:41:49.000 |
| | 120 | Bonnie | Clark | 524 | 1 | Age 60-64 | 51 | F | | 09:20.807 | 2:02:26.570 |
| | 105 | Tony | Clark | 817 | 9 | Age 30-34 | 65 | M | | 08:49.996 | 1:55:42.950 |
| | 137 | Albert | Clement | 526 | 6 | Age 55-59 | 77 | M | | 09:47.067 | 2:08:10.580 |
| | 182 | Tamara | Cochran | 670 | 11 | Age 25-29 | 92 | F | | 11:36.182 | 2:31:59.980 |
| | 74 | Kristen | Coddington | 527 | 7 | Age 30-34 | 22 | F | | 08:18.247 | 1:48:47.040 |
| | 17 | Cynthia | Coffman | 529 | - | Age 35-39 | 3 | F | | 06:45.141 | 1:28:27.350 |
| | 20 | Mark | Coffman | 528 | 4 | Age 40-44 | 17 | M | | 06:48.626 | 1:29:13.000 |
| | 133 | Robert | Collins | 569 | 4 | Age 25-29 | 74 | M | | 09:42.062 | 2:07:05.010 |
| | 129 | Shelley | Comstock | 531 | 16 | Age 30-34 | 58 | F | | 09:35.401 | 2:05:37.750 |
| | 122 | Curtis | Cook | 532 | 14 | Age 35-39 | 70 | M | | 09:25.556 | 2:03:28.780 |
| | 70 | D | Crowell | 533 | 10 | Age 40-44 | 50 | M | | 08:15.166 | 1:48:06.670 |
| | DNF | JANE | DAHLBERG | 534 | DNF | Age 45-49 | DNF | F | | 00:00.000 | 00:00.000 |
| | 89 | Jeff | Darling | 535 | 11 | Age 35-39 | 59 | M | | 08:35.373 | 1:52:31.390 |
| | 56 | Katy | Daron | 536 | 5 | Age 30-34 | 17 | F | | 07:59.144 | 1:44:36.780 |
| | 197 | Angie | Davis | 537 | 27 | Age 35-39 | 102 | F | | 12:51.411 | 2:48:25.480 |
| | 100 | Daniel | DeLaet | 538 | 8 | Age 30-34 | 63 | M | | 08:47.023 | 1:55:04.000 |
| | 11 | Derek | Derkacs | 539 | 2 | Age 25-29 | 11 | M | | 06:25.839 | 1:24:14.490 |
| | 165 | Eugene | Dina | 540 | 13 | Age 30-34 | 87 | M | | 10:35.105 | 2:18:39.880 |

**Fit For Life 2009
Half Marathon
List by Name - All**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|------------|-----|-----|----------------|-------|-----|-----------|-------------|------------|
| | 25 | John | Dudek | 700 | 2 | Age 45-49 | 22 | M | 06:54.644 | 1:30:31.840 | |
| | 67 | Mark | Eckenrode | 543 | 4 | Age 45-49 | 49 | M | 08:11.479 | 1:47:18.380 | |
| | 144 | Kate | Eldridge | 668 | 17 | Age 35-39 | 65 | F | 09:53.785 | 2:09:38.590 | |
| | 59 | Marcy | Ellsworth | 544 | 6 | Age 35-39 | 18 | F | 08:02.224 | 1:45:17.140 | |
| | 32 | Bryan | Escobedo | 545 | 1 | Age 30-34 | 27 | M | 07:09.641 | 1:33:48.300 | |
| | 128 | patty | escobedo | 546 | 7 | Age 25-29 | 57 | F | 09:34.119 | 2:05:20.960 | |
| | 136 | Chase | Fly | 547 | 5 | Age 25-29 | 76 | M | 09:46.046 | 2:07:57.200 | |
| | 153 | Jennifer | Fonnesbeck | 548 | 20 | Age 35-39 | 71 | F | 10:07.859 | 2:12:42.950 | |
| | 30 | Daren | Garey | 549 | 2 | Age 35-39 | 26 | M | 07:03.991 | 1:32:34.280 | |
| | 134 | Leah | Garey | 550 | 15 | Age 35-39 | 60 | F | 09:45.691 | 2:07:52.550 | |
| | 104 | Lee | Gilbert | 551 | 8 | Age 45-49 | 64 | M | 08:49.486 | 1:55:36.270 | |
| | 58 | Sergei | Gilmore | 552 | 6 | Age 15-19 | 41 | M | 08:01.090 | 1:45:02.280 | |
| | 200 | Janelle | Gilson | 689 | 17 | Age 40-44 | 105 | F | 16:23.791 | 3:34:47.660 | |
| | 139 | Joe | Goicoechea | 553 | 10 | Age 45-49 | 78 | M | 09:50.515 | 2:08:55.740 | |
| | 53 | KRISTA | GRAJEDA | 554 | 4 | Age 35-39 | 15 | F | 07:54.015 | 1:43:29.590 | |
| | 77 | Charlie | Grasham | 555 | 12 | Age 40-44 | 53 | M | 08:21.677 | 1:49:31.970 | |
| | 171 | kim | gray | 556 | 15 | Age 40-44 | 83 | F | 10:56.205 | 2:23:16.280 | |
| | 108 | tim | Gray | 557 | 14 | Age 40-44 | 67 | M | 08:54.294 | 1:56:39.250 | |
| | 47 | Jana | Grindheim | 680 | 2 | Age 20-24 | 14 | F | 07:43.040 | 1:41:05.820 | |
| | 162 | Don | Grotting | 558 | 3 | Age 50-54 | 86 | M | 10:23.178 | 2:16:03.630 | |
| | 14 | Ana | Guijarro | 559 | - | Age 25-29 | 1 | F | 06:41.354 | 1:27:37.740 | |
| | 19 | Sergio | Gutierrez | 560 | 1 | Age 55-59 | 16 | M | 06:48.311 | 1:29:08.880 | |
| | 62 | Conner | Hall | 561 | 4 | Age 20-24 | 44 | M | 08:05.664 | 1:46:02.200 | |
| | 80 | Lindsey | Hampton | 685 | 2 | Age 25-29 | 27 | F | 08:25.113 | 1:50:16.980 | |
| | 22 | Rob | Hancock | 562 | 6 | Age 40-44 | 19 | M | 06:51.664 | 1:29:52.800 | |
| | 45 | Randy | Harris | 563 | 2 | Age 55-59 | 33 | M | 07:40.705 | 1:40:35.240 | |
| | 1 | Robet | Harrison | 818 | - | Age 20-24 | 1 | M | 05:38.431 | 1:13:53.450 | |
| | 160 | Kelly | Harvey | 564 | 11 | Age 40-44 | 76 | F | 10:22.046 | 2:15:48.800 | |
| | 170 | Gina | Heideman | 565 | 10 | Age 25-29 | 82 | F | 10:55.681 | 2:23:09.420 | |
| | 29 | David | Heidt | 566 | 1 | Age 50-54 | 25 | M | 07:01.918 | 1:32:07.120 | |
| | 95 | Ashlee | Hemmert | 567 | 1 | Age 15-19 | 34 | F | 08:43.673 | 1:54:20.110 | |
| | 146 | Memory | Hessing | 568 | 19 | Age 30-34 | 67 | F | 09:56.679 | 2:10:16.500 | |
| | 50 | Michael | Heywood | 686 | 4 | Age 30-34 | 36 | M | 07:44.357 | 1:41:23.080 | |
| | 194 | KC | Hezeltine | 530 | 2 | Age 50-54 | 99 | F | 12:50.319 | 2:48:11.180 | |
| | 152 | BB | Hill | 694 | 2 | Age 60-64 | 70 | F | 10:06.416 | 2:12:24.050 | |
| | 91 | Heather | Hill | 697 | 5 | Age 40-44 | 31 | F | 08:39.981 | 1:53:31.750 | |
| | 201 | Rhonda | Holder | 570 | 28 | Age 35-39 | 106 | F | 17:08.664 | 3:44:35.500 | |
| | 43 | Angela | Horrocks | 571 | 3 | Age 35-39 | 11 | F | 07:37.248 | 1:39:49.950 | |
| | 143 | Corrie | Hugaboom | 572 | 18 | Age 30-34 | 64 | F | 09:53.646 | 2:09:36.760 | |
| | 188 | Devan | Irons | 574 | 1 | Age 14 & Under | 94 | M | 12:17.546 | 2:41:01.850 | |
| | 202 | Heidi | Irons | 573 | 29 | Age 35-39 | 107 | F | 17:08.727 | 3:44:36.330 | |
| | 184 | Michael | Ivy | 575 | 19 | Age 40-44 | 92 | M | 11:52.332 | 2:35:31.550 | |
| | DNF | Travis | Jacob | 576 | DNF | Age 35-39 | DNF | M | 00:00.000 | 00:00.000 | |
| | 9 | Ryan | Jaggi | 807 | 3 | Age 15-19 | 9 | M | 06:19.024 | 1:22:45.220 | |
| | 145 | Katy | Jibben | 577 | 6 | Age 20-24 | 66 | F | 09:56.534 | 2:10:14.600 | |
| | 12 | Michael | Johnson | 811 | 3 | Age 40-44 | 12 | M | 06:32.860 | 1:25:46.460 | |

**Fit For Life 2009
Half Marathon
List by Name - All**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|---------------|-----|-----|-----------|-------|-----|-----|-----------|-------------|
| | 163 | Maricela | Jones | 578 | 12 | Age 40-44 | 77 | F | | 10:24.046 | 2:16:15.000 |
| | 26 | Loren | Joski | 695 | 1 | Age 35-39 | 23 | M | | 06:55.945 | 1:30:48.880 |
| | 44 | Shenee | Keller | 693 | 1 | Age 40-44 | 12 | F | | 07:40.376 | 1:40:30.930 |
| | 27 | ken | killingbeck | 579 | 8 | Age 40-44 | 24 | M | | 06:56.785 | 1:30:59.890 |
| | 73 | Dong | Kim | 580 | 5 | Age 45-49 | 52 | M | | 08:16.731 | 1:48:27.170 |
| | 38 | John | Kirkpatrick | 581 | 9 | Age 40-44 | 31 | M | | 07:27.342 | 1:37:40.180 |
| | 63 | Dustin | Kisner | 582 | 5 | Age 20-24 | 45 | M | | 08:05.759 | 1:46:03.440 |
| | 114 | Laura | Knothe | 814 | 7 | Age 40-44 | 47 | F | | 09:07.662 | 1:59:34.370 |
| | 88 | Tim | Labrousse | 583 | 4 | Age 55-59 | 58 | M | | 08:34.608 | 1:52:21.360 |
| | 46 | Kari | Lake | 584 | 2 | Age 40-44 | 13 | F | | 07:41.283 | 1:40:42.810 |
| | 23 | Ron | Lake | 585 | 1 | Age 45-49 | 20 | M | | 06:51.873 | 1:29:55.530 |
| | 60 | Zach | Leckenby | 586 | 2 | Age 20-24 | 42 | M | | 08:03.247 | 1:45:30.540 |
| | 176 | Julie | Lee | 587 | 23 | Age 30-34 | 87 | F | | 10:59.640 | 2:24:01.280 |
| | 189 | Holly | Legarreta | 588 | 25 | Age 35-39 | 95 | F | | 12:24.350 | 2:42:30.980 |
| | 150 | Billie | Leinum | 589 | 18 | Age 35-39 | 68 | F | | 10:04.656 | 2:12:01.000 |
| | 107 | Robert | Lewis | 590 | 5 | Age 55-59 | 66 | M | | 08:53.756 | 1:56:32.210 |
| | 106 | Jenica | Limb | 591 | 2 | Age 15-19 | 41 | F | | 08:52.715 | 1:56:18.560 |
| | 33 | Jose | Lopez | 698 | 2 | Age 30-34 | 28 | M | | 07:10.810 | 1:34:03.610 |
| | 180 | LISA | LOY | 592 | 4 | Age 45-49 | 90 | F | | 11:23.056 | 2:29:08.040 |
| | 68 | Trina | Lund | 593 | 6 | Age 30-34 | 19 | F | | 08:11.970 | 1:47:24.810 |
| | 131 | Shane | Mace | 594 | 16 | Age 40-44 | 73 | M | | 09:40.373 | 2:06:42.890 |
| | 126 | Serena | Mackey | 595 | 8 | Age 40-44 | 55 | F | | 09:32.792 | 2:05:03.580 |
| | 135 | hugh | marlor | 596 | 9 | Age 45-49 | 75 | M | | 09:45.824 | 2:07:54.290 |
| | 34 | Hugo | Martinez | 699 | 3 | Age 35-39 | 29 | M | | 07:13.042 | 1:34:32.850 |
| | 178 | Ginger | McCabe | 597 | 24 | Age 35-39 | 88 | F | | 11:11.296 | 2:26:33.980 |
| | 76 | JeNelle | McEwan | 598 | 4 | Age 40-44 | 24 | F | | 08:19.008 | 1:48:57.000 |
| | 175 | Bryan | McInturff | 599 | 6 | Age 20-24 | 89 | M | | 10:59.150 | 2:23:54.860 |
| | 93 | Cindy | McKinney | 600 | 11 | Age 35-39 | 33 | F | | 08:42.145 | 1:54:00.100 |
| | 31 | Laurel | McMahan | 815 | 1 | Age 30-34 | 5 | F | | 07:05.114 | 1:32:48.990 |
| | 49 | Mike | McNees | 669 | 3 | Age 55-59 | 35 | M | | 07:43.947 | 1:41:17.700 |
| | 116 | Randy | McNeil | 676 | 15 | Age 40-44 | 68 | M | | 09:15.770 | 2:01:20.590 |
| | 99 | Rebecca | Meany | 679 | 12 | Age 35-39 | 37 | F | | 08:46.845 | 1:55:01.670 |
| | 110 | Heather | Meeks | 674 | 10 | Age 30-34 | 43 | F | | 09:01.018 | 1:58:07.340 |
| | 21 | JR | Mendoza | 602 | 5 | Age 40-44 | 18 | M | | 06:51.058 | 1:29:44.860 |
| | 115 | Kelly | Mendoza | 601 | 13 | Age 30-34 | 48 | F | | 09:10.398 | 2:00:10.220 |
| | 4 | Seth | Merriman | 688 | 1 | Age 25-29 | 4 | M | | 06:02.630 | 1:19:10.450 |
| | DNF | Rebecca | Migas | 603 | DNF | Age 45-49 | DNF | F | | 00:00.000 | 00:00.000 |
| | 35 | Le'iesl | Milan | 681 | 2 | Age 30-34 | 6 | F | | 07:16.811 | 1:35:22.230 |
| | 24 | Clark | Miller | 696 | 7 | Age 40-44 | 21 | M | | 06:53.354 | 1:30:14.940 |
| | 124 | Jennifer | Miller | 673 | 14 | Age 35-39 | 54 | F | | 09:30.104 | 2:04:28.360 |
| | 90 | Mathew | Miller | 672 | 12 | Age 35-39 | 60 | M | | 08:37.220 | 1:52:55.580 |
| | 94 | Brian | Mitchell | 604 | 7 | Age 30-34 | 61 | M | | 08:43.231 | 1:54:14.320 |
| | 185 | Marie | Mortensen | 605 | 12 | Age 25-29 | 93 | F | | 11:52.555 | 2:35:34.470 |
| | 148 | scott | mulcahy | 606 | 17 | Age 40-44 | 81 | M | | 10:00.968 | 2:11:12.680 |
| | 81 | Kent | Ness | 608 | 2 | Age 50-54 | 54 | M | | 08:25.218 | 1:50:18.350 |
| | 78 | Jamie | Neussendorfer | 816 | 8 | Age 30-34 | 25 | F | | 08:22.095 | 1:49:37.440 |

**Fit For Life 2009
Half Marathon
List by Name - All**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|-------------|-----|-----|-----------|-------|-----|-----|-----------|-------------|
| | 191 | Tyler | Nyman | 609 | 14 | Age 30-34 | 95 | M | | 12:33.847 | 2:44:35.400 |
| | 69 | Jennifer | Oak | 610 | 7 | Age 35-39 | 20 | F | | 08:13.310 | 1:47:42.360 |
| | 36 | Dax | Olvera | 612 | 4 | Age 35-39 | 30 | M | | 07:23.478 | 1:36:49.560 |
| | 83 | Jennifer | Olvera | 611 | 9 | Age 35-39 | 28 | F | | 08:26.746 | 1:50:38.370 |
| | 61 | Patrick | Osterkamp | 613 | 3 | Age 20-24 | 43 | M | | 08:03.347 | 1:45:31.850 |
| | 92 | Lisa | OToole | 614 | 6 | Age 40-44 | 32 | F | | 08:41.521 | 1:53:51.920 |
| | 154 | feliks | pazdan | 615 | 1 | Age 65+ | 83 | M | | 10:08.223 | 2:12:47.720 |
| | 84 | Mike | Petersen | 616 | 6 | Age 45-49 | 56 | M | | 08:29.991 | 1:51:20.880 |
| | 28 | Brittany | Peterson | 675 | 1 | Age 20-24 | 4 | F | | 06:57.859 | 1:31:13.950 |
| | 138 | Tonja | Phetmisay | 617 | 16 | Age 35-39 | 61 | F | | 09:50.405 | 2:08:54.300 |
| | 142 | Stephen | Phillips | 618 | 15 | Age 35-39 | 79 | M | | 09:51.881 | 2:09:13.640 |
| | 5 | Zachary | Pope | 619 | 1 | Age 15-19 | 5 | M | | 06:06.550 | 1:20:01.800 |
| | 8 | Tony | Pori | 620 | 2 | Age 40-44 | 8 | M | | 06:10.468 | 1:20:53.130 |
| | 117 | Crystal | Potter | 621 | 5 | Age 25-29 | 49 | F | | 09:16.362 | 2:01:28.340 |
| | 71 | robert | powell | 622 | 11 | Age 40-44 | 51 | M | | 08:15.837 | 1:48:15.470 |
| | 39 | Neil | Price | 623 | 5 | Age 35-39 | 32 | M | | 07:28.304 | 1:37:52.780 |
| | DNF | Mallory | Radford | 624 | DNF | Age 20-24 | DNF | F | | 00:00.000 | 00:00.000 |
| | 130 | Bill | Ramey | 625 | 11 | Age 30-34 | 72 | M | | 09:38.370 | 2:06:16.650 |
| | 161 | Dusty | Rhodes | 692 | 1 | Age 60-64 | 85 | M | | 10:22.902 | 2:16:00.010 |
| | 7 | Nick | Ribera | 808 | 2 | Age 15-19 | 7 | M | | 06:09.987 | 1:20:46.830 |
| | 118 | Joseph | Richards | 626 | 13 | Age 35-39 | 69 | M | | 09:19.661 | 2:02:11.560 |
| | 65 | Daniel | Rodriguez | 805 | 9 | Age 35-39 | 47 | M | | 08:06.962 | 1:46:19.200 |
| | 15 | Bubba | Roeper | 809 | 5 | Age 15-19 | 14 | M | | 06:42.956 | 1:27:58.730 |
| | 87 | kathy | root | 627 | 1 | Age 45-49 | 30 | F | | 08:33.933 | 1:52:12.520 |
| | 195 | Hope | Rowning | 628 | 16 | Age 40-44 | 100 | F | | 12:50.483 | 2:48:13.330 |
| | DNF | Joe | Runyan | 629 | DNF | Age 20-24 | DNF | M | | 00:00.000 | 00:00.000 |
| | 113 | gianina | sanner | 630 | 12 | Age 30-34 | 46 | F | | 09:02.981 | 1:58:33.050 |
| | 18 | Scott | Schneider | 666 | 3 | Age 25-29 | 15 | M | | 06:48.234 | 1:29:07.860 |
| | 187 | Roger | Scovil | 632 | 7 | Age 55-59 | 93 | M | | 12:10.797 | 2:39:33.440 |
| | 186 | Sherrill | Scovil | 631 | 1 | Age 50-54 | 94 | F | | 12:10.756 | 2:39:32.900 |
| | 199 | jill | seamons | 633 | 15 | Age 25-29 | 104 | F | | 15:52.746 | 3:28:00.970 |
| | 40 | Docmay | Senebandith | 634 | 3 | Age 30-34 | 8 | F | | 07:28.599 | 1:37:56.650 |
| | 157 | Mark | Sever | 691 | 18 | Age 40-44 | 84 | M | | 10:17.709 | 2:14:51.990 |
| | 37 | Suzanne | Sever | 690 | 1 | Age 35-39 | 7 | F | | 07:24.369 | 1:37:01.230 |
| | 125 | Tony | Severa | 635 | 10 | Age 30-34 | 71 | M | | 09:31.560 | 2:04:47.430 |
| | 42 | Lori | Shandro | 636 | 2 | Age 35-39 | 10 | F | | 07:37.139 | 1:39:48.520 |
| | 101 | Karla | Smetana | 637 | 3 | Age 25-29 | 38 | F | | 08:47.142 | 1:55:05.560 |
| | 41 | Shawna | Smith | 638 | 4 | Age 30-34 | 9 | F | | 07:32.444 | 1:38:47.020 |
| | 79 | Shana | Soelberg | 639 | 1 | Age 25-29 | 26 | F | | 08:22.595 | 1:49:44.000 |
| | 123 | kimberly | sorensen | 640 | 15 | Age 30-34 | 53 | F | | 09:26.794 | 2:03:45.000 |
| | 181 | Tiffany | Sower | 641 | 7 | Age 20-24 | 91 | F | | 11:24.876 | 2:29:31.880 |
| | 57 | Ryan | Stearns | 642 | 6 | Age 30-34 | 40 | M | | 07:59.588 | 1:44:42.600 |
| | 190 | candi | steffes | 643 | 5 | Age 45-49 | 96 | F | | 12:30.802 | 2:43:55.510 |
| | DNF | jim | streit | 644 | DNF | Age 55-59 | DNF | M | | 00:00.000 | 00:00.000 |
| | 64 | Rich | Stuppy | 645 | 8 | Age 35-39 | 46 | M | | 08:06.679 | 1:46:15.490 |
| | 193 | Anita-Nell | Swanson | 647 | 6 | Age 45-49 | 98 | F | | 12:50.288 | 2:48:10.770 |

**Fit For Life 2009
Half Marathon
List by Name - All**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|-----------|-----|-----|-----------|-------|-----|-----------|-------------|------------|
| | 10 | scott | sweet | 646 | 4 | Age 15-19 | 10 | M | 06:20.733 | 1:23:07.600 | |
| | 55 | Brevin | Theobald | 648 | 5 | Age 30-34 | 39 | M | 07:57.742 | 1:44:18.420 | |
| | 141 | Angela | Thueson | 683 | 17 | Age 30-34 | 63 | F | 09:51.198 | 2:09:04.690 | |
| | 168 | Dwight | Thurston | 649 | 17 | Age 35-39 | 88 | M | 10:41.751 | 2:20:06.940 | |
| | 13 | Cris | Tietsort | 650 | 1 | Age 20-24 | 13 | M | 06:39.721 | 1:27:16.340 | |
| | 75 | Julie | Tinney | 651 | 8 | Age 35-39 | 23 | F | 08:18.363 | 1:48:48.560 | |
| | 155 | Michelle | Travis | 652 | 9 | Age 25-29 | 72 | F | 10:09.860 | 2:13:09.160 | |
| | 82 | William | Vaughan | 653 | 10 | Age 35-39 | 55 | M | 08:25.331 | 1:50:19.840 | |
| | 86 | James | Vincent | 654 | 13 | Age 40-44 | 57 | M | 08:32.373 | 1:51:52.080 | |
| | 2 | Josh | Wageman | 655 | - | Age 20-24 | 2 | M | 05:40.087 | 1:14:15.140 | |
| | 198 | Andrea | Wahl | 656 | 14 | Age 25-29 | 103 | F | 14:08.967 | 3:05:21.470 | |
| | 127 | Shawn | Waite | 657 | 9 | Age 40-44 | 56 | F | 09:32.920 | 2:05:05.250 | |
| | 159 | dena | walker | 658 | 20 | Age 30-34 | 75 | F | 10:20.566 | 2:15:29.410 | |
| | 192 | Tawnya | Ward | 659 | 26 | Age 35-39 | 97 | F | 12:33.949 | 2:44:36.730 | |
| | 85 | Maria | Weber | 660 | 10 | Age 35-39 | 29 | F | 08:32.201 | 1:51:49.830 | |
| | 166 | Lorie | Whitcomb | 661 | 13 | Age 40-44 | 79 | F | 10:38.266 | 2:19:21.280 | |
| | 96 | Brittany | White | 813 | 3 | Age 20-24 | 35 | F | 08:45.865 | 1:54:48.830 | |
| | 97 | Paige | White | 812 | 4 | Age 20-24 | 36 | F | 08:45.986 | 1:54:50.420 | |
| | 177 | Dorian | Whitford | 663 | 1 | Unknown | 90 | M | 11:10.040 | 2:26:17.530 | |
| | 196 | Tara | Whitford | 662 | 13 | Age 25-29 | 101 | F | 12:51.336 | 2:48:24.500 | |
| | 16 | Jessica | Wiggins | 810 | - | Age 25-29 | 2 | F | 06:43.629 | 1:28:07.540 | |
| | 167 | Belinda | Wilson | 664 | 14 | Age 40-44 | 80 | F | 10:41.145 | 2:19:59.000 | |
| | 183 | Zachary | Wood | 665 | 7 | Age 20-24 | 91 | M | 11:41.994 | 2:33:16.120 | |
| | 48 | Ryan | Wooding | 671 | 3 | Age 30-34 | 34 | M | 07:43.253 | 1:41:08.610 | |
| | 121 | Alanya | Wyne | 684 | 6 | Age 25-29 | 52 | F | 09:24.439 | 2:03:14.150 | |
| | 54 | Alicia | Young | 687 | 5 | Age 35-39 | 16 | F | 07:56.637 | 1:44:03.950 | |

Fit For Life 2009

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Full Results - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|----|------------|------------|-----|-----|-----------|-----|-----|-----------|-------------|
| | 1 | Zach | Waynetsha | 793 | - | Age 15-19 | 1 | M | 06:00.296 | 37:18.880 |
| | 2 | Brian | Faulks | 799 | - | Age 45-49 | 2 | M | 06:18.141 | 39:09.770 |
| | 3 | Dan | Zuckerman | 788 | - | Age 30-34 | 3 | M | 06:29.174 | 40:18.330 |
| | 4 | Kristtan | Brown | 842 | 1 | Age 15-19 | 4 | M | 07:01.033 | 43:36.300 |
| | 5 | Jace | Skyles | 845 | 2 | Age 15-19 | 5 | M | 07:04.710 | 43:59.150 |
| | 6 | Marquita | Palmer | 794 | - | Age 15-19 | 1 | F | 07:09.474 | 44:28.750 |
| | 7 | Jeremy | Mihaylo | 754 | 1 | Age 25-29 | 6 | M | 07:15.323 | 45:05.100 |
| | 8 | Glenn | Robinette | 766 | 1 | Age 45-49 | 7 | M | 07:16.526 | 45:12.570 |
| | 9 | Miguel | Varela | 783 | 1 | Age 20-24 | 8 | M | 07:17.958 | 45:21.470 |
| | 10 | Eric | Hackett | 732 | 2 | Age 25-29 | 9 | M | 07:22.898 | 45:52.170 |
| | 11 | Keesha | Brown | 841 | - | Age 15-19 | 2 | F | 07:34.038 | 47:01.390 |
| | 12 | Lauren | Hackett | 733 | - | Age 25-29 | 3 | F | 07:40.409 | 47:40.980 |
| | 13 | Seth | Gowans | 725 | 3 | Age 25-29 | 10 | M | 07:53.808 | 49:04.240 |
| | 14 | Craig | Pentecost | 846 | 1 | Age 30-34 | 11 | M | 07:59.179 | 49:37.620 |
| | 15 | Megan | Wilson | 785 | 1 | Age 15-19 | 4 | F | 08:02.977 | 50:01.220 |
| | 16 | Monty | Sears | 770 | 2 | Age 45-49 | 12 | M | 08:13.080 | 51:04.000 |
| | 17 | Nate | Shimatsu | 771 | 2 | Age 30-34 | 13 | M | 08:16.452 | 51:24.950 |
| | 18 | Natalie | Hanks | 735 | 1 | Age 25-29 | 5 | F | 08:18.956 | 51:40.510 |
| | 19 | Morgen | Ellis | 843 | 2 | Age 15-19 | 6 | F | 08:25.294 | 52:19.900 |
| | 20 | Adrienne | Daines | 714 | 2 | Age 25-29 | 7 | F | 08:32.304 | 53:03.460 |
| | 21 | Paul | Rush | 768 | 3 | Age 30-34 | 14 | M | 08:37.024 | 53:32.790 |
| | 22 | Christie | Bauscher | 705 | 3 | Age 25-29 | 8 | F | 08:40.444 | 53:54.040 |
| | 23 | Gerry | Guzman | 731 | 1 | Age 55-59 | 15 | M | 08:40.608 | 53:55.060 |
| | 24 | Katherine | Ohlmeyer | 758 | 4 | Age 25-29 | 9 | F | 08:44.245 | 54:17.660 |
| | 25 | Nicole | Hill | 738 | 5 | Age 25-29 | 10 | F | 08:50.790 | 54:58.330 |
| | 26 | Ashley | Taylor | 777 | 6 | Age 25-29 | 11 | F | 08:58.101 | 55:43.760 |
| | 27 | Crystal | Curry | 712 | 7 | Age 25-29 | 12 | F | 09:00.587 | 55:59.210 |
| | 28 | Maria | Ramey | 790 | 1 | Age 30-34 | 13 | F | 09:05.261 | 56:28.250 |
| | 29 | Summer | Nead | 607 | 2 | Age 30-34 | 14 | F | 09:08.632 | 56:49.200 |
| | 30 | Patricia | DeLaet | 717 | 1 | Age 60-64 | 15 | F | 09:13.307 | 57:18.250 |
| | 31 | J.K. | Farris | 720 | 4 | Age 25-29 | 16 | M | 09:13.470 | 57:19.260 |
| | 32 | Jaron | Tietsort | 780 | 2 | Age 20-24 | 17 | M | 09:15.100 | 57:29.390 |
| | 33 | Jason | Nelson | 756 | 3 | Age 20-24 | 18 | M | 09:17.853 | 57:46.500 |
| | 34 | William | Daines | 713 | 4 | Age 30-34 | 19 | M | 09:20.053 | 58:00.170 |
| | 35 | Carolyn | Punt | 762 | 8 | Age 25-29 | 16 | F | 09:21.670 | 58:10.220 |
| | 36 | Jason | Kotter | 792 | 1 | Age 35-39 | 20 | M | 09:23.948 | 58:24.370 |
| | 37 | Beth | Hoagland | 739 | 9 | Age 25-29 | 17 | F | 09:24.794 | 58:29.630 |
| | 38 | Kari | Tschetter | 782 | 1 | Age 20-24 | 18 | F | 09:27.485 | 58:46.350 |
| | 39 | Kate | McGwire | 752 | 3 | Age 30-34 | 19 | F | 09:29.467 | 58:58.670 |
| | 40 | Ben | Simko | 772 | 2 | Age 55-59 | 21 | M | 09:30.978 | 59:08.060 |
| | 41 | Rosa | Avila | 703 | 10 | Age 25-29 | 20 | F | 09:33.965 | 59:26.620 |
| | 42 | Anthony | Newton | 757 | 5 | Age 25-29 | 22 | M | 09:34.117 | 59:27.560 |
| | 43 | Yanice | Kirkendall | 743 | 11 | Age 25-29 | 21 | F | 09:35.031 | 59:33.240 |
| | 44 | Walter | Fetterley | 721 | 1 | Age 50-54 | 23 | M | 09:38.669 | 59:55.850 |
| | 45 | Matt | Perkins | 795 | 5 | Age 30-34 | 24 | M | 09:40.253 | 1:00:05.690 |
| | 46 | Kim | Froehlich | 722 | 12 | Age 25-29 | 22 | F | 09:42.090 | 1:00:17.110 |

Fit For Life 2009

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Full Results - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|----|------------|---------------|-----|-----|-----------|-----|-----|-----------|-------------|
| | 47 | Renee | Jones | 742 | 13 | Age 25-29 | 23 | F | 09:42.276 | 1:00:18.260 |
| | 48 | Kathleen | Simko | 773 | 1 | Age 50-54 | 24 | F | 09:43.307 | 1:00:24.670 |
| | 49 | John | Greentree | 729 | 6 | Age 30-34 | 25 | M | 09:44.168 | 1:00:30.020 |
| | 50 | Gary | Green | 726 | 1 | Age 65+ | 26 | M | 09:51.812 | 1:01:17.520 |
| | 51 | Colbi | Ditter | 797 | 4 | Age 30-34 | 25 | F | 09:54.931 | 1:01:36.900 |
| | 52 | Cody | Human | 796 | 5 | Age 30-34 | 26 | F | 09:55.208 | 1:01:38.620 |
| | 53 | chris | minter | 755 | 2 | Age 35-39 | 27 | M | 09:56.342 | 1:01:45.670 |
| | 54 | Rick | Wuitschick | 786 | 3 | Age 55-59 | 28 | M | 09:56.532 | 1:01:46.850 |
| | 55 | Heather | Eshelby-Goade | 719 | 6 | Age 30-34 | 27 | F | 10:00.238 | 1:02:09.880 |
| | 56 | sherri | mason | 749 | 1 | Age 35-39 | 28 | F | 10:03.614 | 1:02:30.860 |
| | 57 | Brandy | Sutherland | 776 | 7 | Age 30-34 | 29 | F | 10:05.996 | 1:02:45.660 |
| | 58 | Carolyn | Calomeni | 710 | 2 | Age 50-54 | 30 | F | 10:18.808 | 1:04:05.270 |
| | 59 | INGE | TORREY | 781 | 1 | Age 45-49 | 31 | F | 10:20.542 | 1:04:16.050 |
| | 60 | Donna | Stettler | 775 | 8 | Age 30-34 | 32 | F | 10:20.723 | 1:04:17.170 |
| | 61 | Melanie | Vincent | 784 | 2 | Age 35-39 | 33 | F | 10:22.008 | 1:04:25.160 |
| | 62 | Ann | Nelson | 789 | 2 | Age 45-49 | 34 | F | 10:23.988 | 1:04:37.460 |
| | 63 | Sophia | Dinneen | 541 | 3 | Age 15-19 | 35 | F | 10:24.403 | 1:04:40.040 |
| | 64 | Paul | Dallmann | 716 | 1 | Age 60-64 | 29 | M | 10:24.601 | 1:04:41.270 |
| | 65 | Trina | Reyes | 764 | 1 | Age 40-44 | 36 | F | 10:38.455 | 1:06:07.360 |
| | 66 | Tandy | Reyes | 765 | 9 | Age 30-34 | 37 | F | 10:38.703 | 1:06:08.900 |
| | 67 | Kelli | Sears | 769 | 3 | Age 45-49 | 38 | F | 10:39.728 | 1:06:15.270 |
| | 68 | Joshua | Maline | 747 | 6 | Age 25-29 | 30 | M | 10:42.407 | 1:06:31.920 |
| | 69 | Lisa | Fuller | 723 | 4 | Age 45-49 | 39 | F | 10:44.231 | 1:06:43.250 |
| | 70 | Holli | High | 791 | 10 | Age 30-34 | 40 | F | 10:56.841 | 1:08:01.610 |
| | 71 | Connie | Aschenbrenner | 702 | 14 | Age 25-29 | 41 | F | 11:01.321 | 1:08:29.450 |
| | 72 | Deborah | Dakins | 715 | 5 | Age 45-49 | 42 | F | 11:17.385 | 1:10:09.270 |
| | 73 | Mary Beth | Blair | 707 | 15 | Age 25-29 | 43 | F | 11:25.051 | 1:10:56.910 |
| | 74 | Rochelle | Kubinski | 803 | 11 | Age 30-34 | 44 | F | 11:38.664 | 1:12:21.500 |
| | 75 | Laura | Rappaport | 763 | 6 | Age 45-49 | 45 | F | 11:40.678 | 1:12:34.010 |
| | 76 | Jennifer | Hoover | 740 | 12 | Age 30-34 | 46 | F | 11:42.586 | 1:12:45.870 |
| | 77 | Abigail | Martin | 748 | 2 | Age 20-24 | 47 | F | 11:49.668 | 1:13:29.880 |
| | 78 | Janet | Cherry | 800 | 3 | Age 35-39 | 48 | F | 11:55.859 | 1:14:08.350 |
| | 79 | Rebecca | Johnston | 804 | 4 | Age 35-39 | 49 | F | 12:01.989 | 1:14:46.440 |
| | 80 | Kathy | Harris | 737 | 1 | Age 55-59 | 50 | F | 12:03.437 | 1:14:55.440 |
| | 81 | Wendy | Klocko | 744 | 2 | Age 40-44 | 51 | F | 12:36.165 | 1:18:18.810 |
| | 82 | Meagan | Baker | 704 | 4 | Age 15-19 | 52 | F | 12:41.653 | 1:18:52.910 |
| | 83 | Linette | Greenleaf | 727 | 13 | Age 30-34 | 53 | F | 12:41.880 | 1:18:54.320 |
| | 84 | Evelyn | McCullough | 750 | 14 | Age 30-34 | 54 | F | 12:43.260 | 1:19:02.900 |
| | 85 | Sarah | Greentree | 728 | 15 | Age 30-34 | 55 | F | 13:13.145 | 1:22:08.600 |
| | 86 | Melissa | McDaniel | 751 | 16 | Age 30-34 | 56 | F | 13:14.870 | 1:22:19.320 |
| | 87 | Lexi | LeMesurier | 745 | 3 | Age 20-24 | 57 | F | 14:01.172 | 1:27:07.040 |
| | 88 | Pat | Stanger | 774 | 1 | Age 65+ | 58 | F | 14:07.551 | 1:27:46.680 |
| | 89 | Mary | Breckenridge | 798 | 2 | Age 55-59 | 59 | F | 14:07.782 | 1:27:48.120 |
| | 90 | Sara | Sturges | 801 | 5 | Age 35-39 | 60 | F | 14:13.962 | 1:28:26.520 |
| | 91 | Jeff | Pretz | 760 | 1 | Age 40-44 | 31 | M | 14:50.850 | 1:32:15.740 |
| | 92 | Kandy | Pretz | 761 | 3 | Age 40-44 | 61 | F | 14:51.096 | 1:32:17.270 |

**Fit For Life 2009
10K**

Full Results - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|------------|------------|-----------------|------------|------------|-------------|-------------------|
| | 93 | Shigeru K | Yokoyama | 787 | 3 | Age 45-49 | 32 | M | 14:55.909 | 1:32:47.180 |
| | 94 | Anne | Bright | 709 | 3 | Age 55-59 | 62 | F | 15:17.148 | 1:34:59.160 |
| | 95 | Patti | Taylor | 779 | 4 | Age 55-59 | 63 | F | 15:18.587 | 1:35:08.100 |
| | 96 | Elna | Black | 844 | 2 | Age 60-64 | 64 | F | 17:50.711 | 1:50:53.400 |
| | 97 | pj | Mercer | 753 | 7 | Age 45-49 | 65 | F | 18:06.827 | 1:52:33.540 |
| | 98 | April | Gallegos | 724 | 6 | Age 35-39 | 66 | F | 18:07.082 | 1:52:35.130 |
| | 99 | Joanne | Lewis | 746 | 2 | Age 65+ | 67 | F | 18:35.150 | 1:55:29.540 |
| | 100 | Elizabeth | Ruiz | 767 | 16 | Age 25-29 | 68 | F | 19:05.027 | 1:58:35.200 |
| | 101 | Dana | Vineyard | 802 | 17 | Age 25-29 | 69 | F | 19:05.311 | 1:58:36.960 |
| | DNF | Monica | Opp | 759 | DNF | Age 50-54 | DNF | F | 00:00.000 | 00:00.000 |
| | DNF | melissa | hoover | 741 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |
| | DNF | Patty | Cole | 711 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| | DNF | Lisa | Bengoechea | 706 | DNF | Age 40-44 | DNF | F | 00:00.000 | 00:00.000 |
| | DNF | Maggie | Grimes | 730 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |
| | DNF | Tina | Taylor | 778 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| | DNF | Anthony | Hall | 734 | DNF | Age 55-59 | DNF | M | 00:00.000 | 00:00.000 |
| | DNF | Mandy | Dressor | 718 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |

**Fit For Life 2009
10K**

Full Results - Male

| Place | OA | First Name | Last Name | Bib | Place | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|------------|-----|-------|-----------|----------|-----|-----|-----------|-------------|
| | 1 | Zach | Waynetsha | 793 | - | Age 15-19 | | 1 | M | 06:00.296 | 37:18.880 |
| | 2 | Brian | Faulks | 799 | - | Age 45-49 | | 2 | M | 06:18.141 | 39:09.770 |
| | 3 | Dan | Zuckerman | 788 | - | Age 30-34 | | 3 | M | 06:29.174 | 40:18.330 |
| | 4 | Kristtan | Brown | 842 | 1 | Age 15-19 | | 4 | M | 07:01.033 | 43:36.300 |
| | 5 | Jace | Skyles | 845 | 2 | Age 15-19 | | 5 | M | 07:04.710 | 43:59.150 |
| | 7 | Jeremy | Mihaylo | 754 | 1 | Age 25-29 | | 6 | M | 07:15.323 | 45:05.100 |
| | 8 | Glenn | Robinette | 766 | 1 | Age 45-49 | | 7 | M | 07:16.526 | 45:12.570 |
| | 9 | Miguel | Varela | 783 | 1 | Age 20-24 | | 8 | M | 07:17.958 | 45:21.470 |
| | 10 | Eric | Hackett | 732 | 2 | Age 25-29 | | 9 | M | 07:22.898 | 45:52.170 |
| | 13 | Seth | Gowans | 725 | 3 | Age 25-29 | | 10 | M | 07:53.808 | 49:04.240 |
| | 14 | Craig | Pentecost | 846 | 1 | Age 30-34 | | 11 | M | 07:59.179 | 49:37.620 |
| | 16 | Monty | Sears | 770 | 2 | Age 45-49 | | 12 | M | 08:13.080 | 51:04.000 |
| | 17 | Nate | Shimatsu | 771 | 2 | Age 30-34 | | 13 | M | 08:16.452 | 51:24.950 |
| | 21 | Paul | Rush | 768 | 3 | Age 30-34 | | 14 | M | 08:37.024 | 53:32.790 |
| | 23 | Gerry | Guzman | 731 | 1 | Age 55-59 | | 15 | M | 08:40.608 | 53:55.060 |
| | 31 | J.K. | Farris | 720 | 4 | Age 25-29 | | 16 | M | 09:13.470 | 57:19.260 |
| | 32 | Jaron | Tietsort | 780 | 2 | Age 20-24 | | 17 | M | 09:15.100 | 57:29.390 |
| | 33 | Jason | Nelson | 756 | 3 | Age 20-24 | | 18 | M | 09:17.853 | 57:46.500 |
| | 34 | William | Daines | 713 | 4 | Age 30-34 | | 19 | M | 09:20.053 | 58:00.170 |
| | 36 | Jason | Kotter | 792 | 1 | Age 35-39 | | 20 | M | 09:23.948 | 58:24.370 |
| | 40 | Ben | Simko | 772 | 2 | Age 55-59 | | 21 | M | 09:30.978 | 59:08.060 |
| | 42 | Anthony | Newton | 757 | 5 | Age 25-29 | | 22 | M | 09:34.117 | 59:27.560 |
| | 44 | Walter | Fetterley | 721 | 1 | Age 50-54 | | 23 | M | 09:38.669 | 59:55.850 |
| | 45 | Matt | Perkins | 795 | 5 | Age 30-34 | | 24 | M | 09:40.253 | 1:00:05.690 |
| | 49 | John | Greentree | 729 | 6 | Age 30-34 | | 25 | M | 09:44.168 | 1:00:30.020 |
| | 50 | Gary | Green | 726 | 1 | Age 65+ | | 26 | M | 09:51.812 | 1:01:17.520 |
| | 53 | chris | minter | 755 | 2 | Age 35-39 | | 27 | M | 09:56.342 | 1:01:45.670 |
| | 54 | Rick | Wuitschick | 786 | 3 | Age 55-59 | | 28 | M | 09:56.532 | 1:01:46.850 |
| | 64 | Paul | Dallmann | 716 | 1 | Age 60-64 | | 29 | M | 10:24.601 | 1:04:41.270 |
| | 68 | Joshua | Maline | 747 | 6 | Age 25-29 | | 30 | M | 10:42.407 | 1:06:31.920 |
| | 91 | Jeff | Pretz | 760 | 1 | Age 40-44 | | 31 | M | 14:50.850 | 1:32:15.740 |
| | 93 | Shigeru K | Yokoyama | 787 | 3 | Age 45-49 | | 32 | M | 14:55.909 | 1:32:47.180 |
| | DNF | Anthony | Hall | 734 | DNF | Age 55-59 | | DNF | M | 00:00.000 | 00:00.000 |

Fit For Life 2009

10K

Full Results - Female

| Place | OA | First Name | Last Name | Place | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|----|------------|---------------|-------|-----|-----|-----------|-------|-----|-----|-----------|-------------|
| | 6 | Marquita | Palmer | | 794 | - | Age 15-19 | 1 | F | F | 07:09.474 | 44:28.750 |
| | 11 | Keesha | Brown | | 841 | - | Age 15-19 | 2 | F | F | 07:34.038 | 47:01.390 |
| | 12 | Lauren | Hackett | | 733 | - | Age 25-29 | 3 | F | F | 07:40.409 | 47:40.980 |
| | 15 | Megan | Wilson | | 785 | 1 | Age 15-19 | 4 | F | F | 08:02.977 | 50:01.220 |
| | 18 | Natalie | Hanks | | 735 | 1 | Age 25-29 | 5 | F | F | 08:18.956 | 51:40.510 |
| | 19 | Morgen | Ellis | | 843 | 2 | Age 15-19 | 6 | F | F | 08:25.294 | 52:19.900 |
| | 20 | Adrienne | Daines | | 714 | 2 | Age 25-29 | 7 | F | F | 08:32.304 | 53:03.460 |
| | 22 | Christie | Bauscher | | 705 | 3 | Age 25-29 | 8 | F | F | 08:40.444 | 53:54.040 |
| | 24 | Katherine | Ohlmeyer | | 758 | 4 | Age 25-29 | 9 | F | F | 08:44.245 | 54:17.660 |
| | 25 | Nicole | Hill | | 738 | 5 | Age 25-29 | 10 | F | F | 08:50.790 | 54:58.330 |
| | 26 | Ashley | Taylor | | 777 | 6 | Age 25-29 | 11 | F | F | 08:58.101 | 55:43.760 |
| | 27 | Crystal | Curry | | 712 | 7 | Age 25-29 | 12 | F | F | 09:00.587 | 55:59.210 |
| | 28 | Maria | Ramey | | 790 | 1 | Age 30-34 | 13 | F | F | 09:05.261 | 56:28.250 |
| | 29 | Summer | Nead | | 607 | 2 | Age 30-34 | 14 | F | F | 09:08.632 | 56:49.200 |
| | 30 | Patricia | DeLaet | | 717 | 1 | Age 60-64 | 15 | F | F | 09:13.307 | 57:18.250 |
| | 35 | Carolyn | Punt | | 762 | 8 | Age 25-29 | 16 | F | F | 09:21.670 | 58:10.220 |
| | 37 | Beth | Hoagland | | 739 | 9 | Age 25-29 | 17 | F | F | 09:24.794 | 58:29.630 |
| | 38 | Kari | Tschetter | | 782 | 1 | Age 20-24 | 18 | F | F | 09:27.485 | 58:46.350 |
| | 39 | Kate | McGwire | | 752 | 3 | Age 30-34 | 19 | F | F | 09:29.467 | 58:58.670 |
| | 41 | Rosa | Avila | | 703 | 10 | Age 25-29 | 20 | F | F | 09:33.965 | 59:26.620 |
| | 43 | Yanice | Kirkendall | | 743 | 11 | Age 25-29 | 21 | F | F | 09:35.031 | 59:33.240 |
| | 46 | Kim | Froehlich | | 722 | 12 | Age 25-29 | 22 | F | F | 09:42.090 | 1:00:17.110 |
| | 47 | Renee | Jones | | 742 | 13 | Age 25-29 | 23 | F | F | 09:42.276 | 1:00:18.260 |
| | 48 | Kathleen | Simko | | 773 | 1 | Age 50-54 | 24 | F | F | 09:43.307 | 1:00:24.670 |
| | 51 | Colbi | Ditter | | 797 | 4 | Age 30-34 | 25 | F | F | 09:54.931 | 1:01:36.900 |
| | 52 | Cody | Human | | 796 | 5 | Age 30-34 | 26 | F | F | 09:55.208 | 1:01:38.620 |
| | 55 | Heather | Eshelby-Goade | | 719 | 6 | Age 30-34 | 27 | F | F | 10:00.238 | 1:02:09.880 |
| | 56 | sherri | mason | | 749 | 1 | Age 35-39 | 28 | F | F | 10:03.614 | 1:02:30.860 |
| | 57 | Brandy | Sutherland | | 776 | 7 | Age 30-34 | 29 | F | F | 10:05.996 | 1:02:45.660 |
| | 58 | Carolyn | Calomeni | | 710 | 2 | Age 50-54 | 30 | F | F | 10:18.808 | 1:04:05.270 |
| | 59 | INGE | TORREY | | 781 | 1 | Age 45-49 | 31 | F | F | 10:20.542 | 1:04:16.050 |
| | 60 | Donna | Stettler | | 775 | 8 | Age 30-34 | 32 | F | F | 10:20.723 | 1:04:17.170 |
| | 61 | Melanie | Vincent | | 784 | 2 | Age 35-39 | 33 | F | F | 10:22.008 | 1:04:25.160 |
| | 62 | Ann | Nelson | | 789 | 2 | Age 45-49 | 34 | F | F | 10:23.988 | 1:04:37.460 |
| | 63 | Sophia | Dinneen | | 541 | 3 | Age 15-19 | 35 | F | F | 10:24.403 | 1:04:40.040 |
| | 65 | Trina | Reyes | | 764 | 1 | Age 40-44 | 36 | F | F | 10:38.455 | 1:06:07.360 |
| | 66 | Tandy | Reyes | | 765 | 9 | Age 30-34 | 37 | F | F | 10:38.703 | 1:06:08.900 |
| | 67 | Kelli | Sears | | 769 | 3 | Age 45-49 | 38 | F | F | 10:39.728 | 1:06:15.270 |
| | 69 | Lisa | Fuller | | 723 | 4 | Age 45-49 | 39 | F | F | 10:44.231 | 1:06:43.250 |
| | 70 | Holli | High | | 791 | 10 | Age 30-34 | 40 | F | F | 10:56.841 | 1:08:01.610 |
| | 71 | Connie | Aschenbrenner | | 702 | 14 | Age 25-29 | 41 | F | F | 11:01.321 | 1:08:29.450 |
| | 72 | Deborah | Dakins | | 715 | 5 | Age 45-49 | 42 | F | F | 11:17.385 | 1:10:09.270 |
| | 73 | Mary Beth | Blair | | 707 | 15 | Age 25-29 | 43 | F | F | 11:25.051 | 1:10:56.910 |
| | 74 | Rochelle | Kubinski | | 803 | 11 | Age 30-34 | 44 | F | F | 11:38.664 | 1:12:21.500 |
| | 75 | Laura | Rappaport | | 763 | 6 | Age 45-49 | 45 | F | F | 11:40.678 | 1:12:34.010 |
| | 76 | Jennifer | Hoover | | 740 | 12 | Age 30-34 | 46 | F | F | 11:42.586 | 1:12:45.870 |

**Fit For Life 2009
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Full Results - Female

| Place | OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|--------------|-----|-----|-----------|-----|-----|-----------|-------------|
| | 77 | Abigail | Martin | 748 | 2 | Age 20-24 | 47 | F | 11:49.668 | 1:13:29.880 |
| | 78 | Janet | Cherry | 800 | 3 | Age 35-39 | 48 | F | 11:55.859 | 1:14:08.350 |
| | 79 | Rebecca | Johnston | 804 | 4 | Age 35-39 | 49 | F | 12:01.989 | 1:14:46.440 |
| | 80 | Kathy | Harris | 737 | 1 | Age 55-59 | 50 | F | 12:03.437 | 1:14:55.440 |
| | 81 | Wendy | Klocko | 744 | 2 | Age 40-44 | 51 | F | 12:36.165 | 1:18:18.810 |
| | 82 | Meagan | Baker | 704 | 4 | Age 15-19 | 52 | F | 12:41.653 | 1:18:52.910 |
| | 83 | Linette | Greenleaf | 727 | 13 | Age 30-34 | 53 | F | 12:41.880 | 1:18:54.320 |
| | 84 | Evelyn | McCullough | 750 | 14 | Age 30-34 | 54 | F | 12:43.260 | 1:19:02.900 |
| | 85 | Sarah | Greentree | 728 | 15 | Age 30-34 | 55 | F | 13:13.145 | 1:22:08.600 |
| | 86 | Melissa | McDaniel | 751 | 16 | Age 30-34 | 56 | F | 13:14.870 | 1:22:19.320 |
| | 87 | Lexi | LeMesurier | 745 | 3 | Age 20-24 | 57 | F | 14:01.172 | 1:27:07.040 |
| | 88 | Pat | Stanger | 774 | 1 | Age 65+ | 58 | F | 14:07.551 | 1:27:46.680 |
| | 89 | Mary | Breckenridge | 798 | 2 | Age 55-59 | 59 | F | 14:07.782 | 1:27:48.120 |
| | 90 | Sara | Sturges | 801 | 5 | Age 35-39 | 60 | F | 14:13.962 | 1:28:26.520 |
| | 92 | Kandy | Pretz | 761 | 3 | Age 40-44 | 61 | F | 14:51.096 | 1:32:17.270 |
| | 94 | Anne | Bright | 709 | 3 | Age 55-59 | 62 | F | 15:17.148 | 1:34:59.160 |
| | 95 | Patti | Taylor | 779 | 4 | Age 55-59 | 63 | F | 15:18.587 | 1:35:08.100 |
| | 96 | Elna | Black | 844 | 2 | Age 60-64 | 64 | F | 17:50.711 | 1:50:53.400 |
| | 97 | pj | Mercer | 753 | 7 | Age 45-49 | 65 | F | 18:06.827 | 1:52:33.540 |
| | 98 | April | Gallegos | 724 | 6 | Age 35-39 | 66 | F | 18:07.082 | 1:52:35.130 |
| | 99 | Joanne | Lewis | 746 | 2 | Age 65+ | 67 | F | 18:35.150 | 1:55:29.540 |
| | 100 | Elizabeth | Ruiz | 767 | 16 | Age 25-29 | 68 | F | 19:05.027 | 1:58:35.200 |
| | 101 | Dana | Vineyard | 802 | 17 | Age 25-29 | 69 | F | 19:05.311 | 1:58:36.960 |
| DNF | | Monica | Opp | 759 | DNF | Age 50-54 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | melissa | hoover | 741 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Patty | Cole | 711 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Lisa | Bengoechea | 706 | DNF | Age 40-44 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Maggie | Grimes | 730 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Tina | Taylor | 778 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Mandy | Dressor | 718 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |

**Fit For Life 2009
10K
Group Results**

| Division | Place Div | Sex | First Name | Last Name | Bib | Place OA | Place Sex | Pace | Clock Time |
|-----------|-----------|-----|------------|---------------|-----|----------|-----------|-----------|-------------|
| Age 15-19 | - | F | Marquita | Palmer | 794 | 6 | 1 | 07:09.474 | 44:28.750 |
| Age 15-19 | - | F | Keesha | Brown | 841 | 11 | 2 | 07:34.038 | 47:01.390 |
| Age 15-19 | 1 | F | Megan | Wilson | 785 | 15 | 4 | 08:02.977 | 50:01.220 |
| Age 15-19 | 2 | F | Morgen | Ellis | 843 | 19 | 6 | 08:25.294 | 52:19.900 |
| Age 15-19 | 3 | F | Sophia | Dinneen | 541 | 63 | 35 | 10:24.403 | 1:04:40.040 |
| Age 15-19 | 4 | F | Meagan | Baker | 704 | 82 | 52 | 12:41.653 | 1:18:52.910 |
| Age 15-19 | - | M | Zach | Waynetsha | 793 | 1 | 1 | 06:00.296 | 37:18.880 |
| Age 15-19 | 1 | M | Kristtan | Brown | 842 | 4 | 4 | 07:01.033 | 43:36.300 |
| Age 15-19 | 2 | M | Jace | Skyles | 845 | 5 | 5 | 07:04.710 | 43:59.150 |
| Age 20-24 | 1 | F | Kari | Tschetter | 782 | 38 | 18 | 09:27.485 | 58:46.350 |
| Age 20-24 | 2 | F | Abigail | Martin | 748 | 77 | 47 | 11:49.668 | 1:13:29.880 |
| Age 20-24 | 3 | F | Lexi | LeMesurier | 745 | 87 | 57 | 14:01.172 | 1:27:07.040 |
| Age 20-24 | 1 | M | Miguel | Varela | 783 | 9 | 8 | 07:17.958 | 45:21.470 |
| Age 20-24 | 2 | M | Jaron | Tietsort | 780 | 32 | 17 | 09:15.100 | 57:29.390 |
| Age 20-24 | 3 | M | Jason | Nelson | 756 | 33 | 18 | 09:17.853 | 57:46.500 |
| Age 25-29 | - | F | Lauren | Hackett | 733 | 12 | 3 | 07:40.409 | 47:40.980 |
| Age 25-29 | 1 | F | Natalie | Hanks | 735 | 18 | 5 | 08:18.956 | 51:40.510 |
| Age 25-29 | 2 | F | Adrienne | Daines | 714 | 20 | 7 | 08:32.304 | 53:03.460 |
| Age 25-29 | 3 | F | Christie | Bauscher | 705 | 22 | 8 | 08:40.444 | 53:54.040 |
| Age 25-29 | 4 | F | Katherine | Ohlmeyer | 758 | 24 | 9 | 08:44.245 | 54:17.660 |
| Age 25-29 | 5 | F | Nicole | Hill | 738 | 25 | 10 | 08:50.790 | 54:58.330 |
| Age 25-29 | 6 | F | Ashley | Taylor | 777 | 26 | 11 | 08:58.101 | 55:43.760 |
| Age 25-29 | 7 | F | Crystal | Curry | 712 | 27 | 12 | 09:00.587 | 55:59.210 |
| Age 25-29 | 8 | F | Carolyn | Punt | 762 | 35 | 16 | 09:21.670 | 58:10.220 |
| Age 25-29 | 9 | F | Beth | Hoagland | 739 | 37 | 17 | 09:24.794 | 58:29.630 |
| Age 25-29 | 10 | F | Rosa | Avila | 703 | 41 | 20 | 09:33.965 | 59:26.620 |
| Age 25-29 | 11 | F | Yanice | Kirkendall | 743 | 43 | 21 | 09:35.031 | 59:33.240 |
| Age 25-29 | 12 | F | Kim | Froehlich | 722 | 46 | 22 | 09:42.090 | 1:00:17.110 |
| Age 25-29 | 13 | F | Renee | Jones | 742 | 47 | 23 | 09:42.276 | 1:00:18.260 |
| Age 25-29 | 14 | F | Connie | Aschenbrenner | 702 | 71 | 41 | 11:01.321 | 1:08:29.450 |
| Age 25-29 | 15 | F | Mary Beth | Blair | 707 | 73 | 43 | 11:25.051 | 1:10:56.910 |
| Age 25-29 | 16 | F | Elizabeth | Ruiz | 767 | 100 | 68 | 19:05.027 | 1:58:35.200 |
| Age 25-29 | 17 | F | Dana | Vineyard | 802 | 101 | 69 | 19:05.311 | 1:58:36.960 |
| Age 25-29 | DNF | F | Maggie | Grimes | 730 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | DNF | F | Mandy | Dressor | 718 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | DNF | F | melissa | hoover | 741 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | 1 | M | Jeremy | Mihaylo | 754 | 7 | 6 | 07:15.323 | 45:05.100 |
| Age 25-29 | 2 | M | Eric | Hackett | 732 | 10 | 9 | 07:22.898 | 45:52.170 |
| Age 25-29 | 3 | M | Seth | Gowans | 725 | 13 | 10 | 07:53.808 | 49:04.240 |
| Age 25-29 | 4 | M | J.K. | Farris | 720 | 31 | 16 | 09:13.470 | 57:19.260 |
| Age 25-29 | 5 | M | Anthony | Newton | 757 | 42 | 22 | 09:34.117 | 59:27.560 |

**Fit For Life 2009
10K
Group Results**

| Division | Place Div | Sex | First Name | Last Name | Bib | Place OA | Place Sex | Pace | Clock Time |
|-----------|--------------|-----|------------|---------------|-----|-------------|--------------|-----------|-------------|
| Age 25-29 | 6 | M | Joshua | Maline | 747 | 68 | 30 | 10:42.407 | 1:06:31.920 |
| Age 30-34 | 1 | F | Maria | Ramey | 790 | 28 | 13 | 09:05.261 | 56:28.250 |
| Age 30-34 | 2 | F | Summer | Nead | 607 | 29 | 14 | 09:08.632 | 56:49.200 |
| Age 30-34 | 3 | F | Kate | McGwire | 752 | 39 | 19 | 09:29.467 | 58:58.670 |
| Age 30-34 | 4 | F | Colbi | Ditter | 797 | 51 | 25 | 09:54.931 | 1:01:36.900 |
| Age 30-34 | 5 | F | Cody | Human | 796 | 52 | 26 | 09:55.208 | 1:01:38.620 |
| Age 30-34 | 6 | F | Heather | Eshelby-Goade | 719 | 55 | 27 | 10:00.238 | 1:02:09.880 |
| Age 30-34 | 7 | F | Brandy | Sutherland | 776 | 57 | 29 | 10:05.996 | 1:02:45.660 |
| Age 30-34 | 8 | F | Donna | Stettler | 775 | 60 | 32 | 10:20.723 | 1:04:17.170 |
| Age 30-34 | 9 | F | Tandy | Reyes | 765 | 66 | 37 | 10:38.703 | 1:06:08.900 |
| Age 30-34 | 10 | F | Holli | High | 791 | 70 | 40 | 10:56.841 | 1:08:01.610 |
| Age 30-34 | 11 | F | Rochelle | Kubinski | 803 | 74 | 44 | 11:38.664 | 1:12:21.500 |
| Age 30-34 | 12 | F | Jennifer | Hoover | 740 | 76 | 46 | 11:42.586 | 1:12:45.870 |
| Age 30-34 | 13 | F | Linette | Greenleaf | 727 | 83 | 53 | 12:41.880 | 1:18:54.320 |
| Age 30-34 | 14 | F | Evelyn | McCullough | 750 | 84 | 54 | 12:43.260 | 1:19:02.900 |
| Age 30-34 | 15 | F | Sarah | Greentree | 728 | 85 | 55 | 13:13.145 | 1:22:08.600 |
| Age 30-34 | 16 | F | Melissa | McDaniel | 751 | 86 | 56 | 13:14.870 | 1:22:19.320 |
| Age 30-34 | - | M | Dan | Zuckerman | 788 | 3 | 3 | 06:29.174 | 40:18.330 |
| Age 30-34 | 1 | M | Craig | Pentecost | 846 | 14 | 11 | 07:59.179 | 49:37.620 |
| Age 30-34 | 2 | M | Nate | Shimatsu | 771 | 17 | 13 | 08:16.452 | 51:24.950 |
| Age 30-34 | 3 | M | Paul | Rush | 768 | 21 | 14 | 08:37.024 | 53:32.790 |
| Age 30-34 | 4 | M | William | Daines | 713 | 34 | 19 | 09:20.053 | 58:00.170 |
| Age 30-34 | 5 | M | Matt | Perkins | 795 | 45 | 24 | 09:40.253 | 1:00:05.690 |
| Age 30-34 | 6 | M | John | Greentree | 729 | 49 | 25 | 09:44.168 | 1:00:30.020 |
| Age 35-39 | 1 | F | sherri | mason | 749 | 56 | 28 | 10:03.614 | 1:02:30.860 |
| Age 35-39 | 2 | F | Melanie | Vincent | 784 | 61 | 33 | 10:22.008 | 1:04:25.160 |
| Age 35-39 | 3 | F | Janet | Cherry | 800 | 78 | 48 | 11:55.859 | 1:14:08.350 |
| Age 35-39 | 4 | F | Rebecca | Johnston | 804 | 79 | 49 | 12:01.989 | 1:14:46.440 |
| Age 35-39 | 5 | F | Sara | Sturges | 801 | 90 | 60 | 14:13.962 | 1:28:26.520 |
| Age 35-39 | 6 | F | April | Gallegos | 724 | 98 | 66 | 18:07.082 | 1:52:35.130 |
| Age 35-39 | 1 | M | Jason | Kotter | 792 | 36 | 20 | 09:23.948 | 58:24.370 |
| Age 35-39 | 2 | M | chris | minter | 755 | 53 | 27 | 09:56.342 | 1:01:45.670 |
| Age 40-44 | 1 | F | Trina | Reyes | 764 | 65 | 36 | 10:38.455 | 1:06:07.360 |
| Age 40-44 | 2 | F | Wendy | Klocko | 744 | 81 | 51 | 12:36.165 | 1:18:18.810 |
| Age 40-44 | 3 | F | Kandy | Pretz | 761 | 92 | 61 | 14:51.096 | 1:32:17.270 |
| Age 40-44 | DNF | F | Lisa | Bengoechea | 706 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 40-44 | 1 | M | Jeff | Pretz | 760 | 91 | 31 | 14:50.850 | 1:32:15.740 |
| Age 45-49 | 1 | F | INGE | TORREY | 781 | 59 | 31 | 10:20.542 | 1:04:16.050 |
| Age 45-49 | 2 | F | Ann | Nelson | 789 | 62 | 34 | 10:23.988 | 1:04:37.460 |

**Fit For Life 2009
10K
Group Results**

| Division | Place Div | Sex | First Name | Last Name | Bib | Place OA | Place Sex | Pace | Clock Time |
|-----------|--------------|-----|------------|--------------|-----|-------------|--------------|-----------|-------------|
| Age 45-49 | 3 | F | Kelli | Sears | 769 | 67 | 38 | 10:39.728 | 1:06:15.270 |
| Age 45-49 | 4 | F | Lisa | Fuller | 723 | 69 | 39 | 10:44.231 | 1:06:43.250 |
| Age 45-49 | 5 | F | Deborah | Dakins | 715 | 72 | 42 | 11:17.385 | 1:10:09.270 |
| Age 45-49 | 6 | F | Laura | Rappaport | 763 | 75 | 45 | 11:40.678 | 1:12:34.010 |
| Age 45-49 | 7 | F | pj | Mercer | 753 | 97 | 65 | 18:06.827 | 1:52:33.540 |
| Age 45-49 | DNF | F | Tina | Taylor | 778 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 45-49 | DNF | F | Patty | Cole | 711 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 45-49 | - | M | Brian | Faulks | 799 | 2 | 2 | 06:18.141 | 39:09.770 |
| Age 45-49 | 1 | M | Glenn | Robinette | 766 | 8 | 7 | 07:16.526 | 45:12.570 |
| Age 45-49 | 2 | M | Monty | Sears | 770 | 16 | 12 | 08:13.080 | 51:04.000 |
| Age 45-49 | 3 | M | Shigeru K | Yokoyama | 787 | 93 | 32 | 14:55.909 | 1:32:47.180 |
| Age 50-54 | 1 | F | Kathleen | Simko | 773 | 48 | 24 | 09:43.307 | 1:00:24.670 |
| Age 50-54 | 2 | F | Carolyn | Calomeni | 710 | 58 | 30 | 10:18.808 | 1:04:05.270 |
| Age 50-54 | DNF | F | Monica | Opp | 759 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 50-54 | 1 | M | Walter | Fetterley | 721 | 44 | 23 | 09:38.669 | 59:55.850 |
| Age 55-59 | 1 | F | Kathy | Harris | 737 | 80 | 50 | 12:03.437 | 1:14:55.440 |
| Age 55-59 | 2 | F | Mary | Breckenridge | 798 | 89 | 59 | 14:07.782 | 1:27:48.120 |
| Age 55-59 | 3 | F | Anne | Bright | 709 | 94 | 62 | 15:17.148 | 1:34:59.160 |
| Age 55-59 | 4 | F | Patti | Taylor | 779 | 95 | 63 | 15:18.587 | 1:35:08.100 |
| Age 55-59 | 1 | M | Gerry | Guzman | 731 | 23 | 15 | 08:40.608 | 53:55.060 |
| Age 55-59 | 2 | M | Ben | Simko | 772 | 40 | 21 | 09:30.978 | 59:08.060 |
| Age 55-59 | 3 | M | Rick | Wuitschick | 786 | 54 | 28 | 09:56.532 | 1:01:46.850 |
| Age 55-59 | DNF | M | Anthony | Hall | 734 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 60-64 | 1 | F | Patricia | DeLaet | 717 | 30 | 15 | 09:13.307 | 57:18.250 |
| Age 60-64 | 2 | F | Elna | Black | 844 | 96 | 64 | 17:50.711 | 1:50:53.400 |
| Age 60-64 | 1 | M | Paul | Dallmann | 716 | 64 | 29 | 10:24.601 | 1:04:41.270 |
| Age 65+ | 1 | F | Pat | Stanger | 774 | 88 | 58 | 14:07.551 | 1:27:46.680 |
| Age 65+ | 2 | F | Joanne | Lewis | 746 | 99 | 67 | 18:35.150 | 1:55:29.540 |
| Age 65+ | 1 | M | Gary | Green | 726 | 50 | 26 | 09:51.812 | 1:01:17.520 |

Fit For Life 2009

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List by Name - All

| Place | OA | First Name | Last Name | Place | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|--------------|------------|------------|-----------------|--------------|------------|------------|-------------|-------------------|
| | 71 | Connie | Aschenbrenner | 702 | 14 | Age 25-29 | 41 | F | 11:01.321 | | 1:08:29.450 | |
| | 41 | Rosa | Avila | 703 | 10 | Age 25-29 | 20 | F | 09:33.965 | | 59:26.620 | |
| | 82 | Meagan | Baker | 704 | 4 | Age 15-19 | 52 | F | 12:41.653 | | 1:18:52.910 | |
| | 22 | Christie | Bauscher | 705 | 3 | Age 25-29 | 8 | F | 08:40.444 | | 53:54.040 | |
| DNF | | Lisa | Bengoechea | 706 | DNF | Age 40-44 | DNF | F | 00:00.000 | | 00:00.000 | |
| | 96 | Elna | Black | 844 | 2 | Age 60-64 | 64 | F | 17:50.711 | | 1:50:53.400 | |
| | 73 | Mary Beth | Blair | 707 | 15 | Age 25-29 | 43 | F | 11:25.051 | | 1:10:56.910 | |
| | 89 | Mary | Breckenridge | 798 | 2 | Age 55-59 | 59 | F | 14:07.782 | | 1:27:48.120 | |
| | 94 | Anne | Bright | 709 | 3 | Age 55-59 | 62 | F | 15:17.148 | | 1:34:59.160 | |
| | 11 | Keesha | Brown | 841 | - | Age 15-19 | 2 | F | 07:34.038 | | 47:01.390 | |
| | 4 | Kristtan | Brown | 842 | 1 | Age 15-19 | 4 | M | 07:01.033 | | 43:36.300 | |
| | 58 | Carolyn | Calomeni | 710 | 2 | Age 50-54 | 30 | F | 10:18.808 | | 1:04:05.270 | |
| | 78 | Janet | Cherry | 800 | 3 | Age 35-39 | 48 | F | 11:55.859 | | 1:14:08.350 | |
| DNF | | Patty | Cole | 711 | DNF | Age 45-49 | DNF | F | 00:00.000 | | 00:00.000 | |
| | 27 | Crystal | Curry | 712 | 7 | Age 25-29 | 12 | F | 09:00.587 | | 55:59.210 | |
| | 20 | Adrienne | Daines | 714 | 2 | Age 25-29 | 7 | F | 08:32.304 | | 53:03.460 | |
| | 34 | William | Daines | 713 | 4 | Age 30-34 | 19 | M | 09:20.053 | | 58:00.170 | |
| | 72 | Deborah | Dakins | 715 | 5 | Age 45-49 | 42 | F | 11:17.385 | | 1:10:09.270 | |
| | 64 | Paul | Dallmann | 716 | 1 | Age 60-64 | 29 | M | 10:24.601 | | 1:04:41.270 | |
| | 30 | Patricia | DeLaet | 717 | 1 | Age 60-64 | 15 | F | 09:13.307 | | 57:18.250 | |
| | 63 | Sophia | Dinneen | 541 | 3 | Age 15-19 | 35 | F | 10:24.403 | | 1:04:40.040 | |
| | 51 | Colbi | Ditter | 797 | 4 | Age 30-34 | 25 | F | 09:54.931 | | 1:01:36.900 | |
| DNF | | Mandy | Dressor | 718 | DNF | Age 25-29 | DNF | F | 00:00.000 | | 00:00.000 | |
| | 19 | Morgen | Ellis | 843 | 2 | Age 15-19 | 6 | F | 08:25.294 | | 52:19.900 | |
| | 55 | Heather | Eshelby-Goade | 719 | 6 | Age 30-34 | 27 | F | 10:00.238 | | 1:02:09.880 | |
| | 31 | J.K. | Farris | 720 | 4 | Age 25-29 | 16 | M | 09:13.470 | | 57:19.260 | |
| | 2 | Brian | Faulks | 799 | - | Age 45-49 | 2 | M | 06:18.141 | | 39:09.770 | |
| | 44 | Walter | Fetterley | 721 | 1 | Age 50-54 | 23 | M | 09:38.669 | | 59:55.850 | |
| | 46 | Kim | Froehlich | 722 | 12 | Age 25-29 | 22 | F | 09:42.090 | | 1:00:17.110 | |
| | 69 | Lisa | Fuller | 723 | 4 | Age 45-49 | 39 | F | 10:44.231 | | 1:06:43.250 | |
| | 98 | April | Gallegos | 724 | 6 | Age 35-39 | 66 | F | 18:07.082 | | 1:52:35.130 | |
| | 13 | Seth | Gowans | 725 | 3 | Age 25-29 | 10 | M | 07:53.808 | | 49:04.240 | |
| | 50 | Gary | Green | 726 | 1 | Age 65+ | 26 | M | 09:51.812 | | 1:01:17.520 | |
| | 83 | Linette | Greenleaf | 727 | 13 | Age 30-34 | 53 | F | 12:41.880 | | 1:18:54.320 | |
| | 49 | John | Greentree | 729 | 6 | Age 30-34 | 25 | M | 09:44.168 | | 1:00:30.020 | |
| | 85 | Sarah | Greentree | 728 | 15 | Age 30-34 | 55 | F | 13:13.145 | | 1:22:08.600 | |
| DNF | | Maggie | Grimes | 730 | DNF | Age 25-29 | DNF | F | 00:00.000 | | 00:00.000 | |
| | 23 | Gerry | Guzman | 731 | 1 | Age 55-59 | 15 | M | 08:40.608 | | 53:55.060 | |
| | 10 | Eric | Hackett | 732 | 2 | Age 25-29 | 9 | M | 07:22.898 | | 45:52.170 | |
| | 12 | Lauren | Hackett | 733 | - | Age 25-29 | 3 | F | 07:40.409 | | 47:40.980 | |
| DNF | | Anthony | Hall | 734 | DNF | Age 55-59 | DNF | M | 00:00.000 | | 00:00.000 | |
| | 18 | Natalie | Hanks | 735 | 1 | Age 25-29 | 5 | F | 08:18.956 | | 51:40.510 | |
| | 80 | Kathy | Harris | 737 | 1 | Age 55-59 | 50 | F | 12:03.437 | | 1:14:55.440 | |
| | 70 | Holli | High | 791 | 10 | Age 30-34 | 40 | F | 10:56.841 | | 1:08:01.610 | |
| | 25 | Nicole | Hill | 738 | 5 | Age 25-29 | 10 | F | 08:50.790 | | 54:58.330 | |
| | 37 | Beth | Hoagland | 739 | 9 | Age 25-29 | 17 | F | 09:24.794 | | 58:29.630 | |

Fit For Life 2009

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List by Name - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|------------|-----|-----|-----------|-----|-----|-----------|-------------|
| | 76 | Jennifer | Hoover | 740 | 12 | Age 30-34 | 46 | F | 11:42.586 | 1:12:45.870 |
| DNF | | melissa | hoover | 741 | DNF | Age 25-29 | DNF | F | 00:00.000 | 00:00.000 |
| | 52 | Cody | Human | 796 | 5 | Age 30-34 | 26 | F | 09:55.208 | 1:01:38.620 |
| | 79 | Rebecca | Johnston | 804 | 4 | Age 35-39 | 49 | F | 12:01.989 | 1:14:46.440 |
| | 47 | Renee | Jones | 742 | 13 | Age 25-29 | 23 | F | 09:42.276 | 1:00:18.260 |
| | 43 | Yanice | Kirkendall | 743 | 11 | Age 25-29 | 21 | F | 09:35.031 | 59:33.240 |
| | 81 | Wendy | Klocko | 744 | 2 | Age 40-44 | 51 | F | 12:36.165 | 1:18:18.810 |
| | 36 | Jason | Kotter | 792 | 1 | Age 35-39 | 20 | M | 09:23.948 | 58:24.370 |
| | 74 | Rochelle | Kubinski | 803 | 11 | Age 30-34 | 44 | F | 11:38.664 | 1:12:21.500 |
| | 87 | Lexi | LeMesurier | 745 | 3 | Age 20-24 | 57 | F | 14:01.172 | 1:27:07.040 |
| | 99 | Joanne | Lewis | 746 | 2 | Age 65+ | 67 | F | 18:35.150 | 1:55:29.540 |
| | 68 | Joshua | Maline | 747 | 6 | Age 25-29 | 30 | M | 10:42.407 | 1:06:31.920 |
| | 77 | Abigail | Martin | 748 | 2 | Age 20-24 | 47 | F | 11:49.668 | 1:13:29.880 |
| | 56 | sherri | mason | 749 | 1 | Age 35-39 | 28 | F | 10:03.614 | 1:02:30.860 |
| | 84 | Evelyn | McCullough | 750 | 14 | Age 30-34 | 54 | F | 12:43.260 | 1:19:02.900 |
| | 86 | Melissa | McDaniel | 751 | 16 | Age 30-34 | 56 | F | 13:14.870 | 1:22:19.320 |
| | 39 | Kate | McWire | 752 | 3 | Age 30-34 | 19 | F | 09:29.467 | 58:58.670 |
| | 97 | pj | Mercer | 753 | 7 | Age 45-49 | 65 | F | 18:06.827 | 1:52:33.540 |
| | 7 | Jeremy | Mihaylo | 754 | 1 | Age 25-29 | 6 | M | 07:15.323 | 45:05.100 |
| | 53 | chris | minter | 755 | 2 | Age 35-39 | 27 | M | 09:56.342 | 1:01:45.670 |
| | 29 | Summer | Nead | 607 | 2 | Age 30-34 | 14 | F | 09:08.632 | 56:49.200 |
| | 62 | Ann | Nelson | 789 | 2 | Age 45-49 | 34 | F | 10:23.988 | 1:04:37.460 |
| | 33 | Jason | Nelson | 756 | 3 | Age 20-24 | 18 | M | 09:17.853 | 57:46.500 |
| | 42 | Anthony | Newton | 757 | 5 | Age 25-29 | 22 | M | 09:34.117 | 59:27.560 |
| | 24 | Katherine | Ohlmeyer | 758 | 4 | Age 25-29 | 9 | F | 08:44.245 | 54:17.660 |
| DNF | | Monica | Opp | 759 | DNF | Age 50-54 | DNF | F | 00:00.000 | 00:00.000 |
| | 6 | Marquita | Palmer | 794 | - | Age 15-19 | 1 | F | 07:09.474 | 44:28.750 |
| | 14 | Craig | Pentecost | 846 | 1 | Age 30-34 | 11 | M | 07:59.179 | 49:37.620 |
| | 45 | Matt | Perkins | 795 | 5 | Age 30-34 | 24 | M | 09:40.253 | 1:00:05.690 |
| | 91 | Jeff | Pretz | 760 | 1 | Age 40-44 | 31 | M | 14:50.850 | 1:32:15.740 |
| | 92 | Kandy | Pretz | 761 | 3 | Age 40-44 | 61 | F | 14:51.096 | 1:32:17.270 |
| | 35 | Carolyn | Punt | 762 | 8 | Age 25-29 | 16 | F | 09:21.670 | 58:10.220 |
| | 28 | Maria | Ramey | 790 | 1 | Age 30-34 | 13 | F | 09:05.261 | 56:28.250 |
| | 75 | Laura | Rappaport | 763 | 6 | Age 45-49 | 45 | F | 11:40.678 | 1:12:34.010 |
| | 66 | Tandy | Reyes | 765 | 9 | Age 30-34 | 37 | F | 10:38.703 | 1:06:08.900 |
| | 65 | Trina | Reyes | 764 | 1 | Age 40-44 | 36 | F | 10:38.455 | 1:06:07.360 |
| | 8 | Glenn | Robinette | 766 | 1 | Age 45-49 | 7 | M | 07:16.526 | 45:12.570 |
| | 100 | Elizabeth | Ruiz | 767 | 16 | Age 25-29 | 68 | F | 19:05.027 | 1:58:35.200 |
| | 21 | Paul | Rush | 768 | 3 | Age 30-34 | 14 | M | 08:37.024 | 53:32.790 |
| | 67 | Kelli | Sears | 769 | 3 | Age 45-49 | 38 | F | 10:39.728 | 1:06:15.270 |
| | 16 | Monty | Sears | 770 | 2 | Age 45-49 | 12 | M | 08:13.080 | 51:04.000 |
| | 17 | Nate | Shimatsu | 771 | 2 | Age 30-34 | 13 | M | 08:16.452 | 51:24.950 |
| | 40 | Ben | Simko | 772 | 2 | Age 55-59 | 21 | M | 09:30.978 | 59:08.060 |
| | 48 | Kathleen | Simko | 773 | 1 | Age 50-54 | 24 | F | 09:43.307 | 1:00:24.670 |
| | 5 | Jace | Skyles | 845 | 2 | Age 15-19 | 5 | M | 07:04.710 | 43:59.150 |
| | 88 | Pat | Stanger | 774 | 1 | Age 65+ | 58 | F | 14:07.551 | 1:27:46.680 |

**Fit For Life 2009
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List by Name - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|------------|------------|-----------------|------------|------------|-------------|-------------------|
| | 60 | Donna | Stettler | 775 | 8 | Age 30-34 | 32 | F | 10:20.723 | 1:04:17.170 |
| | 90 | Sara | Sturges | 801 | 5 | Age 35-39 | 60 | F | 14:13.962 | 1:28:26.520 |
| | 57 | Brandy | Sutherland | 776 | 7 | Age 30-34 | 29 | F | 10:05.996 | 1:02:45.660 |
| | 26 | Ashley | Taylor | 777 | 6 | Age 25-29 | 11 | F | 08:58.101 | 55:43.760 |
| | 95 | Patti | Taylor | 779 | 4 | Age 55-59 | 63 | F | 15:18.587 | 1:35:08.100 |
| DNF | | Tina | Taylor | 778 | DNF | Age 45-49 | DNF | F | 00:00.000 | 00:00.000 |
| | 32 | Jaron | Tietsort | 780 | 2 | Age 20-24 | 17 | M | 09:15.100 | 57:29.390 |
| | 59 | INGE | TORREY | 781 | 1 | Age 45-49 | 31 | F | 10:20.542 | 1:04:16.050 |
| | 38 | Kari | Tschetter | 782 | 1 | Age 20-24 | 18 | F | 09:27.485 | 58:46.350 |
| | 9 | Miguel | Varela | 783 | 1 | Age 20-24 | 8 | M | 07:17.958 | 45:21.470 |
| | 61 | Melanie | Vincent | 784 | 2 | Age 35-39 | 33 | F | 10:22.008 | 1:04:25.160 |
| | 101 | Dana | Vineyard | 802 | 17 | Age 25-29 | 69 | F | 19:05.311 | 1:58:36.960 |
| | 1 | Zach | Waynetsha | 793 | - | Age 15-19 | 1 | M | 06:00.296 | 37:18.880 |
| | 15 | Megan | Wilson | 785 | 1 | Age 15-19 | 4 | F | 08:02.977 | 50:01.220 |
| | 54 | Rick | Wuitschick | 786 | 3 | Age 55-59 | 28 | M | 09:56.532 | 1:01:46.850 |
| | 93 | Shigeru K | Yokoyama | 787 | 3 | Age 45-49 | 32 | M | 14:55.909 | 1:32:47.180 |
| | 3 | Dan | Zuckerman | 788 | - | Age 30-34 | 3 | M | 06:29.174 | 40:18.330 |

**Fit For Life 2009
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Full Results - All

| Place | OA | First Name | Last Name | Bib | Place | Div | Division | Sex | Sex | Pace | Clock Time |
|-------|----|------------|------------|-----|-------|-----|----------------|-----|-----|-----------|------------|
| | 1 | Dave | Ross | 931 | - | | Age 40-44 | 1 | M | 05:47.239 | 17:58.871 |
| | 2 | Steven | Harris | 879 | - | | Age 50-54 | 2 | M | 06:27.200 | 20:03.031 |
| | 3 | Jon | Mathews | 893 | - | | Age 45-49 | 3 | M | 06:52.363 | 21:21.211 |
| | 4 | Cody | Hunter | 929 | 1 | | Age 15-19 | 4 | M | 06:58.224 | 21:39.421 |
| | 5 | George | Meerdo | 924 | 1 | | Age 45-49 | 5 | M | 07:00.206 | 21:45.581 |
| | 6 | Nanette | Predovich | 918 | - | | Age 40-44 | 1 | F | 07:01.420 | 21:49.351 |
| | 7 | Phil | DeVol | 866 | 1 | | Age 40-44 | 6 | M | 07:03.689 | 21:56.401 |
| | 8 | Jonathan | Palmer | 925 | 1 | | Age 14 & Under | 7 | M | 07:30.200 | 23:18.771 |
| | 9 | Julie | Upchurch | 921 | - | | Age 15-19 | 2 | F | 07:33.692 | 23:29.621 |
| | 10 | Kristin | Brown | 857 | - | | Age 25-29 | 3 | F | 07:33.995 | 23:30.561 |
| | 11 | Michelle | Harris | 880 | 1 | | Age 20-24 | 4 | F | 07:37.725 | 23:42.151 |
| | 12 | Katrina | Clifford | 861 | 2 | | Age 20-24 | 5 | F | 08:04.062 | 25:03.981 |
| | 13 | Tracy | Jackson | 917 | 1 | | Age 45-49 | 6 | F | 08:13.109 | 25:32.091 |
| | 14 | Bryant | Howard | 882 | 1 | | Age 25-29 | 8 | M | 08:30.174 | 26:25.111 |
| | 15 | Kami | Patterson | 899 | 1 | | Age 25-29 | 7 | F | 08:32.540 | 26:32.461 |
| | 16 | Brian | Greber | 877 | 1 | | Age 50-54 | 9 | M | 08:33.280 | 26:34.761 |
| | 17 | Grace | Connolly | 863 | 2 | | Age 25-29 | 8 | F | 08:36.077 | 26:43.451 |
| | 18 | Teresa | Larsen | 891 | 1 | | Age 40-44 | 9 | F | 08:38.018 | 26:49.481 |
| | 19 | Angela | Kerber | 887 | 2 | | Age 45-49 | 10 | F | 08:41.748 | 27:01.071 |
| | 20 | Roxanne | Lancaster | 890 | 3 | | Age 45-49 | 11 | F | 08:43.579 | 27:06.761 |
| | 21 | Travis | Huffman | 884 | 1 | | Age 30-34 | 10 | M | 08:46.859 | 27:16.951 |
| | 22 | Mike | Clifford | 860 | 2 | | Age 25-29 | 11 | M | 08:53.154 | 27:36.511 |
| | 23 | Deborah | Greber | 876 | 1 | | Age 50-54 | 12 | F | 08:58.623 | 27:53.501 |
| | 24 | ASHLEE | SCHERER | 907 | 1 | | Age 30-34 | 13 | F | 09:01.233 | 28:01.611 |
| | 25 | Michael | Fuller | 873 | 2 | | Age 40-44 | 12 | M | 09:05.803 | 28:15.811 |
| | 26 | Julie | Wipper | 915 | 4 | | Age 45-49 | 14 | F | 09:35.417 | 29:47.821 |
| | 27 | Sara | Garland | 874 | 3 | | Age 20-24 | 15 | F | 09:37.136 | 29:53.161 |
| | 28 | Ann | Upchurch | 920 | 2 | | Age 50-54 | 16 | F | 09:40.840 | 30:04.671 |
| | 29 | Jennifer | Harmon | 736 | 2 | | Age 30-34 | 17 | F | 09:53.528 | 30:44.091 |
| | 30 | Leslie | Green | 878 | 3 | | Age 50-54 | 18 | F | 09:54.925 | 30:48.431 |
| | 31 | Camila | Amato | 851 | 3 | | Age 25-29 | 19 | F | 09:56.795 | 30:54.241 |
| | 32 | Leslie | McCurdy | 894 | 4 | | Age 25-29 | 20 | F | 10:03.586 | 31:15.341 |
| | 33 | Cynthia | Vidal | 916 | 4 | | Age 20-24 | 21 | F | 10:06.219 | 31:23.521 |
| | 34 | Steve | Gowans | 875 | 3 | | Age 25-29 | 13 | M | 10:06.540 | 31:24.521 |
| | 35 | Corey | Boehning | 854 | 3 | | Age 40-44 | 14 | M | 10:07.355 | 31:27.051 |
| | 36 | Mariah | Norris | 896 | 1 | | Age 35-39 | 22 | F | 10:07.754 | 31:28.291 |
| | 37 | Bethany | Calley | 858 | 2 | | Age 35-39 | 23 | F | 10:11.452 | 31:39.781 |
| | 38 | Theresa | Evans | 868 | 3 | | Age 30-34 | 24 | F | 10:27.001 | 32:28.091 |
| | 39 | Danielle | Belliston | 930 | 3 | | Age 35-39 | 25 | F | 10:30.174 | 32:37.951 |
| | 40 | Tracy | Borges | 855 | 2 | | Age 40-44 | 26 | F | 10:31.597 | 32:42.371 |
| | 41 | Kerri | Chadd | 859 | 5 | | Age 25-29 | 27 | F | 10:37.094 | 32:59.451 |
| | 42 | John | Berriochoa | 853 | 1 | | Age 35-39 | 15 | M | 10:40.992 | 33:11.561 |
| | 43 | Jamie | Popoff | 903 | 1 | | Age 15-19 | 28 | F | 10:44.374 | 33:22.071 |
| | 44 | Amanda | Passarino | 898 | 5 | | Age 20-24 | 29 | F | 10:45.462 | 33:25.451 |
| | 45 | Julie | Kotter | 919 | 4 | | Age 35-39 | 30 | F | 10:48.346 | 33:34.411 |
| | 46 | Mari | Geist | 927 | 5 | | Age 45-49 | 31 | F | 10:49.444 | 33:37.821 |

**Fit For Life 2009
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Full Results - All

| Place | OA | First Name | Last Name | Bib | Place | Div | Division | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|------------|--------------|----------------|-----------------|------------|------------|-------------|-------------------|
| | 47 | Jordan | Rice | 906 | 6 | Age 20-24 | | 32 | F | 10:49.936 | 33:39.351 |
| | 48 | Ruth | Howard | 881 | 7 | Age 20-24 | | 33 | F | 10:58.713 | 34:06.621 |
| | 49 | Melissa | Fishburne | 869 | 6 | Age 25-29 | | 34 | F | 10:59.186 | 34:08.091 |
| | 50 | Brandi | Huffman | 885 | 7 | Age 25-29 | | 35 | F | 11:04.262 | 34:23.861 |
| | 51 | Traci | Johnson | 886 | 4 | Age 30-34 | | 36 | F | 11:04.989 | 34:26.121 |
| | 52 | Randall | Reed | 905 | 1 | Age 20-24 | | 16 | M | 11:23.621 | 35:24.011 |
| | 53 | Andrew | Peck | 901 | 4 | Age 25-29 | | 17 | M | 11:51.336 | 36:50.121 |
| | 54 | Dawn | Maglish | 892 | 5 | Age 30-34 | | 37 | F | 11:53.264 | 36:56.111 |
| | 55 | Kelli | Peterson | 902 | 5 | Age 35-39 | | 38 | F | 11:55.044 | 37:01.641 |
| | 56 | Kamille | Peck | 900 | 8 | Age 25-29 | | 39 | F | 11:56.811 | 37:07.131 |
| | 57 | Suzanne | Guinard | 928 | 3 | Age 40-44 | | 40 | F | 12:01.645 | 37:22.151 |
| | 58 | Bailey | Thurston | 913 | 2 | Age 14 & Under | | 18 | M | 12:06.508 | 37:37.261 |
| | 59 | Calvin | Thurston | 912 | 3 | Age 14 & Under | | 19 | M | 12:14.870 | 38:03.241 |
| | 60 | Amber | Downie | 867 | 6 | Age 30-34 | | 41 | F | 12:22.385 | 38:26.591 |
| | 61 | Doris | Armacost | 701 | 4 | Age 50-54 | | 42 | F | 13:07.490 | 40:46.731 |
| | 62 | Sharon | Miller | 895 | 1 | Age 55-59 | | 43 | F | 14:15.613 | 44:18.391 |
| | 63 | kaylynn | colt | 862 | 7 | Age 30-34 | | 44 | F | 14:16.537 | 44:21.261 |
| | 64 | April | Howard | 883 | 9 | Age 25-29 | | 45 | F | 14:22.063 | 44:38.431 |
| | 65 | Barbara | Theobald | 911 | 1 | Age 60-64 | | 46 | F | 14:28.690 | 44:59.021 |
| | 66 | Emma | Strommen | 923 | 1 | Age 14 & Under | | 47 | F | 14:43.380 | 45:44.661 |
| | 67 | Andrew | Strommen | 922 | 4 | Age 40-44 | | 20 | M | 14:49.633 | 46:04.091 |
| | 68 | Kari | DeVol | 865 | 4 | Age 40-44 | | 48 | F | 15:27.940 | 48:03.111 |
| | 69 | Breanna | Rankin | 904 | 2 | Age 15-19 | | 49 | F | 15:28.301 | 48:04.231 |
| | 70 | Pam | Kerr | 888 | 2 | Age 55-59 | | 50 | F | 28:12.829 | 1:27:39.621 |
| | 71 | Ty | Foster | 872 | 4 | Age 14 & Under | | 21 | M | 32:57.432 | 1:42:23.881 |
| | 72 | Ray | Foster | 871 | 5 | Age 40-44 | | 22 | M | 33:22.166 | 1:43:40.731 |
| | 73 | Kyleigh | Foster | 870 | 6 | Age 35-39 | | 51 | F | 33:22.807 | 1:43:42.721 |
| DNF | | Angel | Brown | 856 | DNF | Age 40-44 | | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Evelina | Bennett | 852 | DNF | Age 25-29 | | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Cynthia | Tauss Delgado | 910 | DNF | Age 55-59 | | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Melissa | Tauss | 909 | DNF | Age 20-24 | | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Gerhard | Tauss | 908 | DNF | Age 25-29 | | DNF | M | 00:00.000 | 00:00.000 |
| DNF | | Hector | Delgado | 864 | DNF | Age 55-59 | | DNF | M | 00:00.000 | 00:00.000 |
| DNF | | Denis | LaMar | 889 | DNF | Age 45-49 | | DNF | M | 00:00.000 | 00:00.000 |
| DNF | | Jennifer | Wilson | 914 | DNF | Age 35-39 | | DNF | F | 00:00.000 | 00:00.000 |
| DNF | | Shane | Winsor | 926 | DNF | Age 20-24 | | DNF | M | 00:00.000 | 00:00.000 |

**Fit For Life 2009
5K**

Full Results - Male

| Place | OA | First Name | Last Name | Bib | Place | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|-----|------------|------------|-----|-------|-----|----------------|-------|-----|-----|-----------|-------------|
| | 1 | Dave | Ross | 931 | - | | Age 40-44 | 1 | M | | 05:47.239 | 17:58.871 |
| | 2 | Steven | Harris | 879 | - | | Age 50-54 | 2 | M | | 06:27.200 | 20:03.031 |
| | 3 | Jon | Mathews | 893 | - | | Age 45-49 | 3 | M | | 06:52.363 | 21:21.211 |
| | 4 | Cody | Hunter | 929 | 1 | | Age 15-19 | 4 | M | | 06:58.224 | 21:39.421 |
| | 5 | George | Meerdo | 924 | 1 | | Age 45-49 | 5 | M | | 07:00.206 | 21:45.581 |
| | 7 | Phil | DeVol | 866 | 1 | | Age 40-44 | 6 | M | | 07:03.689 | 21:56.401 |
| | 8 | Jonathan | Palmer | 925 | 1 | | Age 14 & Under | 7 | M | | 07:30.200 | 23:18.771 |
| | 14 | Bryant | Howard | 882 | 1 | | Age 25-29 | 8 | M | | 08:30.174 | 26:25.111 |
| | 16 | Brian | Greber | 877 | 1 | | Age 50-54 | 9 | M | | 08:33.280 | 26:34.761 |
| | 21 | Travis | Huffman | 884 | 1 | | Age 30-34 | 10 | M | | 08:46.859 | 27:16.951 |
| | 22 | Mike | Clifford | 860 | 2 | | Age 25-29 | 11 | M | | 08:53.154 | 27:36.511 |
| | 25 | Michael | Fuller | 873 | 2 | | Age 40-44 | 12 | M | | 09:05.803 | 28:15.811 |
| | 34 | Steve | Gowans | 875 | 3 | | Age 25-29 | 13 | M | | 10:06.540 | 31:24.521 |
| | 35 | Corey | Boehning | 854 | 3 | | Age 40-44 | 14 | M | | 10:07.355 | 31:27.051 |
| | 42 | John | Berriochoa | 853 | 1 | | Age 35-39 | 15 | M | | 10:40.992 | 33:11.561 |
| | 52 | Randall | Reed | 905 | 1 | | Age 20-24 | 16 | M | | 11:23.621 | 35:24.011 |
| | 53 | Andrew | Peck | 901 | 4 | | Age 25-29 | 17 | M | | 11:51.336 | 36:50.121 |
| | 58 | Bailey | Thurston | 913 | 2 | | Age 14 & Under | 18 | M | | 12:06.508 | 37:37.261 |
| | 59 | Calvin | Thurston | 912 | 3 | | Age 14 & Under | 19 | M | | 12:14.870 | 38:03.241 |
| | 67 | Andrew | Strommen | 922 | 4 | | Age 40-44 | 20 | M | | 14:49.633 | 46:04.091 |
| | 71 | Ty | Foster | 872 | 4 | | Age 14 & Under | 21 | M | | 32:57.432 | 1:42:23.881 |
| | 72 | Ray | Foster | 871 | 5 | | Age 40-44 | 22 | M | | 33:22.166 | 1:43:40.731 |
| | DNF | Gerhard | Tauss | 908 | DNF | | Age 25-29 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Hector | Delgado | 864 | DNF | | Age 55-59 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Denis | LaMar | 889 | DNF | | Age 45-49 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Shane | Winsor | 926 | DNF | | Age 20-24 | DNF | M | | 00:00.000 | 00:00.000 |

**Fit For Life 2009
5K
Full Results - Female**

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|----|------------|-----------|-----|-----|-----------|-------|-----|-----|-----------|------------|
| | 6 | Nanette | Predovich | 918 | - | Age 40-44 | 1 | F | | 07:01.420 | 21:49.351 |
| | 9 | Julie | Upchurch | 921 | - | Age 15-19 | 2 | F | | 07:33.692 | 23:29.621 |
| | 10 | Kristin | Brown | 857 | - | Age 25-29 | 3 | F | | 07:33.995 | 23:30.561 |
| | 11 | Michelle | Harris | 880 | 1 | Age 20-24 | 4 | F | | 07:37.725 | 23:42.151 |
| | 12 | Katrina | Clifford | 861 | 2 | Age 20-24 | 5 | F | | 08:04.062 | 25:03.981 |
| | 13 | Tracy | Jackson | 917 | 1 | Age 45-49 | 6 | F | | 08:13.109 | 25:32.091 |
| | 15 | Kami | Patterson | 899 | 1 | Age 25-29 | 7 | F | | 08:32.540 | 26:32.461 |
| | 17 | Grace | Connolly | 863 | 2 | Age 25-29 | 8 | F | | 08:36.077 | 26:43.451 |
| | 18 | Teresa | Larsen | 891 | 1 | Age 40-44 | 9 | F | | 08:38.018 | 26:49.481 |
| | 19 | Angela | Kerber | 887 | 2 | Age 45-49 | 10 | F | | 08:41.748 | 27:01.071 |
| | 20 | Roxanne | Lancaster | 890 | 3 | Age 45-49 | 11 | F | | 08:43.579 | 27:06.761 |
| | 23 | Deborah | Greber | 876 | 1 | Age 50-54 | 12 | F | | 08:58.623 | 27:53.501 |
| | 24 | ASHLEE | SCHERER | 907 | 1 | Age 30-34 | 13 | F | | 09:01.233 | 28:01.611 |
| | 26 | Julie | Wipper | 915 | 4 | Age 45-49 | 14 | F | | 09:35.417 | 29:47.821 |
| | 27 | Sara | Garland | 874 | 3 | Age 20-24 | 15 | F | | 09:37.136 | 29:53.161 |
| | 28 | Ann | Upchurch | 920 | 2 | Age 50-54 | 16 | F | | 09:40.840 | 30:04.671 |
| | 29 | Jennifer | Harmon | 736 | 2 | Age 30-34 | 17 | F | | 09:53.528 | 30:44.091 |
| | 30 | Leslie | Green | 878 | 3 | Age 50-54 | 18 | F | | 09:54.925 | 30:48.431 |
| | 31 | Camila | Amato | 851 | 3 | Age 25-29 | 19 | F | | 09:56.795 | 30:54.241 |
| | 32 | Leslie | McCurdy | 894 | 4 | Age 25-29 | 20 | F | | 10:03.586 | 31:15.341 |
| | 33 | Cynthia | Vidal | 916 | 4 | Age 20-24 | 21 | F | | 10:06.219 | 31:23.521 |
| | 36 | Mariah | Norris | 896 | 1 | Age 35-39 | 22 | F | | 10:07.754 | 31:28.291 |
| | 37 | Bethany | Calley | 858 | 2 | Age 35-39 | 23 | F | | 10:11.452 | 31:39.781 |
| | 38 | Theresa | Evans | 868 | 3 | Age 30-34 | 24 | F | | 10:27.001 | 32:28.091 |
| | 39 | Danielle | Belliston | 930 | 3 | Age 35-39 | 25 | F | | 10:30.174 | 32:37.951 |
| | 40 | Tracy | Borges | 855 | 2 | Age 40-44 | 26 | F | | 10:31.597 | 32:42.371 |
| | 41 | Kerri | Chadd | 859 | 5 | Age 25-29 | 27 | F | | 10:37.094 | 32:59.451 |
| | 43 | Jamie | Popoff | 903 | 1 | Age 15-19 | 28 | F | | 10:44.374 | 33:22.071 |
| | 44 | Amanda | Passarino | 898 | 5 | Age 20-24 | 29 | F | | 10:45.462 | 33:25.451 |
| | 45 | Julie | Kotter | 919 | 4 | Age 35-39 | 30 | F | | 10:48.346 | 33:34.411 |
| | 46 | Mari | Geist | 927 | 5 | Age 45-49 | 31 | F | | 10:49.444 | 33:37.821 |
| | 47 | Jordan | Rice | 906 | 6 | Age 20-24 | 32 | F | | 10:49.936 | 33:39.351 |
| | 48 | Ruth | Howard | 881 | 7 | Age 20-24 | 33 | F | | 10:58.713 | 34:06.621 |
| | 49 | Melissa | Fishburne | 869 | 6 | Age 25-29 | 34 | F | | 10:59.186 | 34:08.091 |
| | 50 | Brandi | Huffman | 885 | 7 | Age 25-29 | 35 | F | | 11:04.262 | 34:23.861 |
| | 51 | Traci | Johnson | 886 | 4 | Age 30-34 | 36 | F | | 11:04.989 | 34:26.121 |
| | 54 | Dawn | Maglish | 892 | 5 | Age 30-34 | 37 | F | | 11:53.264 | 36:56.111 |
| | 55 | Kelli | Peterson | 902 | 5 | Age 35-39 | 38 | F | | 11:55.044 | 37:01.641 |
| | 56 | Kamille | Peck | 900 | 8 | Age 25-29 | 39 | F | | 11:56.811 | 37:07.131 |
| | 57 | Suzanne | Guinard | 928 | 3 | Age 40-44 | 40 | F | | 12:01.645 | 37:22.151 |
| | 60 | Amber | Downie | 867 | 6 | Age 30-34 | 41 | F | | 12:22.385 | 38:26.591 |
| | 61 | Doris | Armacost | 701 | 4 | Age 50-54 | 42 | F | | 13:07.490 | 40:46.731 |
| | 62 | Sharon | Miller | 895 | 1 | Age 55-59 | 43 | F | | 14:15.613 | 44:18.391 |
| | 63 | kaylynn | colt | 862 | 7 | Age 30-34 | 44 | F | | 14:16.537 | 44:21.261 |
| | 64 | April | Howard | 883 | 9 | Age 25-29 | 45 | F | | 14:22.063 | 44:38.431 |
| | 65 | Barbara | Theobald | 911 | 1 | Age 60-64 | 46 | F | | 14:28.690 | 44:59.021 |

**Fit For Life 2009
5K**

Full Results - Female

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|------------|------------|-----------------|--------------|------------|------------|-------------|-------------------|
| | 66 | Emma | Strommen | 923 | 1 | Age 14 & Under | 47 | F | | 14:43.380 | 45:44.661 |
| | 68 | Kari | DeVol | 865 | 4 | Age 40-44 | 48 | F | | 15:27.940 | 48:03.111 |
| | 69 | Breanna | Rankin | 904 | 2 | Age 15-19 | 49 | F | | 15:28.301 | 48:04.231 |
| | 70 | Pam | Kerr | 888 | 2 | Age 55-59 | 50 | F | | 28:12.829 | 1:27:39.621 |
| | 73 | Kyleigh | Foster | 870 | 6 | Age 35-39 | 51 | F | | 33:22.807 | 1:43:42.721 |
| | DNF | Angel | Brown | 856 | DNF | Age 40-44 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Evelina | Bennett | 852 | DNF | Age 25-29 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Cynthia | Tauss Delgado | 910 | DNF | Age 55-59 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Melissa | Tauss | 909 | DNF | Age 20-24 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Jennifer | Wilson | 914 | DNF | Age 35-39 | DNF | F | | 00:00.000 | 00:00.000 |

**Fit For Life 2009
5K
Group Results**

| Division | Place Div | Sex | First Name | Last Name | Bib | Place OA | Place Sex | Pace | Clock Time |
|-----------------|----------------------|------------|-------------------|------------------|------------|---------------------|----------------------|-------------|-------------------|
| Age 14 & Under | 1 | F | Emma | Strommen | 923 | 66 | 47 | 14:43.380 | 45:44.661 |
| Age 14 & Under | 1 | M | Jonathan | Palmer | 925 | 8 | 7 | 07:30.200 | 23:18.771 |
| Age 14 & Under | 2 | M | Bailey | Thurston | 913 | 58 | 18 | 12:06.508 | 37:37.261 |
| Age 14 & Under | 3 | M | Calvin | Thurston | 912 | 59 | 19 | 12:14.870 | 38:03.241 |
| Age 14 & Under | 4 | M | Ty | Foster | 872 | 71 | 21 | 32:57.432 | 1:42:23.881 |
| Age 15-19 | - | F | Julie | Upchurch | 921 | 9 | 2 | 07:33.692 | 23:29.621 |
| Age 15-19 | 1 | F | Jamie | Popoff | 903 | 43 | 28 | 10:44.374 | 33:22.071 |
| Age 15-19 | 2 | F | Breanna | Rankin | 904 | 69 | 49 | 15:28.301 | 48:04.231 |
| Age 15-19 | 1 | M | Cody | Hunter | 929 | 4 | 4 | 06:58.224 | 21:39.421 |
| Age 20-24 | 1 | F | Michelle | Harris | 880 | 11 | 4 | 07:37.725 | 23:42.151 |
| Age 20-24 | 2 | F | Katrina | Clifford | 861 | 12 | 5 | 08:04.062 | 25:03.981 |
| Age 20-24 | 3 | F | Sara | Garland | 874 | 27 | 15 | 09:37.136 | 29:53.161 |
| Age 20-24 | 4 | F | Cynthia | Vidal | 916 | 33 | 21 | 10:06.219 | 31:23.521 |
| Age 20-24 | 5 | F | Amanda | Passarino | 898 | 44 | 29 | 10:45.462 | 33:25.451 |
| Age 20-24 | 6 | F | Jordan | Rice | 906 | 47 | 32 | 10:49.936 | 33:39.351 |
| Age 20-24 | 7 | F | Ruth | Howard | 881 | 48 | 33 | 10:58.713 | 34:06.621 |
| Age 20-24 | DNF | F | Melissa | Tauss | 909 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 20-24 | 1 | M | Randall | Reed | 905 | 52 | 16 | 11:23.621 | 35:24.011 |
| Age 20-24 | DNF | M | Shane | Winsor | 926 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | - | F | Kristin | Brown | 857 | 10 | 3 | 07:33.995 | 23:30.561 |
| Age 25-29 | 1 | F | Kami | Patterson | 899 | 15 | 7 | 08:32.540 | 26:32.461 |
| Age 25-29 | 2 | F | Grace | Connolly | 863 | 17 | 8 | 08:36.077 | 26:43.451 |
| Age 25-29 | 3 | F | Camila | Amato | 851 | 31 | 19 | 09:56.795 | 30:54.241 |
| Age 25-29 | 4 | F | Leslie | McCurdy | 894 | 32 | 20 | 10:03.586 | 31:15.341 |
| Age 25-29 | 5 | F | Kerri | Chadd | 859 | 41 | 27 | 10:37.094 | 32:59.451 |
| Age 25-29 | 6 | F | Melissa | Fishburne | 869 | 49 | 34 | 10:59.186 | 34:08.091 |
| Age 25-29 | 7 | F | Brandi | Huffman | 885 | 50 | 35 | 11:04.262 | 34:23.861 |
| Age 25-29 | 8 | F | Kamille | Peck | 900 | 56 | 39 | 11:56.811 | 37:07.131 |
| Age 25-29 | 9 | F | April | Howard | 883 | 64 | 45 | 14:22.063 | 44:38.431 |
| Age 25-29 | DNF | F | Evelina | Bennett | 852 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 25-29 | 1 | M | Bryant | Howard | 882 | 14 | 8 | 08:30.174 | 26:25.111 |
| Age 25-29 | 2 | M | Mike | Clifford | 860 | 22 | 11 | 08:53.154 | 27:36.511 |
| Age 25-29 | 3 | M | Steve | Gowans | 875 | 34 | 13 | 10:06.540 | 31:24.521 |
| Age 25-29 | 4 | M | Andrew | Peck | 901 | 53 | 17 | 11:51.336 | 36:50.121 |
| Age 25-29 | DNF | M | Gerhard | Tauss | 908 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 30-34 | 1 | F | ASHLEE | SCHERER | 907 | 24 | 13 | 09:01.233 | 28:01.611 |
| Age 30-34 | 2 | F | Jennifer | Harmon | 736 | 29 | 17 | 09:53.528 | 30:44.091 |
| Age 30-34 | 3 | F | Theresa | Evans | 868 | 38 | 24 | 10:27.001 | 32:28.091 |

**Fit For Life 2009
5K
Group Results**

| Division | Place | | First Name | Last Name | Bib | Place | | Pace | Clock Time |
|-----------|-------|-----|------------|------------|-----|-------|-----|-----------|-------------|
| | Div | Sex | | | | OA | Sex | | |
| Age 30-34 | 4 | F | Traci | Johnson | 886 | 51 | 36 | 11:04.989 | 34:26.121 |
| Age 30-34 | 5 | F | Dawn | Maglish | 892 | 54 | 37 | 11:53.264 | 36:56.111 |
| Age 30-34 | 6 | F | Amber | Downie | 867 | 60 | 41 | 12:22.385 | 38:26.591 |
| Age 30-34 | 7 | F | kaylynn | colt | 862 | 63 | 44 | 14:16.537 | 44:21.261 |
| Age 30-34 | 1 | M | Travis | Huffman | 884 | 21 | 10 | 08:46.859 | 27:16.951 |
| Age 35-39 | 1 | F | Mariah | Norris | 896 | 36 | 22 | 10:07.754 | 31:28.291 |
| Age 35-39 | 2 | F | Bethany | Calley | 858 | 37 | 23 | 10:11.452 | 31:39.781 |
| Age 35-39 | 3 | F | Danielle | Belliston | 930 | 39 | 25 | 10:30.174 | 32:37.951 |
| Age 35-39 | 4 | F | Julie | Kotter | 919 | 45 | 30 | 10:48.346 | 33:34.411 |
| Age 35-39 | 5 | F | Kelli | Peterson | 902 | 55 | 38 | 11:55.044 | 37:01.641 |
| Age 35-39 | 6 | F | Kyleigh | Foster | 870 | 73 | 51 | 33:22.807 | 1:43:42.721 |
| Age 35-39 | DNF | F | Jennifer | Wilson | 914 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 35-39 | 1 | M | John | Berriochoa | 853 | 42 | 15 | 10:40.992 | 33:11.561 |
| Age 40-44 | - | F | Nanette | Predovich | 918 | 6 | 1 | 07:01.420 | 21:49.351 |
| Age 40-44 | 1 | F | Teresa | Larsen | 891 | 18 | 9 | 08:38.018 | 26:49.481 |
| Age 40-44 | 2 | F | Tracy | Borges | 855 | 40 | 26 | 10:31.597 | 32:42.371 |
| Age 40-44 | 3 | F | Suzanne | Guinard | 928 | 57 | 40 | 12:01.645 | 37:22.151 |
| Age 40-44 | 4 | F | Kari | DeVol | 865 | 68 | 48 | 15:27.940 | 48:03.111 |
| Age 40-44 | DNF | F | Angel | Brown | 856 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 40-44 | - | M | Dave | Ross | 931 | 1 | 1 | 05:47.239 | 17:58.871 |
| Age 40-44 | 1 | M | Phil | DeVol | 866 | 7 | 6 | 07:03.689 | 21:56.401 |
| Age 40-44 | 2 | M | Michael | Fuller | 873 | 25 | 12 | 09:05.803 | 28:15.811 |
| Age 40-44 | 3 | M | Corey | Boehning | 854 | 35 | 14 | 10:07.355 | 31:27.051 |
| Age 40-44 | 4 | M | Andrew | Strommen | 922 | 67 | 20 | 14:49.633 | 46:04.091 |
| Age 40-44 | 5 | M | Ray | Foster | 871 | 72 | 22 | 33:22.166 | 1:43:40.731 |
| Age 45-49 | 1 | F | Tracy | Jackson | 917 | 13 | 6 | 08:13.109 | 25:32.091 |
| Age 45-49 | 2 | F | Angela | Kerber | 887 | 19 | 10 | 08:41.748 | 27:01.071 |
| Age 45-49 | 3 | F | Roxanne | Lancaster | 890 | 20 | 11 | 08:43.579 | 27:06.761 |
| Age 45-49 | 4 | F | Julie | Wipper | 915 | 26 | 14 | 09:35.417 | 29:47.821 |
| Age 45-49 | 5 | F | Mari | Geist | 927 | 46 | 31 | 10:49.444 | 33:37.821 |
| Age 45-49 | - | M | Jon | Mathews | 893 | 3 | 3 | 06:52.363 | 21:21.211 |
| Age 45-49 | 1 | M | George | Meerdo | 924 | 5 | 5 | 07:00.206 | 21:45.581 |
| Age 45-49 | DNF | M | Denis | LaMar | 889 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 50-54 | 1 | F | Deborah | Greber | 876 | 23 | 12 | 08:58.623 | 27:53.501 |
| Age 50-54 | 2 | F | Ann | Upchurch | 920 | 28 | 16 | 09:40.840 | 30:04.671 |
| Age 50-54 | 3 | F | Leslie | Green | 878 | 30 | 18 | 09:54.925 | 30:48.431 |
| Age 50-54 | 4 | F | Doris | Armacost | 701 | 61 | 42 | 13:07.490 | 40:46.731 |

**Fit For Life 2009
5K
Group Results**

| Division | Place Div | Sex | First Name | Last Name | Bib | Place OA | Place Sex | Pace | Clock Time |
|-----------------|----------------------|------------|-------------------|------------------|------------|---------------------|----------------------|-------------|-------------------|
| Age 50-54 | - | M | Steven | Harris | 879 | 2 | 2 | 06:27.200 | 20:03.031 |
| Age 50-54 | 1 | M | Brian | Greber | 877 | 16 | 9 | 08:33.280 | 26:34.761 |
| Age 55-59 | 1 | F | Sharon | Miller | 895 | 62 | 43 | 14:15.613 | 44:18.391 |
| Age 55-59 | 2 | F | Pam | Kerr | 888 | 70 | 50 | 28:12.829 | 1:27:39.621 |
| Age 55-59 | DNF | F | Cynthia | Tauss Delgado | 910 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 55-59 | DNF | M | Hector | Delgado | 864 | DNF | DNF | 00:00.000 | 00:00.000 |
| Age 60-64 | 1 | F | Barbara | Theobald | 911 | 65 | 46 | 14:28.690 | 44:59.021 |

Fit For Life 2009

5K

List by Name - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|-------|----|------------|------------|-----|-----|----------------|-------|-----|-----|-----------|-------------|
| | 31 | Camila | Amato | 851 | 3 | Age 25-29 | 19 | F | | 09:56.795 | 30:54.241 |
| | 61 | Doris | Armacost | 701 | 4 | Age 50-54 | 42 | F | | 13:07.490 | 40:46.731 |
| | 39 | Danielle | Belliston | 930 | 3 | Age 35-39 | 25 | F | | 10:30.174 | 32:37.951 |
| DNF | | Evelina | Bennett | 852 | DNF | Age 25-29 | DNF | F | | 00:00.000 | 00:00.000 |
| | 42 | John | Berriochoa | 853 | 1 | Age 35-39 | 15 | M | | 10:40.992 | 33:11.561 |
| | 35 | Corey | Boehning | 854 | 3 | Age 40-44 | 14 | M | | 10:07.355 | 31:27.051 |
| | 40 | Tracy | Borges | 855 | 2 | Age 40-44 | 26 | F | | 10:31.597 | 32:42.371 |
| DNF | | Angel | Brown | 856 | DNF | Age 40-44 | DNF | F | | 00:00.000 | 00:00.000 |
| | 10 | Kristin | Brown | 857 | - | Age 25-29 | 3 | F | | 07:33.995 | 23:30.561 |
| | 37 | Bethany | Calley | 858 | 2 | Age 35-39 | 23 | F | | 10:11.452 | 31:39.781 |
| | 41 | Kerri | Chadd | 859 | 5 | Age 25-29 | 27 | F | | 10:37.094 | 32:59.451 |
| | 12 | Katrina | Clifford | 861 | 2 | Age 20-24 | 5 | F | | 08:04.062 | 25:03.981 |
| | 22 | Mike | Clifford | 860 | 2 | Age 25-29 | 11 | M | | 08:53.154 | 27:36.511 |
| | 63 | kaylynn | colt | 862 | 7 | Age 30-34 | 44 | F | | 14:16.537 | 44:21.261 |
| | 17 | Grace | Connolly | 863 | 2 | Age 25-29 | 8 | F | | 08:36.077 | 26:43.451 |
| DNF | | Hector | Delgado | 864 | DNF | Age 55-59 | DNF | M | | 00:00.000 | 00:00.000 |
| | 68 | Kari | DeVol | 865 | 4 | Age 40-44 | 48 | F | | 15:27.940 | 48:03.111 |
| | 7 | Phil | DeVol | 866 | 1 | Age 40-44 | 6 | M | | 07:03.689 | 21:56.401 |
| | 60 | Amber | Downie | 867 | 6 | Age 30-34 | 41 | F | | 12:22.385 | 38:26.591 |
| | 38 | Theresa | Evans | 868 | 3 | Age 30-34 | 24 | F | | 10:27.001 | 32:28.091 |
| | 49 | Melissa | Fishburne | 869 | 6 | Age 25-29 | 34 | F | | 10:59.186 | 34:08.091 |
| | 73 | Kyleigh | Foster | 870 | 6 | Age 35-39 | 51 | F | | 33:22.807 | 1:43:42.721 |
| | 72 | Ray | Foster | 871 | 5 | Age 40-44 | 22 | M | | 33:22.166 | 1:43:40.731 |
| | 71 | Ty | Foster | 872 | 4 | Age 14 & Under | 21 | M | | 32:57.432 | 1:42:23.881 |
| | 25 | Michael | Fuller | 873 | 2 | Age 40-44 | 12 | M | | 09:05.803 | 28:15.811 |
| | 27 | Sara | Garland | 874 | 3 | Age 20-24 | 15 | F | | 09:37.136 | 29:53.161 |
| | 46 | Mari | Geist | 927 | 5 | Age 45-49 | 31 | F | | 10:49.444 | 33:37.821 |
| | 34 | Steve | Gowans | 875 | 3 | Age 25-29 | 13 | M | | 10:06.540 | 31:24.521 |
| | 16 | Brian | Greber | 877 | 1 | Age 50-54 | 9 | M | | 08:33.280 | 26:34.761 |
| | 23 | Deborah | Greber | 876 | 1 | Age 50-54 | 12 | F | | 08:58.623 | 27:53.501 |
| | 30 | Leslie | Green | 878 | 3 | Age 50-54 | 18 | F | | 09:54.925 | 30:48.431 |
| | 57 | Suzanne | Guinard | 928 | 3 | Age 40-44 | 40 | F | | 12:01.645 | 37:22.151 |
| | 29 | Jennifer | Harmon | 736 | 2 | Age 30-34 | 17 | F | | 09:53.528 | 30:44.091 |
| | 11 | Michelle | Harris | 880 | 1 | Age 20-24 | 4 | F | | 07:37.725 | 23:42.151 |
| | 2 | Steven | Harris | 879 | - | Age 50-54 | 2 | M | | 06:27.200 | 20:03.031 |
| | 64 | April | Howard | 883 | 9 | Age 25-29 | 45 | F | | 14:22.063 | 44:38.431 |
| | 14 | Bryant | Howard | 882 | 1 | Age 25-29 | 8 | M | | 08:30.174 | 26:25.111 |
| | 48 | Ruth | Howard | 881 | 7 | Age 20-24 | 33 | F | | 10:58.713 | 34:06.621 |
| | 50 | Brandi | Huffman | 885 | 7 | Age 25-29 | 35 | F | | 11:04.262 | 34:23.861 |
| | 21 | Travis | Huffman | 884 | 1 | Age 30-34 | 10 | M | | 08:46.859 | 27:16.951 |
| | 4 | Cody | Hunter | 929 | 1 | Age 15-19 | 4 | M | | 06:58.224 | 21:39.421 |
| | 13 | Tracy | Jackson | 917 | 1 | Age 45-49 | 6 | F | | 08:13.109 | 25:32.091 |
| | 51 | Traci | Johnson | 886 | 4 | Age 30-34 | 36 | F | | 11:04.989 | 34:26.121 |
| | 19 | Angela | Kerber | 887 | 2 | Age 45-49 | 10 | F | | 08:41.748 | 27:01.071 |
| | 70 | Pam | Kerr | 888 | 2 | Age 55-59 | 50 | F | | 28:12.829 | 1:27:39.621 |
| | 45 | Julie | Kotter | 919 | 4 | Age 35-39 | 30 | F | | 10:48.346 | 33:34.411 |

Fit For Life 2009

5K

List by Name - All

| Place | OA | First Name | Last Name | Bib | Div | Division | Place | Sex | Sex | Pace | Clock Time |
|--------------|-----------|-------------------|------------------|------------|------------|-----------------|--------------|------------|------------|-------------|-------------------|
| | DNF | Denis | LaMar | 889 | DNF | Age 45-49 | DNF | M | | 00:00.000 | 00:00.000 |
| | 20 | Roxanne | Lancaster | 890 | 3 | Age 45-49 | 11 | F | | 08:43.579 | 27:06.761 |
| | 18 | Teresa | Larsen | 891 | 1 | Age 40-44 | 9 | F | | 08:38.018 | 26:49.481 |
| | 54 | Dawn | Maglish | 892 | 5 | Age 30-34 | 37 | F | | 11:53.264 | 36:56.111 |
| | 3 | Jon | Mathews | 893 | - | Age 45-49 | 3 | M | | 06:52.363 | 21:21.211 |
| | 32 | Leslie | McCurdy | 894 | 4 | Age 25-29 | 20 | F | | 10:03.586 | 31:15.341 |
| | 5 | George | Meerdo | 924 | 1 | Age 45-49 | 5 | M | | 07:00.206 | 21:45.581 |
| | 62 | Sharon | Miller | 895 | 1 | Age 55-59 | 43 | F | | 14:15.613 | 44:18.391 |
| | 36 | Mariah | Norris | 896 | 1 | Age 35-39 | 22 | F | | 10:07.754 | 31:28.291 |
| | 8 | Jonathan | Palmer | 925 | 1 | Age 14 & Under | 7 | M | | 07:30.200 | 23:18.771 |
| | 44 | Amanda | Passarino | 898 | 5 | Age 20-24 | 29 | F | | 10:45.462 | 33:25.451 |
| | 15 | Kami | Patterson | 899 | 1 | Age 25-29 | 7 | F | | 08:32.540 | 26:32.461 |
| | 53 | Andrew | Peck | 901 | 4 | Age 25-29 | 17 | M | | 11:51.336 | 36:50.121 |
| | 56 | Kamille | Peck | 900 | 8 | Age 25-29 | 39 | F | | 11:56.811 | 37:07.131 |
| | 55 | Kelli | Peterson | 902 | 5 | Age 35-39 | 38 | F | | 11:55.044 | 37:01.641 |
| | 43 | Jamie | Popoff | 903 | 1 | Age 15-19 | 28 | F | | 10:44.374 | 33:22.071 |
| | 6 | Nanette | Predovich | 918 | - | Age 40-44 | 1 | F | | 07:01.420 | 21:49.351 |
| | 69 | Breanna | Rankin | 904 | 2 | Age 15-19 | 49 | F | | 15:28.301 | 48:04.231 |
| | 52 | Randall | Reed | 905 | 1 | Age 20-24 | 16 | M | | 11:23.621 | 35:24.011 |
| | 47 | Jordan | Rice | 906 | 6 | Age 20-24 | 32 | F | | 10:49.936 | 33:39.351 |
| | 1 | Dave | Ross | 931 | - | Age 40-44 | 1 | M | | 05:47.239 | 17:58.871 |
| | 24 | ASHLEE | SCHERER | 907 | 1 | Age 30-34 | 13 | F | | 09:01.233 | 28:01.611 |
| | 67 | Andrew | Strommen | 922 | 4 | Age 40-44 | 20 | M | | 14:49.633 | 46:04.091 |
| | 66 | Emma | Strommen | 923 | 1 | Age 14 & Under | 47 | F | | 14:43.380 | 45:44.661 |
| | DNF | Gerhard | Tauss | 908 | DNF | Age 25-29 | DNF | M | | 00:00.000 | 00:00.000 |
| | DNF | Melissa | Tauss | 909 | DNF | Age 20-24 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Cynthia | Tauss Delgado | 910 | DNF | Age 55-59 | DNF | F | | 00:00.000 | 00:00.000 |
| | 65 | Barbara | Theobald | 911 | 1 | Age 60-64 | 46 | F | | 14:28.690 | 44:59.021 |
| | 58 | Bailey | Thurston | 913 | 2 | Age 14 & Under | 18 | M | | 12:06.508 | 37:37.261 |
| | 59 | Calvin | Thurston | 912 | 3 | Age 14 & Under | 19 | M | | 12:14.870 | 38:03.241 |
| | 28 | Ann | Upchurch | 920 | 2 | Age 50-54 | 16 | F | | 09:40.840 | 30:04.671 |
| | 9 | Julie | Upchurch | 921 | - | Age 15-19 | 2 | F | | 07:33.692 | 23:29.621 |
| | 33 | Cynthia | Vidal | 916 | 4 | Age 20-24 | 21 | F | | 10:06.219 | 31:23.521 |
| | DNF | Jennifer | Wilson | 914 | DNF | Age 35-39 | DNF | F | | 00:00.000 | 00:00.000 |
| | DNF | Shane | Winsor | 926 | DNF | Age 20-24 | DNF | M | | 00:00.000 | 00:00.000 |
| | 26 | Julie | Wipper | 915 | 4 | Age 45-49 | 14 | F | | 09:35.417 | 29:47.821 |